

School Canteen Policy

Rational:

The Emirates Falcon International Private School (EFIPS) canteen sells healthy food, all inspected and checked by Al Ain Municipality. The school leadership team is always concerned about the health of the students and ensures that unhealthy food such as fizzy drinks, chips, chocolates, glass bottled drinks, etc. are not sold or made available at school canteen in any form.

Purpose of this POLICY

- The canteen at EFIPS provides healthy food choices for students in the school canteen menu that reflect the local healthy food options. Canteen can provide a substantial proportion of a child's daily nutritional intake.
- To ensure school food services provide foods and drinks which contribute to a supportive, healthy school environment.
- The canteen provides the means by which children and adolescents can put into practice the nutrition messages they are being taught in the classroom. The canteen can model healthier food choices that are tasty, interesting and affordable.

The canteen aims to:

- Provide an enjoyable, nutritious and attractively presented selection of food and drinks at reasonable prices.
- Help reduce health risk factors by encouraging the development of good eating habits consistent with the Dietary Guidelines for Children and Adolescents.
- Provide students with practical learning experiences about making healthy food choices that reinforce classroom lessons.
- Function as an efficient enterprise.
- Demonstrate high standards of hygiene in relation to the preparation, storage and serving of food at the canteen.
- Provide healthy food in the school to reduce the incidence of chronic diseases caused by the high demand and consumption of high caloric, low nutritional value food.
- Provide drinking water constantly and encourage the students to keep on hydrating by drinking water during the day.
- Motivate the students to consume food according to their age specific required calories needed during the school day.

