Instructions:
You will have a “Go to Meeting” appointment with an IBA instructor in which YOU will be the practitioner, doing a session on yourself. *(The instructor will be able to see your computer screen during this time.)* You will begin the session just as if you would a new client, run the reactivity scan, and do appropriate energetic balancing. During the session, the Instructor will ask you the following questions based on the nine-hour L.I.F.E. System Proficiency Course video and manual information:

1. What basic instructions would you give a client to prepare them for their biofeedback session?
2. What can you know about your client based on the calibration?
3. How would you explain what the L.I.F.E. System is doing during the reactivity test and during the “balancing” session?
4. How would you explain the difference between “acute” and “chronic” responses?
5. Why would the client show any type of response on the reactivity test?
6. Why would someone show a response if they do not have the issue / disorder / disease?
7. Why would you never want to show the reactivity screen to the client?
8. How would you use the 5 second auto button on the reactivity screen?
9. When would it be appropriate to send balancing signals from the reactivity screen?
10. How could you use the search function effectively on the reactivity screen?
11. How can you know what is the most important profile to work with that will help the client with their issues?
12. On the Wellness Profile, what would you need to do if you were working with a client at “long distance”?
13. Why is releasing Geopathic Stressors important?
14. What items would be important to note on the Susceptibility index?
15. What Wellness Profiles will you use for the session today and why? *(The instructor will ask you to show how you would use several of these effectively.)*
16. Why is keeping the session to an hour important?
17. What is the HIPAA privacy law and what does it mean for you as a biofeedback practitioner?

18. How do you close the L.I.F.E. System after the client session is done?

19. What do you need to do after each session to prepare for your next client?

20. Thought question: What do you think will be the greatest challenge for you as a biofeedback practitioner using the L.I.F.E. System? What can you pro-actively do to overcome it?