



Finding Solutions Together: Life Coaching & Co-Creating

Client Questionnaire

Dear New Client: The purpose of these questions is to illuminate me about you! Please take some time to answer them. Feel free to use more space. What are your strongest beliefs about yourself and the world?

What bits of wisdom/life lessons would you like to share with the world?

When in your life have you felt most creative?

When in your life have you been most committed to something/someone?



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What are the greatest accomplishments of your life so far?

- 1.
- 2.
- 3.
- 4.
- 5.

About what have you taken the strongest stand?

What does prosperity mean to you and when/how have you experienced it?

What energizes you?



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How might you sabotage this coaching process? What do you want me to do if I notice sabotaging behavior?

How will you know how effective coaching has been for you?