



## Finding Solutions Together: Life Coaching & Co-Creating

### Coaching Agreement

Dear new client:

Please sign below and return this page to reflect your agreement: I understand that Diane Lemos is a licensed therapist, but she is **NOT** providing therapy services and that **I am responsible** for all my decisions, actions and feelings.

I agree to pay my monthly coaching fees on time, at the beginning of each month. Coaching fee is \$85.00 per session for 50 minutes.

Or I have signed up for the following packages:

Package 1\_\_\_

Package 2\_\_\_

Package 3\_\_\_

I have read the coaching terms and agreement. I understand my role and my coach's role in our co-creative professional coaching relationship. I will ask questions and clarify anything I don't understand. I am committed to doing everything I need to do to get 100% from my coaching relationship.

I have read "considerations" on the Finding Solutions Together Website and together Diane and I have deemed that we are a good fit.

[Please put your initials next to each statement you agree to below:]

\_\_\_\_\_ I give Diane Lemos permission to release my name, phone and email address as a client to the International Coach Federation (ICF), a professional association and accrediting body for coaches. This information is given for credentialing purposes only and will be held confidential by the ICF.

Client Signature\_\_\_\_\_

Date\_\_\_\_\_



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