

# The Comfort Zone

2623 Bruner Drive Ames, Iowa 50010

Phone: (515) 294-3333 Fax: (515) 294-7156

Email: [czone@iastate.edu](mailto:czone@iastate.edu)



## Parent/Guardian Contact Information:

Child's name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Parent legal name: \_\_\_\_\_ (c) phone: \_\_\_\_\_

Address: \_\_\_\_\_ (h) phone: \_\_\_\_\_

\_\_\_\_\_ Email: \_\_\_\_\_

ISU Student       ISU Staff       UCC Staff       Community

Parent legal name: \_\_\_\_\_ (c) phone: \_\_\_\_\_

Address: \_\_\_\_\_ (h) phone: \_\_\_\_\_

\_\_\_\_\_ Email: \_\_\_\_\_

ISU Student       ISU Staff       UCC Staff       Community

Siblings: \_\_\_\_\_ Birthdate: \_\_\_\_\_

\_\_\_\_\_ Birthdate: \_\_\_\_\_

\_\_\_\_\_ Birthdate: \_\_\_\_\_

## Parental Emergency Consent (Child's usual source of medical care):

Doctor name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Fax: \_\_\_\_\_

Dentist name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Fax: \_\_\_\_\_

Hospital: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Health Insurance subscriber name: \_\_\_\_\_

Health Insurance carrier/ID number: \_\_\_\_\_

## Special conditions, disabilities, allergies or medical information for emergency situations:

A. The Comfort Zone staff will be authorized to access emergency medical, dental and/or surgical care for my child.

B. Local EMT staff/first responder staff (ISU Dept. of Public Safety, City of Ames police and/or firefighters) have my consent to provide medical/dental/surgical treatment as necessary.

C. The Comfort Zone staff will arrange for emergency transportation to the hospital of my choice or the nearest emergency medical facility, if necessary.

D. I agree to pay all costs and fees contingent on any emergency medical, dental and/or surgical treatment for my child as secured or authorized under this consent.

## Pick-up Permission:

The following people have my permission to pick up my child. I understand it is my responsibility to notify the Comfort Zone, in writing, of any changes. Photo ID required for any person picking up a child that is unknown to staff.

A. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Relationship to child: \_\_\_\_\_

B. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Relationship to child: \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Date of signature \_\_\_\_\_

(signature of agreement and consent)

## Pre-registration Checklist:

- Current physical
- Immunization record
- Income information  
(To participate in the sliding fee scale)

## Picture Release:

I  do  do not give my consent for my child to be photographed for use by the Comfort Zone in newspapers or other media for the purpose of publicity/advertisement.

Initial: \_\_\_\_\_

## Parent Handbook Agreement:

I agree to abide by the policies as outlined in the Comfort Zone Parent Handbook. (Ask for a copy if you don't have one.)

Initial: \_\_\_\_\_

CHILD'S NAME: \_\_\_\_\_

Birth date: \_\_\_\_\_

Date of Exam: \_\_\_\_\_

Height/Length: \_\_\_\_\_

Weight: \_\_\_\_\_

Head Circumference: \_\_\_\_\_

BP (start @ 3yr): \_\_\_\_\_

Allergies: \_\_\_\_\_

Known health and/or medical issues: \_\_\_\_\_

**LABS:**

Hgb or Hct: \_\_\_\_\_ Date tested: \_\_\_\_\_

Blood lead level: \_\_\_\_\_ Date tested: \_\_\_\_\_

**Sensory Screening**

Vision: Right eye \_\_\_\_\_ Left eye \_\_\_\_\_

Hearing: Right ear \_\_\_\_\_ Left ear \_\_\_\_\_

**Exam Results ( n = normal limits)**

HEENT: \_\_\_\_\_

Oral/Teeth: \_\_\_\_\_ Dental referral? \_\_\_Yes \_\_\_No

Neurological: \_\_\_\_\_

Skin & Lymph Nodes: \_\_\_\_\_

Heart: \_\_\_\_\_

Lungs: \_\_\_\_\_

Abdomen: \_\_\_\_\_

Genitalia: \_\_\_\_\_

Extremities, Joints, Muscles & Spine: \_\_\_\_\_

**Immunizations:** Please attach a copy of the Iowa Department of Public Health Immunization Certificate (IRIS)

**Medication:** Prescribed Medications must be in original labeled container and include written instructions on label. List any prescription medications:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Non-Prescription Medications:**

**Sunscreen:** May be applied with parental consent to children older than 6 months. Apply to exposed skin, except eyelids, 30 minutes before sun exposure, and every 2 hours while in the sun.

**Diaper Cream:** May be applied with parental request to children as needed until they are toilet trained. Diaper cream should be applied according to the instructions provided by the manufacturer.

**Other non-prescription medications:** to be given at daycare provider's discretion and parent/guardian's instructions.

**Health Provider Assessment Statement:**

**Developmental screening:**

\_\_\_normal \_\_\_abnormal

**Developmental referral made:**

\_\_\_yes \_\_\_no

\_\_\_\_\_ Child may participate in developmentally appropriate activities with **NO** health-related restrictions

\_\_\_\_\_ Child may participate in developmentally appropriate activities **with the following restrictions:**

P

\_\_\_\_\_  
**Physician Signature**



# Iowa Department of Public Health Certificate of Immunization

Name Last: \_\_\_\_\_ First: \_\_\_\_\_ Middle: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_

I certify that the above named applicant has a record of age-appropriate immunizations that meet the requirement for licensed child care or school enrollment.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician, Physician Assistant, Nurse, or Certified Medical Assistant

A representative of the local Board of Health or Iowa Department of Public Health may review this certificate for survey purposes.

	Vaccine	Date Given	Doctor / Clinic / Source
<b>Diphtheria, Tetanus, Pertussis</b> DTaP/DTP/DT/Td/Tdap			
<b>Polio</b> IPV/OPV			
<b>Measles, Mumps, Rubella</b> MMR			
<b>Haemophilus influenzae type b</b> Hib			
<b>Hepatitis B</b>			

	Vaccine	Date Given	Doctor / Clinic / Source
<b>Varicella</b> Chicken Pox  <i>If applicant has a history of natural disease write "Immune to Varicella"</i>			
<b>Pneumococcal</b> PCV/PPSV			
<b>Meningococcal</b> MCV/MPSV/ Mening B			
<b>Hepatitis A</b>			
<b>Rotavirus</b>			
<b>Human Papilloma Virus</b> HPV			
<b>Other</b>			

# IMMUNIZATION REQUIREMENTS

Applicants enrolled or attempting to enroll shall have received the following vaccines in accordance with the doses and age requirements listed below. If, at any time, the age of the child is between the listed ages, the child must have received the number of doses in the "Total Doses Required" column.

Institution	Age	Vaccine	Total Doses Required	
<b>Licensed Child Care Center</b>	19 months through 23 months of age	This is not a recommended administration schedule, but contains the minimum requirements for participation in licensed child care. <b>Routine vaccination begins at 2 months of age.</b>		
			Diphtheria/Tetanus/Pertussis	1 dose
			Polio	1 dose
			<i>haemophilus influenzae</i> type B	1 dose
			Pneumococcal	1 dose
			Diphtheria/Tetanus/Pertussis	2 doses
			Polio	2 doses
			<i>haemophilus influenzae</i> type B	2 doses
			Pneumococcal	2 doses
			Diphtheria/Tetanus/Pertussis	3 doses
			Polio	2 doses
			<i>haemophilus influenzae</i> type B	2 doses if the applicant received 1 dose before 15 months of age; or 1 dose if received when the applicant is 15 months of age or older.
			Pneumococcal	3 doses if the applicant received 1 or 2 doses before 12 months of age; or 2 doses if the applicant has not received any previous doses or has received 1 dose on or after 12 months of age.
			Diphtheria/Tetanus/Pertussis	4 doses
			Polio	3 doses
			<b>Elementary or Secondary School (K-12)</b>	24 months of age and older
Diphtheria/Tetanus/Pertussis	1 dose			
Polio	1 dose			
<i>haemophilus influenzae</i> type B	1 dose			
Pneumococcal	1 dose			
Diphtheria/Tetanus/Pertussis	2 doses			
Polio	2 doses			
<i>haemophilus influenzae</i> type B	2 doses			
Pneumococcal	2 doses			
Diphtheria/Tetanus/Pertussis	3 doses			
Polio	2 doses			
<i>haemophilus influenzae</i> type B	2 doses if the applicant received 1 dose before 15 months of age; or 1 dose if received when the applicant is 15 months of age or older.			
Pneumococcal	4 doses if the applicant received 3 doses before 12 months of age; or 3 doses if the applicant received 1 or 2 doses before 12 months of age; or 2 doses if the applicant has not received any previous doses or has received 1 dose on or after 12 months of age.			
Measles/Rubella <sup>1</sup>	1 dose of measles/rubella-containing vaccine received on or after 12 months of age; or the applicant demonstrates a positive antibody test for measles and rubella from a U.S. laboratory.			
Varicella	1 dose received on or after 12 months of age, unless the applicant has a reliable history of natural disease.			
<b>Elementary or Secondary School (K-12)</b>	4 years of age and older	This is not a recommended administration schedule, but contains the minimum requirements for participation in licensed child care. <b>Routine vaccination begins at 2 months of age.</b>		
			Diphtheria/Tetanus/Pertussis	4 doses
			Polio	3 doses
			<i>haemophilus influenzae</i> type B	3 doses, with the final dose in the series received on or after 12 months of age; or 2 doses if only 1 dose received before 15 months of age; or 1 dose if received when the applicant is 15 months of age or older. <b>Hib vaccine is not required for persons 60 months of age or older.</b>
			Pneumococcal	4 doses if the applicant received 3 doses before 12 months of age; or 3 doses if the applicant received 2 doses before 24 months of age; or 2 doses if the applicant received 1 dose before 24 months of age; or 1 dose if the applicant did not receive any doses before 24 months of age. <b>Pneumococcal vaccine is not required for persons 60 months of age or older.</b>
			Measles/Rubella <sup>1</sup>	1 dose of measles/rubella-containing vaccine received on or after 12 months of age; or the applicant demonstrates a positive antibody test for measles and rubella from a U.S. laboratory.
			Varicella	1 dose received on or after 12 months of age, unless the applicant has had a reliable history of natural disease.
			Diphtheria/Tetanus/Pertussis	3 doses, with at least 1 dose of diphtheria/tetanus/pertussis-containing vaccine received on or after 4 years of age if the applicant was born on or before September 15, 2000 <sup>2</sup> ; or 4 doses, with at least 1 dose of diphtheria/tetanus/pertussis-containing vaccine received on or after 4 years of age if the applicant was born after September 15, 2000, but on or before September 15, 2003 <sup>2</sup> ; or 5 doses with at least 1 dose of diphtheria/tetanus/pertussis-containing vaccine received on or after 4 years of age if the applicant was born after September 15, 2003 <sup>2</sup> ; <sup>3</sup> and 1 time dose of tetanus/diphtheria/acellular pertussis-containing vaccine (Tdap) for the applicant in grades 7 and above, if born after September 15, 2000; regardless of the interval since the last tetanus/diphtheria-containing vaccine.
			Pertussis <sup>4, 5</sup>	3 doses, with at least 1 dose received on or after 4 years of age if the applicant was born on or before September 15, 2003 <sup>7</sup> ; or 4 doses, with at least 1 dose received on or after 4 years of age if the applicant was born after September 15, 2003 <sup>6</sup>
			Polio	<b>Polio vaccine is not required for persons 18 years of age or older.</b>
			Measles/Rubella <sup>1</sup>	2 doses of measles/rubella-containing vaccine; the first dose shall have been received on or after 12 months of age; the second dose shall have been received no less than 28 days after the first dose; or the applicant demonstrates a positive antibody test for measles and rubella from a U.S. laboratory.
			Hepatitis B	3 doses
			Varicella	1 dose received on or after 12 months of age if the applicant was born on or after September 15, 1997, but born on or before September 15, 2003, unless the applicant has had a reliable history of natural disease; or 2 doses received on or after 12 months of age if the applicant was born after September 15, 2003, unless the applicant has a reliable history of natural disease. <sup>8</sup>
			Meningococcal (A, C, W, Y)	1 dose of meningococcal vaccine received on or after 10 years of age for the applicant in grades 7 and above, if born after September 15, 2004; and 2 doses of meningococcal vaccines for the applicant in grade 12, if born after September 15, 1999; or 1 dose if received when the applicant is 16 years of age or older.

1 Mumps vaccine may be included in measles/rubella-containing vaccine.  
 2 DTaP is not indicated for persons 7 years of age or older, therefore, a tetanus and diphtheria-containing vaccine should be used.  
 3 The 5<sup>th</sup> dose of DTaP is not necessary if the 4<sup>th</sup> dose was administered on or after 4 years of age.  
 4 Applicants 7 through 18 years of age who received their 1<sup>st</sup> dose of diphtheria/tetanus/pertussis-containing vaccine before 12 months of age should receive a total of 4 doses, with one of those doses administered on or after 4 years of age.  
 5 Applicants 7 through 18 years of age who received their 1<sup>st</sup> dose of diphtheria/tetanus/pertussis-containing vaccine at 12 months of age or older should receive a total of 3 doses, with one of those doses administered on or after 4 years of age.  
 6 If an applicant received an all-inactivated poliovirus (IPV) or all-oral poliovirus (OPV) series, a 4<sup>th</sup> dose is not necessary if the 3<sup>rd</sup> dose was administered on or after 4 years of age.  
 7 If both OPV and IPV were administered as part of the series, a total of 4 doses are required.  
 8 Administer 2 doses of varicella vaccine, at least 3 months apart, to applicants less than 13 years of age. Do not repeat the 2<sup>nd</sup> dose if administered 28 days or greater from the 1<sup>st</sup> dose. Administer 2 doses of varicella vaccine to applicants 13 years of age or older at least 4 weeks apart. The minimum interval between the 1<sup>st</sup> and 2<sup>nd</sup> dose of varicella for an applicant 13 years of age or older is 28 days.