

# Little Angel April 2019 Menu



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

01 **AM Snack**  
 W Breakfast Cereal  
 Whole Fresh Fruit  
**Lunch**  
 Turkey Sloppy Joes  
 V Tofu Sloppy Joes  
 W Whole Grain Bun  
 Steamed Vegetables  
 Fresh Fruit  
**PM Snack**  
 W Pineapple + Raisin Mini  
 Empanadas

02 **AM Snack**  
 W Home Baked Banana  
 Raspberry Breakfast Bread  
 Whole Fresh Fruit  
**Lunch**  
 W Natural Chicken Tenders  
 V Spinach + Cheese Ravioli  
 Steamed Vegetables  
 Fresh Fruit  
**PM Snack**  
 WOW Butter  
 Baby Carrots

03 **AM Snack**  
 W Home Baked French Toast  
 Sticks  
 Fresh Strawberry Compote  
**Lunch**  
 BBQ Chicken  
 V BBQ Beans  
 W Home Baked Corn Bread  
 Muffin  
 Roasted Yukon Gold Potatoes  
 Pea Salad  
**PM Snack**  
 W Home Baked Vanilla Rolla  
 Roll  
 Whole Fresh Fruit

04 **AM Snack**  
 W Home Baked Downtowner  
 Muffin  
 Whole Fresh Fruit  
**Lunch**  
 W Stuffed Homemade  
 Chicken, Cheese + Scallion  
 Bun  
 V Cheesiest Pizza  
 Steamed Vegetables  
 Fresh Fruit  
**PM Snack**  
 Chefables Vanilla Yogurt  
 W Yummy Granola

05 **AM Snack**  
 W Home Baked Cinnamon  
 Oatmeal Raisin Bagel  
 Whole Fresh Fruit  
**Lunch**  
 W V Whole Wheat Cheese  
 and Bean Baby Burrito  
 Steamed Vegetables  
 Fresh Fruit  
**PM Snack**  
 W Homemade "POP" Rice  
 Whole Fresh Fruit

08 **AM Snack**  
 W Breakfast Cereal  
 Whole Fresh Fruit  
**Lunch**  
 NEW BYO Turkey Tacos  
 V BYO BBQ Lentil Tacos  
 W WW Tortilla  
 Steamed Vegetables  
 Fresh Fruit  
**PM Snack**  
 W Raspberry Apple Mini  
 Empanadas

09 **AM Snack**  
 W Home Baked Carrot  
 Ginger Breakfast Bread  
 Whole Fresh Fruit  
**Lunch**  
 Spaghetti & Turkey Meatballs  
 V Red Bean Spaghetti  
 Steamed Vegetables  
 Fresh Fruit  
**PM Snack**  
 W Cheddar Cheese Melts

10 **AM Snack**  
 W Home Baked Oatmeal  
 Buttermilk Biscuit  
 Fresh Strawberry Compote  
**Lunch**  
 W V Cheesiest Pizza  
 Roasted Sweet Potatoes  
 Creamy Cabbage Coleslaw  
**PM Snack**  
 W Homemade "POP" Rice  
 Whole Fresh Fruit

11 **AM Snack**  
 W Home Baked Lemon Poppy  
 Muffin  
 Whole Fresh Fruit  
**Lunch**  
 W V Egg Fried Brown Rice  
 Steamed Vegetables  
 Fresh Fruit  
**PM Snack**  
 Chefables Vanilla Yogurt  
 W Yummy Granola

12 **AM Snack**  
 W Home Made Pretzel Bagel  
 Whole Fresh Fruit  
**Lunch**  
 W Natural Chicken Tenders  
 V Spinach + Cheese Ravioli  
 Steamed Vegetables  
 Fresh Fruit  
**PM Snack**  
 W Brazilian Cheese and  
 Coconut Stick

15 **AM Snack**  
 W Breakfast Cereal  
 Whole Fresh Fruit  
**Lunch**  
 V Mac and Cheese  
 Steamed Vegetables  
 Fresh Fruit  
**PM Snack**  
 NEW W Maple Butternut  
 Squash Mini Empanadas

16 **AM Snack**  
 W Home Baked Honey Pear  
 Breakfast Bread  
 Whole Fresh Fruit  
**Lunch**  
 Turkey Burger  
 V BBQ Tofu  
 W Whole Grain Bun  
 Steamed Vegetables  
 Fresh Fruit  
**PM Snack**  
 String Cheese  
 W Home Baked Graham  
 Crackers

17 **AM Snack**  
 W Home Baked Lemon Ricotta  
 Pancake  
 Fresh Strawberry Compote  
**Lunch**  
 NEW W V Three Cheese  
 Burrito  
 Roasted Sweet Potatoes  
 Creamy Cabbage Coleslaw  
**PM Snack**  
 Chicken Salad  
 V String Cheese  
 W Greek Style Yogurt Roll

18 **Closed**

19 **Closed**

22 **Closed**

23 **Closed**

24 **Closed**

25 **Closed**


26 **Closed**


29 **AM Snack**  
 W Breakfast Cereal  
 Whole Fresh Fruit  
**Lunch**  
 Homemade Turkey  
 Meatloaf  
 V BBQ Tofu  
 W Whole Grain Roll  
 Steamed Vegetables  
 Fresh Fruit  
**PM Snack**  
 W Sweet Potato Mini  
 Empanadas

30 **AM Snack**  
 W Home Baked Marble Swirl  
 Breakfast Bread  
 Whole Fresh Fruit  
**Lunch**  
 W Fiesta Chicken Burrito  
 V Brown Rice + Beans  
 Steamed Vegetables  
 Fresh Fruit  
**PM Snack**  
 W Dried Fruit Focaccia  
 Squares  
 Whole Fresh Fruit

### Notes

- Chefables reserves the right to substitute stated menu items if it becomes unavailable in the market or due to unforeseen circumstances.

 Just some of the vegetables this month Artichoke, arugula, Asian greens, asparagus, avocado, beets, bok choy, broccoli, broccoli rabe, Brussels sprouts, cabbage, carrots, cauliflower, chard, celery, collard greens, kale, leeks, lettuces, mushrooms, mustard greens, onion, parsnips, peas, potatoes, radicchio, radishes, rutabagas, scallions, spinach, sprouts, sunchoke, squash (winter), tomato, turnips

 Just some of the fruits this month Apple, Asian pear, cherimoyas, cherries, dates, grapefruit, kumquat, lemon, limes, mandarin, oranges, pear, pomelos, rhubarb, strawberry

NEW = New menu offering W = Whole Grain Rich V = Vegetarian Menu Option