



# Roman Catholic Diocese of Calgary

Announcements from the Catholic Pastoral Centre

THE SEVENTH SUNDAY IN ORDINARY TIME | FEBRUARY 23/24, 2019

## VENEZUELAN CARDINAL VISITS CALGARY

Bishop McGrattan welcomes Cardinal Jorge Urosa, Archbishop Emeritus of Caracas to Calgary. "I am convinced that the visit of Cardinal Urosa to our Diocese will bring much hope and consolation to our brothers and sisters who call Venezuela home," says Bishop McGrattan. When: **March 9 at 5 pm** (Mass in English), and **on Sunday, March 10 at 1 pm** (Mass in Spanish). Where: St. Michael Catholic Community (800 85 Street SW, Calgary). All are welcome.

## MARRIAGE PREPARATION COURSES

Catholic Family Service provides Marriage Preparation programs. Upcoming sessions: **March 22-24**, April 12-14, May 10-12. For more information or to register, contact 587-896-2891 | [www.cfs-ab.org](http://www.cfs-ab.org)

## A VISIT TO BETH TZEDEC SYNAGOGUE WITH FR. ADRIAN MARTENS

You are invited to visit Beth Tzedec Synagogue with Fr. Adrian Martens. When: **Friday, March 1** from 9 am to 1:30 pm. Meeting place: Catholic Pastoral Centre (120 17 Ave SW, Calgary, AB). Cost: \$40 (includes kosher lunch and transportation to and from the event), open to those 18 years and older. RSVP or register **by Feb. 26**: 403-218-5501 | <http://events.calgarydiocese.ca>

## FOUNDATIONS OF A SOCIAL JUSTICE SPIRITUALITY ONE-DAY WORKSHOP

You are invited to a workshop with Bishop Emeritus Frederick Henry on "Foundations of a Social Justice Spirituality." When: **Saturday, April 13** from **8:30 am to 2:30 pm**. Where: Corpus Christi Parish Hall (5391 4 St NW, Calgary). Cost: \$40/person, including lunch. For more information or to register, contact 403-218-5505 | [socialjustice@calgarydiocese.ca](mailto:socialjustice@calgarydiocese.ca) | <http://events.calgarydiocese.ca>

## MENTAL HEALTH AND ILLNESS WORKSHOP

This is a one-day workshop on a basic understanding of mental health, illness and spirituality. When: **Saturday, April 13** from 9 am to 2:30 pm. Where: Our Lady of Perpetual Help (4400 Edmonton Trail NE, Calgary). Contact: 403-218-5501 or register online at <http://events.calgarydiocese.ca>

## PASTORAL CARE COURSE

The Diocesan Pastoral Care Course will be held on Wednesdays, **May 1 to June 5**, from 6:30 pm to 9:30 pm, at St. Luke's Parish (1566 Northmount Dr. NW, Calgary). This course offers participants a better understanding of pastoral care given to the lonely, shut-ins, the sick and dying, as well as the visiting skills required for a Pastoral Care minister. To register, call 403-218-5501 or email [healthcareprograms@calgarydiocese.ca](mailto:healthcareprograms@calgarydiocese.ca)

## ALZHEIMER WORKSHOP

Learn about the Alzheimer's disease and related dementias, along with tools and strategies for interaction with persons with dementia and their caregivers. When: Saturday, **April 6** from **9 am to 2:30 pm** at St. Paul's Anglican Parish (7 Sunmills Green SE, Calgary). Contact: 403-218-5501 | [healthcareprograms@calgarydiocese.ca](mailto:healthcareprograms@calgarydiocese.ca) or register online at <http://events.calgarydiocese.ca>

*God, Sex and the Meaning of Life* at **THEOLOGY OF THE BODY CONFERENCE 2019** | Human beings are made in the image of God. Why does sex make us most in the image of God? Why are our sexuality and spirituality completely intertwined? How is sex the organizing principle of our lives and how does it point us to heaven? Come hear from Christopher West at the Theology of the Body Conference 2019. When: **Fri & Sat, March 8 & 9** at **St. Michael Catholic Community in Calgary**. Guest speakers include Mike Mangione, Vicki Thorn, Sr. Helena Burns, Kevin Muico and Fr. Thomas Loya. The two-day conference will explore theology and practical applications of human sexuality. Visit: <http://TOB.calgarydiocese.ca>

## DIOCESAN PALLIATIVE CARE PROGRAM

Palliative care is the active, compassionate care of a person whose disease is no longer responsive to traditional treatment aimed at a cure. Learn how to minister God's unfailing love for the terminally ill and the dying through the Palliative Care Education Program. When: **April 26 & 27 (Part 1)**, and **May 3 & 4 (Part 2)**. Where: Holy Spirit Parish (10827 24 St SW, Calgary). For more information, contact: 403-218-5501 or register online at <http://events.calgarydiocese.ca>

## EFFECTIVE CO-PARENTING: PUTTING KIDS

**FIRST** | 'Effective Co-Parenting: Putting Kids First' is a five-week parents education program to help parents, children and families to cope with separation and divorce. Learn how to manage shared parenting situations, resolve family conflicts, participate in support groups and improve communications between separated/divorced parents. Session dates: **Wednesdays, Apr. 24, May 1, 8, 15 and 22.** To register: <http://events.calgarydiocese.ca> | 403-218-5505 | [lifeandfamily@calgarydiocese.ca](mailto:lifeandfamily@calgarydiocese.ca)

**VOLUNTEERS WANTED FOR THE OUTDOOR WAY OF THE CROSS** | The 36th annual Outdoor Way of the Cross takes place at **9 am on Good Friday, Apr. 19** at St. Mary's Cathedral, Calgary. We are currently looking for readers, first aiders, crowd control and some volunteers to carry the cross and some to help with lost persons. Contact 403-218-5519 or visit [wayofthecross.ca](http://wayofthecross.ca)

**SAVE OUR MARRIAGE – RETROVAILLE RETREAT** | Retrouvaille helps married couples find reconciliation by teaching communication skills and providing the tools to improve their relationships. Next weekend retreat: **March 8-10.** Contact 403-879-7893 | [helpourmarriagecalgary.com](http://helpourmarriagecalgary.com)

**FILM SCREENING OF "OVER 18"**  
St. Peter's CWL will be hosting a screening of the "Over 18" documentary. The goal of "Over 18" is to educate youth on the realities of pornography, help their parents understand the growing epidemic of porn usage and propose solutions for preventing exposure and addiction in the first place. When: **Thursday, Feb. 28 at 7 pm.** Where: St. Peter's Church (541 Silvergrove Dr NW, Calgary).

**SECRETARY FOR SSVF CALGARY DIOCESAN CENTRAL COUNCIL** | The CDCC of the Society of Saint Vincent de Paul invites applications for a volunteer secretary position. For more information email [ssvp.cdcc.president@outlook.com](mailto:ssvp.cdcc.president@outlook.com)

**CONSOLING THE HEART OF JESUS**  
Our Lady of Fatima Parish invites you to a 10-week small group retreat. The retreat begins on **Tuesday, March 5 at 7 pm**, at Our Lady of Fatima Church (4747 30 St SE, Calgary). For more information, contact Linda at 403-700-7124 | [ztl2020@shaw.ca](mailto:ztl2020@shaw.ca)

**22ND ANNUAL GOD SQUAD MEN'S CONFERENCE** God Squad invites all Catholic men (14 and up) to attend the upcoming Men's Conference on **March 15 & 16.** Theme: Be Not Afraid... To Be A Saint. Keynote speakers: Bishop Scott McCaig, Jeff Cavins and Deacon Troy Nguyen. Where: St. Peter's Catholic Church. More info at [godsquad.ca](http://godsquad.ca)

**LENTEN DAY SILENT RETREAT**  
Theme: Take up your cross and follow me. When: **Saturday, March 30**, begins with Rosary at 10:30 am and Mass at 11 am. Where: Divine Mercy Centre (15206 Township Road 262, Calgary). Contact: 587-755-1019 | [www.sistersofdivinemeracy.org](http://www.sistersofdivinemeracy.org)

**GRIEF TO GRACE**  
Grief to Grace is a spiritual journey for anyone who has suffered degradation or violation through sexual abuse, psychological or emotional abuse, neglect or other forms of traumatic violation in childhood, adolescence, or as an adult. This program is offered by the Diocese of Nelson. When: **May 2-5.** Where: Kelowna, BC. For more information or to register, call 1-250-878-7603 | [griefftograce.org](http://griefftograce.org)

**FIRST ANNUAL MASS FOR THE ARTISTIC COMMUNITY IN CALGARY** | The Sacred Arts Guild of Alberta invites all artists, composers, musicians and their friends and family to attend Mass on **Saturday, March 16 at 1:30 pm.** Where: Sacred Heart Church (1307 14 St. SW, Calgary). Reception and art show to follow. For more information, contact 403-703-7688 or [kkiss@telus.net](mailto:kkiss@telus.net) | [sacredartsguildofalberta.com](http://sacredartsguildofalberta.com)

**SAVE THE DATE: MAY 30 | TAIZÉ PRAYER WITH BROTHER EMILE FROM FRANCE**  
The Office of Ecumenical and Interreligious invites you to join the Taizé Prayer with Brother Emile from the Community of Taizé in France. When: **Thursday, May 30 at 7 pm.** Where: Holy Trinity Anglican Church (18 Hidden Creek Rd. NW, Calgary).

**SPIRITUAL DIRECTION TRAINING PROGRAM**  
In **September**, FCJ Centre will offer a two-year Spiritual Direction Training Program. For more information, contact Sr. Madeleine Gregg at 403-229-4215. Application deadline: **May 31.**