



Roman Catholic Diocese of Calgary

Announcements from the Catholic Pastoral Centre

THE EIGHTH SUNDAY IN ORDINARY TIME | MARCH 2/3, 2019

YOUNG ADULTS KNIGHTS OF COLUMBUS

Bishop McGrattan invites Catholic men between the ages of 18 and 40 to a special meeting. The purpose of the meeting is to start a core group of young men in the Calgary area to use their Catholic faith by serving their Church and Community. Date: **Monday, March 11**. Where: St. Mary's Cathedral Rectory Hall (219 8 Avenue S.W., Calgary). Time: Registration: 6:30 pm. Presentations: 7 to 8:30 pm. Please contact Ricky Finzel at membershipdirectorsouth@kofc.ab.ca to advise if you plan to attend.

MARRIAGE PREPARATION COURSES

Catholic Family Service provides Marriage Preparation programs. Upcoming sessions: **March 22-24**, April 12-14, May 10-12. For more information or to register, contact 587-896-2891 | www.cfs-ab.org

FOUNDATIONS OF A SOCIAL JUSTICE SPIRITUALITY ONE-DAY WORKSHOP

You are invited to a workshop with Bishop Emeritus Frederick Henry on "Foundations of a Social Justice Spirituality." When: **Saturday, April 13 from 8:30 am to 2:30 pm**. Where: Corpus Christi Parish Hall (5931 4 St NW, Calgary). Cost: \$40/person, including lunch. For more information or to register, contact 403-218-5505 | socialjustice@calgarydiocese.ca | <http://events.calgarydiocese.ca>

MENTAL HEALTH AND ILLNESS WORKSHOP

This is a one-day workshop on a basic understanding of mental health, illness and spirituality. When: **Saturday, April 13** from 9 am to 2:30 pm. Where: Our Lady of Perpetual Help (400 Edmonton Trail NE, Calgary). Contact: 403-218-5501 or register online at <http://events.calgarydiocese.ca>

THANK YOU FROM FEED THE HUNGRY

This weekend the Coldest Night of the Year (CNOY) committee, a partnership of Diocesan staff, KAIROS Calgary reps and team members from the HomeSpace Society, spent the day at Eau Claire Market hosting 297 participants and over 80 volunteers for our 6th annual CNOY. Despite a windchill of -24, more than half of the participants walked 5 km! Everyone enjoyed a great meal of chili, doughnuts and sponsored coffee from Starbucks. In total over \$73,000 was raised! These funds will be split 50/50 between Feed the Hungry to cover unsponsored

dinners and the mortgage on Bankview Apartments. Feedback from the event has been very positive. On behalf of Feed the Hungry, thank you to everyone who supported this fundraiser.

THANK YOU FROM ELIZABETH HOUSE

Over 450 Catholics attended Faith & Fun NHL game last Friday, and \$2,250 was raised for Elizabeth House! All tickets purchased directly benefits courageous pregnant and parenting women in need. We are looking forward to doing this again and maybe will be visiting a Stampede game.

PASTORAL CARE COURSE

The Diocesan Pastoral Care Course will be held on Wednesdays, **May 1 to June 5**, from 6:30 pm to 9:30 pm, at St. Luke's Parish (1566 Northmount Dr. NW, Calgary). This course offers participants a better understanding of pastoral care given to the lonely, shut-ins, the sick and dying, as well as the visiting skills required for a Pastoral Care minister. To register, call 403-218-5501 or email healthcareprograms@calgarydiocese.ca

ALZHEIMER WORKSHOP

Learn about the Alzheimer's disease and related dementias, along with tools and strategies for interaction with persons with dementia and their caregivers. When: Saturday, **April 6** from **9 am to 2:30 pm** at St. Paul's Anglican Parish (7 Sunmills Green SE, Calgary). Contact: 403-218-5501 | healthcareprograms@calgarydiocese.ca or register online at <http://events.calgarydiocese.ca>

***God, Sex and the Meaning of Life* at THEOLOGY OF THE BODY CONFERENCE 2019** | Why are our sexuality and spirituality completely intertwined? How is sex the organizing principle of our lives and how does it point us to heaven? Come hear from Christopher West at the Theology of the Body Conference 2019. When: **Fri & Sat, March 8 & 9 at St. Michael Catholic Community in Calgary**. Guest speakers include Mike Mangione, Vicki Thorn, Sr. Helena Burns, Kevin Muico and Fr. Thomas Loya. The two-day conference will explore theology and practical applications of human sexuality. Visit: <http://TOB.calgarydiocese.ca>

DIOCESAN PALLIATIVE CARE PROGRAM

Palliative care is the active, compassionate care of a person whose disease is no longer responsive to traditional treatment aimed at a cure. Learn how to minister God's unfailing love for the terminally ill and the dying through the Palliative Care Education Program. When: **April 26 & 27 (Part 1)**, and **May 3 & 4 (Part 2)**. Where: Holy Spirit Parish (10827 24 St SW, Calgary). For more information, contact: 403-218-5501 or register online at <http://events.calgarydiocese.ca>

EFFECTIVE CO-PARENTING: PUTTING KIDS FIRST | 'Effective Co-Parenting: Putting Kids First' is a five-week parents education program to help parents, children and families to cope with separation and divorce. Learn how to manage shared parenting situations, resolve family conflicts, participate in support groups and improve communications between separated/divorced parents. Session dates: **Wednesdays, Apr. 24, May 1, 8, 15 and 22**. To register: <http://events.calgarydiocese.ca> | 403-218-5505 | lifeandfamily@calgarydiocese.ca

VOLUNTEERS WANTED FOR THE OUTDOOR WAY OF THE CROSS | The 36th annual Outdoor Way of the Cross takes place at **9 am on Good Friday, Apr. 19** at St. Mary's Cathedral, Calgary. To volunteer, contact 403-218-5519 | wayofthecross.ca

SAVE OUR MARRIAGE – RETROVAILLE RETREAT | Retrouvaille helps married couples find reconciliation by teaching communication skills and providing the tools to improve their relationships. Next weekend retreat: **March 8-10**. Contact 403-879-7893 | helpourmarriagecalgary.com

FILM SCREENING OF "OVER 18"
St. Martha's CWL in Lethbridge will be hosting a screening of the "Over 18" documentary. The screening will take place at St. Martha's Parish (355 Columbia Boulevard West, Lethbridge) on **Friday, March 15 at 7:30 pm** right after the Stations of the Cross. There will be a Q&A following the film.

LENTEN DAY SILENT RETREAT
Theme: Take up your cross and follow me. When: **Saturday, March 30**, begins with Rosary at 10:30 am and Mass at 11 am. Where: Divine Mercy Centre (15206 Township Road 262, Calgary). Contact: 587-755-1019 | www.sistersofdivinemersey.org

22ND ANNUAL GOD SQUAD MEN'S CONFERENCE God Squad invites all Catholic men (14 and up) to attend the upcoming Men's Conference on **March 15 & 16**. Theme: Be Not Afraid... To Be A Saint. Keynote speakers: Bishop Scott McCaig, Jeff Cavins and Deacon Troy Nguyen. Where: St. Peter's Catholic Church. More info at godsquad.ca

GRIEF TO GRACE
Grief to Grace is a spiritual journey for anyone who has suffered degradation or violation through sexual abuse, psychological or emotional abuse, neglect or other forms of traumatic violation in childhood, adolescence, or as an adult. When: **May 2-5**. Where: Kelowna, BC. For more information or to register, call 1-250-878-7603 | griefftoGrace.org

FIRST ANNUAL MASS FOR THE ARTISTIC COMMUNITY IN CALGARY | The Sacred Arts Guild of Alberta invites all artists, composers, musicians and their friends and family to attend Mass on **Saturday, March 16 at 1:30 pm**. Where: Sacred Heart Church (1307 14 St. SW, Calgary). Reception and art show to follow. For more information, contact 403-703-7688 or kkiss@telus.net | sacredartsguildofalberta.com

RAISING KIDS IN DIGITAL AGE SEMINAR
TakeCharge@HOME is a workshop that equips parents and grandparents with the necessary skills and resources to help their children navigate the internet. Gain insight and tangible tips for raising kids in this environment. Parish groups and registered Lay Associations are encouraged to book your seminar at (403) 218-5501. Sponsored by the Diocese of Calgary and the Calgary Pregnancy Care Centre.

THE VIRTUES OF MARY
The Heralds of the Gospel community invites you to a talk by Br. Justin Bonyun on *The Virtues of Mary*. When: **Sunday, March 10** at 2 pm. Potluck dinner follows. Where: St. Patrick's Church (1414 Shawnessy Blvd. SW, Calgary). Contact Ting at 403-397-0882.

FILM SCREENING: SEXUAL REVOLUTION
St. Michael's (800 85 St. SW, Calgary) invites everyone on **Friday, March 15 at 7 pm** for a screening of *Sexual Revolution: 50 Years Since Humanae Vitae*, which documents the effects of the "free-love experiment of the 1960s hippie generation" and Pope Paul VI's prophetic encyclical.