



# SANDWICHES

	ROLL	SUB
TUNA (white meat)	\$7.99	\$9.99
TUNA MELT	\$8.99	\$11.50
ROAST BEEF	\$9.99	\$12.99
TURKEY	\$8.99	\$10.99
TURKEY CLUB	\$9.99	\$11.99
PEPPERONI	\$8.99	\$10.99
HAM	\$8.99	\$10.99
SALAMI	\$8.99	\$10.99
ITALIAN COMBO		
(ham, salami, cheese)	\$9.99	\$12.99
AMERICAN COMBO	\$9.99	\$12.99
(turkey, ham, roast beef)		
CHICKEN SALAD	\$8.99	\$10.99
STEAK & CHEESE	\$11.99	\$14.99
MEATBALL	\$10.99	\$12.99
SAUSAGE & PEPPERS	\$9.99	\$11.99
EGGPLANT PARM.	\$10.99	\$11.99
CHICKEN PARM.	\$11.99	\$12.99
SPICY ITALIAN	\$10.99	\$13.99
VEGETARIAN	\$7.99	\$9.99
PASTRAMI	\$10.99	\$12.99
BLT	\$9.00	\$10.99
BBQ CHICKEN	\$9.99	\$11.99
CHIPOTLE TURKEY	\$9.00	\$10.99
Add Cheese	\$1.00	\$1.50
TERIYAKI CHICKEN	\$9.99	\$10.99
GRILLED CHEESE	\$5.99	\$7.99

Bacon or Ham

**Chicken Cutlet  
on a Roll  
w/Mayo, Pickles.**

ROLL SUB  
**\$8.99 \$10.99**

**Spicy: Add Mike's Hot Honey! .75**

**Sandwiches Also Available On:  
\*White Bread\*Wheat Bread\*Rye Bread**

"CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY  
SEAFOOD, SHELLISH, OR EGG MAY INCREASE YOUR  
RISK OF FOODBORNE ILLNESS."

-US FDA

**CarbonesDeli.com**

PRICES DO  
NOT INCLUDE TAX



# Specialty Sandwiches

Roll 11.99 Sub 13.99

## THE JAYDON

Chicken Cutlet, Bacon, Lettuce, Tomato, Honey Mustard

## CHICKY GAMBINO

Chicken Cutlet, Capicola, Spinach, Caesar Dressing

## JJ WALKER

Grilled Chicken, BBQ Sauce, Lettuce, Tomato, Onion

## CHICKEN BLT

Chicken Cutlet, Cheddar, Bacon, Lettuce, Tomato, Ranch

## VITO'S CAPRESE

Chicken Cutlet, Tomato, Fresh Mozz., Olive Oil, Balsamic  
Glaze, Pesto

## THE DON

Capicola, Roasted Red Peppers, Provolone Cheese

## THE MOODY CHICKEN

Chicken Cutlet, Cheddar Cheese, Bacon, Bleu Cheese

## NASTY TWEETY

Chicken Cutlet, Bacon, Hot Sauce, Bleu Cheese, Lettuce,  
Tomato

## BEEFY BBQ JACK

Roast Beef, BBQ Sauce, Pepper Jack, Sauerkraut

## HOT MEATY HORSEY

Roast Beef, Jalapenos, Horseradish Sauce, Swiss Cheese

## BEEFY COWBOY

Roast Beef, Cheddar, Bacon, Lettuce, Tomato, Ranch

## THE NICHOLSON

Ham, American Cheese, Mayo, Spicy Pickles

## THANKSGIVING BOMB

Turkey, Gravy, Dressing, Cranberry Sauce

## BEEFY HOG

Steak, Bacon, Steak Sauce, Cheddar Cheese

## HOT PASTRAMI BOMB

Pastrami, Swiss, Onions, Peppers

## FEECH LAMANNA

Salami, Ham, Provolone, Marinated Eggplant, Hot Peppers

## SPICY TUNA

Tuna, Cheddar, Jalapenos, Pickle Relish, Lemon Juice

**CarbonesDeli.com**

REVISED MARCH 11, 2025



Est. 1976

**Try Our Famous Eggplant**



Home Made

**Italian Dishes**

**Sandwiches \* Subs \* Wraps**

**Soups \* Salads**

**Lunch \* Dinners To Go**

**Orders To Go!**

**Call Ahead and We'll Have It Ready!**



Proud of the U.S.A.



**(203) 234-5678**

Washington Commons  
117 Washington Avenue  
North Haven CT 06473

**Mon-Thurs: 10am-5pm**

**Fri-Sat: 10am-8pm**

**Sun: Closed**

**Mike's  
HOT  
HONEY.**



**CarbonesDeli.com**



Great Food Since 1976

## GYM RAT SPECIAL

Boneless Grilled Chicken  
and Half of a Avocado  
\$10.99

Home-Made

## SOUPS

\$4.75

## Desserts

Brownies  
or  
Blondies \$3.00

Toasted Almond Cake \$5.99

## Healthy Salads

Tossed Salad \$6.99

Chef Salad \$9.99

Tossed Salad w/ Tuna \$9.99

Caesar Salad \$6.99

Tossed Salad w/ Chicken Salad \$8.99

Grilled Chicken Salad \$8.99

Meatball Salad \$8.99

Grilled Chicken Caesar Salad \$8.99

Buffalo Chicken Salad \$8.99

### SALAD DRESSINGS:

Honey Mustard\* Raspberry Walnut  
Zesty Italian\* Oil & Vinegar  
Blue Cheese\* Ranch\* Balsamic  
Caesar\* French  
Lite Italian

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## Dinners

Call for Daily Specials

Italian Combo	\$12.99
Lemon-Butter Chicken	\$10.99
Chicken Parm. w/Ziti	\$10.99
Ziti & Meatballs	\$10.99
Sausage & Peppers	\$10.99
Macaroni & Cheese	\$8.99
Fettuccini Alfredo	\$10.99
Pasta Bolognese	\$10.99
Ravioli, Gnocchi, or Tortellini	\$10.99

## Panini Sandwiches \$10.50

### #1-ITALIAN CAPRESE PANINI

Tomatoes, Mozzarella, Balsamic Vinegar, Basil,  
Olive Oil

### #2-GRILLED CHICKEN AVOCADO PANINI

Grilled Chicken, Avocado, Tomato, American Cheese

### #3-LOADED TURKEY PANINI

Turkey, Bacon, Cranberry Sauce, American Cheese

### #4-CHEESY VEGGIE PANINI

American Cheese, Tomato, Avocado, Spinach

### #5-THE ITALIAN PANINI

Capicola, Provolone Cheese, Pesto Sauce

### #6-PIZZA PANINI

Pepperoni, Sauce, Mozzarella

### #7-EGGPLANT PANINI

Eggplant, Mozzarella, Sauce

## Deli Salads \$2.99-\$3.95

Macaroni Salad\* Potato Salad

Tomato Salad\* Pasta Salad

Egg Salad\* Seafood Salad

MEATBALL \$1.99	BOTTLED WATER \$1.49
MAC & CHEESE \$3.99	20 oz. DRINKS \$2.29
TATER TOTS \$2.99	COFFEE \$2.90
SAUSAGE & PEPPERS \$3.95	BACON \$1.99/\$2.99
HARD ROLL \$1.99/SUB \$2.99	PEPPERS \$1/\$1.25
EXTRA CHEESE \$1.50/\$1.99	EXTRA CHICKEN \$3.95
POTATO SALAD \$3.95	SAUCE (quart) \$15.00
CHIPS \$1.99	GRILLED CHICKEN \$2.00

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## Wraps \$9.99

Whole Wheat or Plain Wraps

### BUFFALO CHICKEN

Grilled Chicken Breast w/Hot Sauce,  
Lettuce, Bleu Cheese

### TURKEY CLUB

Turkey Breast, Bacon, Lettuce, Tomato,  
Mayonnaise

### RANCH CHICKEN

Grilled Chicken Breast w/Bacon,  
Cheese, Tomato, Ranch Dressing

### CHICKEN CAESAR

Romaine Lettuce, Croutons, Grilled  
Chicken Breast, Caesar Dressing

### CHICKEN CORDON BLEU

Grilled Chicken Breast, Ham, Swiss,  
Tomato, Honey Mustard

### TERIYAKI

Grilled Chicken Breast, Teriyaki Sauce,  
Sweet Peppers, Chow Mein Noodles

### MEXICAN

Grilled Chicken Breast, Cheese,  
Salsa, Lettuce

### VEGETARIAN

Lettuce, Tomato, Peppers, Onions,  
Cucumber, Cheese, Oil & Vinegar

### TUNA

All White-Meat Tuna, Lettuce, Tomato,  
Swiss, Bacon

### BLT

Bacon, Lettuce, Tomato, Mayo

### CHIPOTLE TURKEY

Turkey Breast, American, Bacon  
Lettuce, Tomato, Chipotle Sauce

### THANKSGIVING

Turkey, Dressing, Gravy, Cranberry Sauce

Or CREATE-YOUR-OWN WRAP!

You Design It!

We Make It!

CarbonesDeli.com