Escape to Paradise
Pilates and Yoga Retreat
February 23- March 2, 2019

Pamper yourself to first class accommodations, fabulous vegetarian meals, daily classes, miles of beautiful beach and the blue waters of Banderas Bay.

Treat yourself to the tranquil paradise of Bucerias, Mexico.

A mid-winter escape you will look forward to.
The cost for this 8 day Pilates and Yoga retreat in Bucerias, Mexico is $1,725.00. If booked by Oct 31, 2018 there will be a $150.00 discount to $1,575.00.

This includes:
- 7 nights of luxury accommodations (Double Occupancy)
- Champagne Welcome Dinner
- Daily Yoga/Pilates practice and Workshops
- Surprise Swag Bag
- 2 Excursions
- 7x Breakfast and lunch, 5x Dinner

Not Included:
- Flights
- Airport Transfer
- Spending money

We offer a payment plan to make it easier and to plan ahead. Contact Heidi @ 780-360-9273 or heidi@ombody.ca