

Community Guide 2018

Fall



Morinville

Growing Together

www.morinville.ca





MESSAGE FROM THE MAYOR

Welcome to the 28th edition of the Morinville Community Guide. As part of Town Council’s commitment to serving and informing the public, this guide is published three times a year, Spring/Summer (April to August), Fall (September to December) and Winter (January to March). This publication is a comprehensive guide offering many diverse programs and services from Community Services and local organizations. The Community Guide is an invaluable resource to everyone in Morinville and the surrounding region, so be sure to take a few minutes to read through it.

Your participation in the programs and events listed is important as it will help us identify what you want to see in Morinville — so be sure to find what is right for you! We encourage all of you to try something new by participating in our health and wellness classes, recreation programs, sport development, self-improvement classes, arts and culture workshops and community festivals being offered in the coming months.

For an up-to-date listing of “What’s Happening” in our town please visit our website at www.morinville.ca.

Thank you to all the generous groups and businesses that support the development of the Community Guide and the programs and services within. Your support is truly appreciated by those who benefit from community programs and services.

Sincerely,



Mayor Barry Turner

Cover Photo by Stephanie Porter

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COMMUNITY SERVICES OFFICE

Family & Community Support Services
Sports & Recreation, Arts & Culture
Program & Events
Registration & Facility Bookings

Monday - Friday 8 a.m. - 5 p.m.
9502 - 100 Ave. Morinville, AB T8R 1R9

Phone780.939.7839
Fax:780.939.7889

STAFF

David Schaefer 780.939.7620
Director of Community & Protective Services

Melonie Dziwenka 780.939.7833
FCSS/Community Program Coordinator

Tyler Edworthy 780.939.7834
Sport/Recreation Coordinator

Ryan Telfer 780.939.7838
Events/Culture Coordinator

Chantal Godberson 780.939.7832
Events/Culture Programmer

Mary Benson 780.939.7875
Seniors Programmer

Vacant 780.939.7874
Youth Programmer

Preschool/ Family Programs 780.939.7839
Early Childhood Programmers

Laura Koyata 780.939.7876
Venue Technician

Community Services Main Line 780.939.7839
Client Services Representatives

TOWN OFFICE

Office of the CAO
Corporate & Financial Services
Protective Services
Planning & Economic Development
**TAXES, UTILITIES, DEVELOPMENT PERMITS,
ANIMAL REGISTRATIONS**

Monday - Friday 8 a.m. - 4:30 p.m.
10125 - 100 Ave., Morinville, AB T8R 1L6

www.morinville.ca
Phone780.939.4361
Fax780.939.5633

PUBLIC WORKS OFFICE

**SNOW REMOVAL, WASTE MANAGEMENT,
RECYCLING, ROADS, ETC.**

Monday - Friday 8 a.m. - 4 p.m.
10310 - 107 St., Morinville, AB T8R 1L2

Phone780.939.2590
On-call780.965.0994
Fax780.939.4435

Other Contacts

Emergency911
Enforcement Services780.939.7831
Morinville Fire Department780.939.4162
RCMP780.939.4550
Morinville Public Library780.939.3292

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CHURCHES

Morinville Alliance.....	780.939.5957
Morinville Baptist	780.939.2538
Morinville United.....	780.939.5888
St. Jean Baptiste Catholic	780.939.4412
The Father's House.....	780.939.2992

COMMUNITY HALLS

Morinville Community Cultural Centre	780.939.7839
Royal Canadian Legion Hall	780.939.4464
Seniors' Rendez-Vous Centre.....	780.939.2727

CULTURE & ARTS

Caviar Players	780.939.6537
Morinville Cultural/Art Programs	780.939.7838
Morinville Historical & Cultural Society	780.572.5585
Morinville Art Club	morinvilleartclub18@gmail.com
Morinville Minstrels	780.665.3463
Musée Morinville Museum	780.572.5585
Volume 4 History Committee	history8@telus.net

EVENTS

Canada Day Celebrations.....	780.939.7839
Easter Egg Hunt	780.939.7839
Farmers' Market	morinvillefarmersmarket@gmail.com
Father's Day Fishing Derby.....	780.939.4464
French Heritage Celebration.....	780.939.7839
Lite Up the Nite Festival	780.939.7839
Morinville Festival Days.....	780.939.7839
Reuse it or "Loose" It.....	780.939.4361
Snowman Festival.....	780.939.7839
Town Wide Garage Sale.....	780.939.7839
Volunteer Appreciation	780.939.7833

LEARNING/CAREERS

ACFA	780.961.3665
Canadian Parents for French	780.433.7311
Sturgeon Adult Learning Council	780.939.4321

SCHOOLS

École Georges H. Primeau Middle School	780.939.3593
École Notre Dame Elementary School.....	780.939.4020
Morinville Christian School.....	780.939.2987
Morinville Community High School.....	780.939.6891
Morinville Early Childhood Programs	780.939.7833
Morinville Public School	780.939.3445
Tiny Tots	780.939.5353

SENIORS' SERVICES

Aspen House.....	780.939.7482
Heritage Place Seniors Lodge	780.939.3212
Meals on Wheels.....	780.939.3212
Senior Home Support Program	780.939.7839
Seniors' Rendez-Vous Centre.....	780.939.2727

SPORTS & RECREATION

Dance Connections.....	780.939.5414
Morinville Curling Club	780.939.4393
Morinville Darts.....	780.939.2427
Morinville Fish & Game Club.....	780.939.6444

SPORTS & RECREATION (cont'd)

Morinville Jets Hockey.....	780.699.2903
Morinville Kings	780.399.8912
Morinville Mavericks Fun Hockey.....	780.939.7839
Morinville Minor Ball.....	MMBAmorinville@gmail.com
Morinville Minor Soccer	morinvillesoccer@yahoo.ca
Morinville Ringette	andre@houlemortgages.com
Morinville RV Park	780.939.6040
Morinville Slo Pitch.....	780.939.7832
Morinville Sports & Recreation	780.939.7832
Morinville Youth Basketball.....	780.217.3717
Phoenix Taekwon-Do.....	780.458.3989
Ray McDonald Ice Rentals	780.939.7839
Rooke School of Karate.....	780.939.2270
Skyline / Meadows Ball Diamonds	780.939.7839
Sturgeon Hockey Club	www.sturgeonhockeyclub.com
Tennis / Skateboard	780.939.7839

SUPPORT PROGRAMS

Al-Anon.....	1.888.322.6902
Alcoholics Anonymous	780.424.5900
Catholic Women's League	780.939.4412
Chamber of Commerce	780.939.9462
Citizens on Patrol.....	president@morinvillecop.org
Community Corner	780.939.3953
Crimestoppers	1.800.222.8477
Family & Community Support Services	780.939.7833
Fire Department (Administration).....	780.939.4162
Food Bank.....	780.939.2636
Jessica Martel Memorial Foundation	587.879.6125
Knights of Columbus.....	780.939.4412
Midstream Support Society.....	780.939.3953
Morinville Community Garden ...	morinvillegardens@gmail.com
Morinville Family & Community Support Services ...	780.939.7833
Morinville Lions Club	morinvillelionsclub@hotmail.com
Morinville Public Library.....	780.939.3292
RCMP (Administration).....	780.939.4550
Rotary Club.....	780.939.4908
Rotary Youth Mentorship	780.939.4908
Royal Canadian Legion.....	780.939.4464
Sturgeon Community Resource Network	780.923.2374
Victim Services	780.939.4590

YOUTH GROUPS

1st Morinville Scouts	info@morinvillecouts.com
Alliance Church Youth Group.....	780.939.5957
Army Cadets	780.698.2233
Father's House Youth Group.....	780.939.2992
Girl Guides of Canada.....	www.girlguides.ca
M.Y. Loft Youth Centre	780.939.7839
Morinville Fish & Game Club.....	780.939.7757
Morinville Youth Centre.....	780.939.7874
Morinville Youth Darts.....	780.939.2427
Morinville Youth Programs	780.939.7839
St. Jean Baptiste Youth Group	780.939.4412
Young Naturalists Club.....	morinvilleync@gmail.com

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Community Services

in our community

www.morinville.ca



Community Services is responsible for the development, implementation and maintenance of programs, services, and facilities related to recreation, arts, culture, heritage, and community support services.

Family & Community Support Services (FCSS)

FCSS is a partnership between the Town of Morinville and the Government of Alberta. The mandate of FCSS is to provide preventative social initiatives to enhance well-being of individuals, families & the community.

Arts/Culture/Events

Celebrate the activities that reflect the diverse traditions, customs, values, heritage, identity and history of Morinville, enhances and supports individual and community quality of life, spirit, pride and engagement. Assists, collaborates and facilitates with groups, organizations and businesses to develop and produce dynamic, exciting and unique festivals, events and opportunities for the residents of the community.

Recreation & Sports Development

Promotes the health and wellness of all residents through Active Living Initiatives and Sport Excellence through Physical/FUNDamental development in creating a Healthy Active Community for our residents.

Morinville Volunteers

Raises awareness of the value of volunteerism, encourages people to volunteer, provides information about volunteerism, and recognizes the contribution of volunteers.

Morinville Community Services

Morinville Community Cultural Centre
9502-100 Avenue
Phone: 780.939.7839



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Specific information on these Bylaws and more can be found at www.morinville.ca or you can contact **Municipal Enforcement at 780.939.7831.**

Back to School

Please pay extra attention to speed limits in school zones and park areas. Reminder, do not pass a school bus with the lights flashing and the stop sign extended.

RV and Trailer Parking

All trailers must remain attached to their towing vehicle when parked on any roadway. Unattached trailers are not permitted to be on the road at any time.

Recreational vehicles and trailers cannot cross or impede any part of a sidewalk. Recreational vehicles may be parked on a premises and shall follow all conditions of the Community Standards Bylaw 13/2017.

Where allowed, all vehicles parked in a yard must be done so on an approved hard surfaced parking area.

Off-Highway Vehicles

The use of ATV's or any off-highway vehicles are prohibited in Morinville.

Winter Safety Reminder

Plan now! Keep a winter travel kit in your vehicle. Basic tool kit includes:

- | | |
|--|--|
| knife | tow chain or strap |
| blanket | whistle |
| booster cables | antifreeze |
| bottled water | windshield washer fluid |
| first aid kit | shovel |
| toilet paper | map |
| duct tape | lock de-icer |
| kitty litter | money, including change |
| ice-scraper & brush | pencil/pen and notepad |
| underwear & socks | long-sleeve t-shirts |
| flashlight & extra batteries | candles and two deep cans |
| cell phone with 12-volt charging cable | waterproof jacket or poncho |
| flares, neon distress signs, fluorescent paint or tape | strike-anywhere matches in a water proof container |
| non-perishable food & snacks (energy bars, jerky) | |



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For further information
on fire safety call
780.939.4162.

Fire Escape Planning

Seconds count in a fire emergency and advanced warning from smoke alarms and an effective home fire escape plan could save your life.

- Have at least one smoke alarm on every level of your home & test the alarms monthly.
- For each room in your house, identify two exits for escape.
- Draw a simple floor plan of your home, clearly mark exits and practice at least twice a year.
- Keep a telephone, emergency phone numbers, glasses, wheelchair/walker/cane, medications, flashlight, and a whistle near your bed in case of an emergency.
- Adapt your fire escape plans to the individuals in your house.
- Assign a designated helper for any person in your house who may need assistance in a fire emergency.



DID YOU KNOW?
Interconnected smoke alarms
all sound when
one alarm is triggered

www.morinville.ca



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Public Works

in our community

Public Works is responsible for the repair and maintenance of all Town of Morinville infrastructure and the implementation of capital projects. This includes water, wastewater and storm water systems, roads, sidewalks & trail systems, properties, parks and playgrounds, tree planting, utility upgrades, and supports for cultural and sporting events.

Fall Season

- Start up & running of arena facility
- Winterizing & maintaining hydrants
- Sports fields repairs
- Tree planting and pruning and stump grinding
- Hazardous Waste Round-up
- Reuse It or "Loose" It Event

Snow Removal Guidelines

- Working together keeps the roads clear
- Ensure all curb ramps are removed by October 1st
- Pay attention to snow removal signs in your neighbourhood.
- Snow removal begins at 7 a.m.
- All sidewalks to be cleared within 72 hours of a snowfall

Winter Season

- Snow clearing on all roads, lanes, and walking trails
- Follow seasonal and parking signs
- Christmas decorations

Morinville Public Works Department

Meunier Maintenance Building
10310 - 107 Street
Phone: 780.939.2590
Utility Emergency: 780.965.0994



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There's more in
MORINVILLE
Growing Business Together

Consider Morinville if you are looking to open a hotel, restaurant, boutique store, or service business. Let's grow together.

We define "open for business" as a local government that supports the business community with professional staff and sound planning that fosters economic development. Experience Morinville's integrated approach to business where the right people work to provide you with the certainty and confidence for your investment decisions.

Our ideal geographical location, skilled labour force, and the lowest non-residential tax rates in the Alberta Capital Region has resulted in a diversified and vibrant business community.

Join us as we focus on attracting more accommodations, unique retail experiences, and specialized offerings, such as: mid to high-end restaurants (including family friendly), apparel, boutique houses, and home retail businesses.

Contact us today to learn more about investment opportunities in Morinville.
Town of Morinville | Planning & Economic Development | 780.939.4361



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Morinville Community Recreation Facility



Watch for regular updates on the progress of the Morinville Community Recreation Facility at <http://morinville.ca/community-recreation-facility> or <https://www.facebook.com/townofmorinville>

Expected Opening: Spring 2019



www.morinville.ca   

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E Services



Financial Services offers online services:

- » Ability to view and pay your tax and utility accounts
- » Ability to receive your utility bill by email
- » Immediate tax certificates
- » Online property searches
- » Pet searches
- » Business directory

Signing up is Safe, Easy & Secure

visit www.morinville.ca to create your online account today

Contact us for all your E-Services Support

Monday - Friday
8 a.m. - 4:30 p.m.
780.939.4361 | tax-utilities@morinville.ca

www.morinville.ca   



Community Gym Use



The Town of Morinville, through our school joint use agreement, provides sport and recreational opportunities for all residents. Please refer to the programs portion of this guide for more information on the great lineup provided this winter.

For school rental information, please contact Tyler Edworthy at 780.939.7834.

All rentals are based on limited availability. Insurance is required in order to book the space.

780.939.7839
www.morinville.ca



Community Bus Rental Rates

With Driver (fuel not included)
 \$50 per hr | \$400 per day

Connecting Your Community Transportation Program



For rental information contact
 Community Services at 780.939.7839

Senior Home Support Program

Are you a Morinville resident 65+?

Do you need assistance with **snow removal or lawn care** due to medical, mobility or physical health conditions?

We have a program that connects you with local contractors and you may qualify for subsidy towards the total costs.

Applications are available at the Community Services Office located in the Morinville Community Cultural Centre (9502-100 Avenue).



www.morinville.ca



For more information contact Community Services at 780.939.7839

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Family & Community Support Services

FCSS provides free confidential support and resources to residents of Morinville. Our staff have a strong working knowledge of local support services and is able to connect families, youth, adults and seniors with available programs and services. We are often the first point of contact for community members and agency groups looking for help in the area of social well-being.

INFORMATION & REFERRAL

FCSS Information and Referral bring people and services together. Our goal is to provide a link between essential community services and the people who need them. FCSS information and referral will assess the situation and provide the organization and services that is best suited to provide the help you need.

Support and initiatives include:

- ◇ General information and referrals on various social well-being programs
- ◇ Intake for Everybody Gets To Play subsidy program, JumpStart & KidSport programs
- ◇ Help with completion of forms

FAMILY SUPPORT

We provide support to families and individuals within the Town of Morinville

- ◇ One on one support we work directly with clients in the FCSS office to help families and individuals access resources and develop skills and strategies in response to life struggles. We will refer supporting agencies to assist individuals and families when necessary. To book an appointment to meet with the FCSS Worker contact 780.939.7833.
- ◇ Community Education we offer opportunities for children, parents of younger children, and community agencies to build their skills and potentials through workshops, seminars, and referrals to these occur when they are available.
- ◇ Community Development we often work together with schools and other organizations in the community to provide quality programs to support families in leading healthy and active lives. Such as children's play programs, parenting sessions and information resource stand within the community services office.

EARLY CHILDHOOD DEVELOPMENT

Early Childhood Development is an opportunity for children aged 2-6 to participate in a social setting, develop new friends, and feel safe within the play area. Morinville offers programs with purpose and intent to provide the highest quality Early Childhood programming to our residents. Utilizing the Early Development Instrument standardizes the measurements of development of children based on social, emotional, physical and intellectual development.

The developmental domains are:

-  **Physical Health & Well Being**
Encouraging physical growth and independence, gross and fine motor skills and coordination.
-  **Social Competence**
Encouraging play well with others, curiosity about the world, respect for adults and other children, behavior and following rules/instructions, independence, self-confidence and eagerness to explore new things.
-  **Emotional Maturity**
Encourage age-appropriate emotional understanding, empathy, reflection, controlled actions (thinking before doing).
-  **Language & Thinking**
Encouraging reading, writing, and classification of shapes, numbers, colours, sizes and concepts.
-  **Communication Skills & General Knowledge**
Encourage open communication of needs and wants in a socially appropriate way, storytelling and an appropriate awareness of the outside world.

YOUTH DEVELOPMENT

Youth development program supports building assets within our youth for a stronger community. The goal of the youth workers are to support youth that live in Morinville by engaging them in healthy activities and working with them to increase their connections to the community. The youth workers develop programs that encourage assets development through:

One on One Youth Support working with the youth to connect them to resources, help them deal with challenges and provide referrals where necessary.

Community Education offers opportunities to youth, parents and community agencies to build their skills in communication, working with youth and supporting friendly youth environments.

Youth Leadership Program offers youth to opportunity to be empowered, build their skills, develop community connections, volunteer and develop leaders for the future.

Bullying Prevention Program on National Pink Shirt Day is an opportunity to show our support and stand up to bullying by wearing pink. Morinville FCSS is dedicated to the education and prevention of bullying in Morinville. Watch for PINK in our community each year and check out our social media threads during the month of February to get involved and support to stop bullying within our community.

OLDER ADULT SERVICES

Older Adult service programs connects with seniors to provide one on one support, assist with form completions, link seniors to social, recreation and educational programs within our community. Programs can include:

- ◇ Monthly excursions outside of our community
- ◇ Community Income Tax Program
- ◇ Lawn & Snow Care Services
- ◇ Grandparent Day Celebrations
- ◇ Senior Week Celebrations
- ◇ Workshops and Seminars specific to older adult issues

COMMUNITY SOCIAL DEVELOPMENT

Morinville FCSS works with many local agencies and organizations to represent the interest of individuals and families utilizing programs and services within the municipality. Participants share information about services and social programs through Interagency sessions or Wrap around meetings.

VOLUNTEER DEVELOPMENT

Are you seeking volunteers? Morinville FCSS can help your organization recruit new volunteers and support them through yearly workshops and training sessions. Volunteers are the roots of strong communities so educational and providing the necessary tools for success are important links offered through FCSS.



780.939.7839
www.morinville.ca



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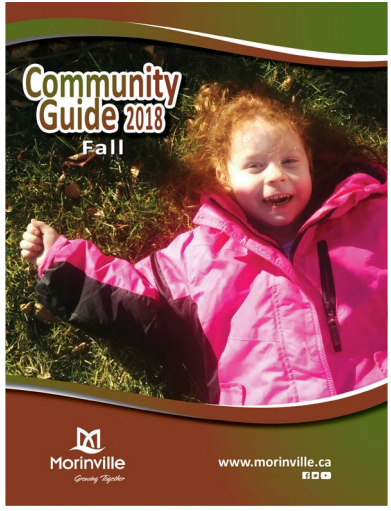
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Registering for programs is EASY!

go to
morinville.ca
Click the **Register Now** Button
on the bottom right of the homepage

Create your profile, register for
your program and pay online or call
Community Services
at **780.939.7839**



Registration

To register for programs go to www.morinville.ca and find the **REGISTER NOW** button or call Community Services at 780.939.7839.

Refund Policy

IF WE CANCEL A PROGRAM:

Programs may be cancelled due to low registration. Every effort will be made to notify participants should this happen. A full refund will be processed or full credit will be applied to your client account excluding any online charges.

CUSTOMER REFUND REQUESTS:

A 10% administrative fee will be charged. Cancellation refunds, minus the cancellation fee, will be issued up to the start of any program. Pro-rated refunds may be issued once a program has started for medical reasons, residence relocation or other special circumstances.

CLASS TRANSFER REQUEST:

A class transfer may be possible based on availability. If there is no space available in the requested class, a refund will be processed in accordance with the customer refund request. 10% administration fee applies.

Statutory Holidays

Unless otherwise noted, classes will not be offered on a holiday. Program fees take into account any holiday cancellations.

Medical Conditions

Clients are required to disclose any medical or behavioural conditions, allergies or special care instructions that may affect their participation in the program.

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780.939.7839

www.morinville.ca



Local Programs & Services

Ensuring access and inclusiveness in recreation and sport development, FCSS, and organizational programs and services.



Family & Community Support Services (FCSS)

Program fees may be waived depending upon financial need. Please provide proof of income (Revenue Canada Tax Assessment) and residency when applying for this service.

More information: FCSS Office 780.939.7833.

Local Organizations

Many organizations offer a reduced or waived fee options within their programs. Ask the organization for details.

Recreation Without Barriers

This program improves access to recreation for those residents who have a limited income. It provides applicants with no cost/reduced cost to recreation & sports programs within the Town of Morinville.

More information: Sport & Recreation Office 780.939.7832.

Kidsport™

Kidsport™ is a provincial based sport funding program that provides grants to help cover the cost of registration fees for children under the age of 18 to participate in a sport season of their choice. Applications are online at www.kidsport.ab.ca.



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Program Registration Information

Celebrate Alberta Culture Days in Morinville

Friday, September 28, 2018
Saturday, September 29, 2018

Join us for a variety of free activities.
Watch for more information
on www.morinville.ca.



www.morinville.ca



#ABCultureDays

Alberta Culture Days
September 28-30, 2018
Discover • Experience • Celebrate

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Sport & Recreation

Library

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REGISTER NOW

FAMILY PROGRAMS

Community Service Programs

For more information on Community Services Programs contact 780.939.7839 or to register go to <https://community.morinville.ca>.

Art & Cultural Programs

ALBERTA CULTURE DAYS

A free, family friendly two day event will be held in Morinville at various venues to celebrate Alberta Culture Days. Activities include Museum Displays, an art event, 24 hour read-a-thon and other cultural events. These activities will showcase our prosperous and vibrant community and offer new cultural experiences making use of Alberta talent and resources.

When: Friday September 28 - Saturday September 29

Where: Various locations throughout Morinville

FAMILY FRIGHT NIGHT

Trick or Treat

Friday October 26 7-9 p.m.

FAMILY FRIGHT HALLOWEEN DANCE

Free admission with a donation to the Morinville Food Bank.

www.morinville.ca

Morinville Growing Together

WILL'S JAM LIVE

The Will's Jam Live show is an interactive multimedia experience integrating video content from the TV series on CBC Kids with live music by Will Stroet and his Backyard Band. The show features lots of singalong fan favourites and first premiered in China in July 2017 as an engaging way to teach English vocabulary. Will's fun and educational music is about creativity, art and imagination, sports and sportsmanship, and respect for people, animals and the planet. www.willmusic.ca.

Tickets: Single \$15 | Family 4 pack \$50



LITE UP THE NITE FESTIVAL

SAVE THE DATE: Celebrate the season with a fun festive weekend including community group events, free family festival, a parade, the lite up of St. Jean Baptiste Park and fireworks.

When: Friday November 23 - Sunday November 25

Family & Community Support Services Programs

PARENTING WORKSHOPS

Sturgeon School Division has partnered with Morinville FCSS to offer a variety of parenting workshops hosted at Morinville Public School. As these programs are still being developed, contact Morinville FCSS early September for more information on these valuable parenting workshops within our community.

LET'S PLAY — PARENT LINK PROGRAM

This is a free, drop-in playgroup for children aged zero to six and their parents/caregivers. Join us for a morning of crafts, singing, games and fun! For more information, please visit www.familiesfirstsociety.ca or like us on Facebook (Fort Saskatchewan Families First Society). This program is a partnership between Families First Society and Morinville FCSS.

When: Wednesdays September 19 - November 21 | 9:30 - 11:30 a.m.

Where: Morinville Community Cultural Centre

Instructor: Facilitated by Parent Link

Fee: Free/Drop-in Program

Contact: Families First Society at 780.998.5595 ext. 221

GREAT PUMPKIN ADVENTURE

Great pumpkin adventure is the opportunity for parent and child to decorate their Halloween pumpkin together. Additional fun is provided during the program if you finish your pumpkins early. This is a family event; children must be accompanied by an adult.

When: Wednesday October 24 | 6 - 7:30 p.m.

Where: Morinville Community Cultural Centre

Instructor: Early Childhood Educators — Marie & Jenn

Fee: \$10/child

GINGERBREAD HOUSE MAKING

Gingerbread House making

Gingerbread houses are a Christmas tradition where the whole family can create together. Join us in creating some magical and tasty memories that you get to take home and enjoy throughout the season. This is a family event; children must be accompanied by an adult.

*pre-registration is required

Date: November 28, 2018

Time: 6 - 7:30 p.m.

Location: Morinville Community Cultural Centre

Cost: \$10/child & parent

For more information, contact Community Services at 780-939-7839.

Morinville Growing Together

www.morinville.ca

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Community Tree Decorating
November 21, 2018

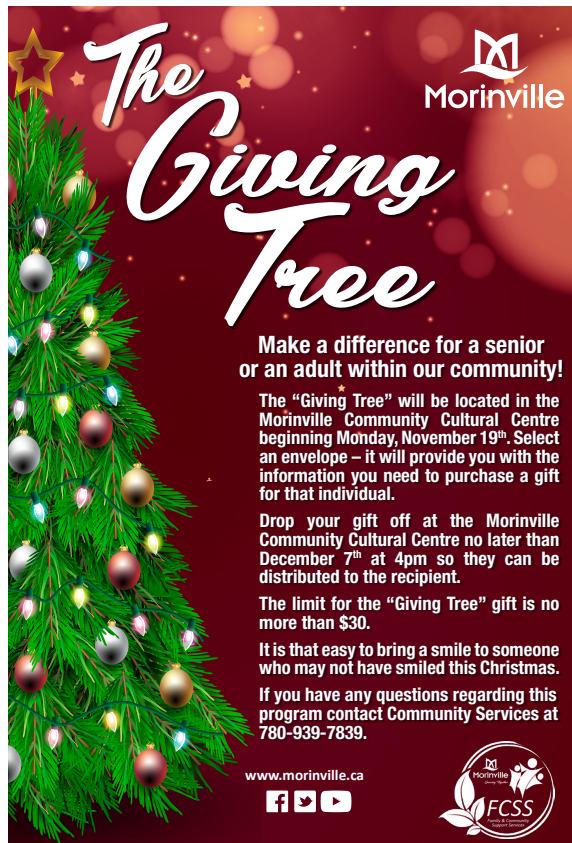
It's community decorating time for the season! A number of crafts are available for you to create and hang on our community Christmas tree. This is a great family event to kick off the spirit of Christmas. Children must be accompanied by an adult.

Date: November 21, 2018
Time: 6 - 7:30 p.m. (while supplies last)
Location: Morinville Community Cultural Centre
Cost: Free, with a donation to the food bank

For more information, contact Community Services at 780-939-7839.


Morinville
Growing Together

www.morinville.ca

The Giving Tree
Morinville

Make a difference for a senior or an adult within our community!


The "Giving Tree" will be located in the Morinville Community Cultural Centre beginning Monday, November 19th. Select an envelope – it will provide you with the information you need to purchase a gift for that individual.


Drop your gift off at the Morinville Community Cultural Centre no later than December 7th at 4pm so they can be distributed to the recipient.

The limit for the "Giving Tree" gift is no more than \$30.

It is that easy to bring a smile to someone who may not have smiled this Christmas.

If you have any questions regarding this program contact Community Services at 780-939-7839.

www.morinville.ca




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November 21
5-8 p.m. public

November 22
5-6 p.m. children who require special attention
7-8 p.m. public

MCCC Foyer
Photos by Heather of Capture & Design



Morinville



Photos with **Santa**

First 5" x 7" photo is FREE!
Additional photos \$5/each.

www.morinville.ca


REGISTER NOW

For more information, contact
Community Services at
780.939.7839 or visit
www.morinville.ca.



Lite Up the Nite Festival

Celebrate the season with a fun festive weekend of events.
Save the date: November 23–25, 2018

Crafts
Fill-A-Bus
Fireworks
Entertainment

Town Christmas Parade
Lite up St. Jean Baptiste Park
And more...

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Active Living Fair

in our community

September 6, 2018

Morinville FCSS is hosting an **Active Living Fair** on Thursday, September 6, 2018. The event will showcase the spirit of our community including local organizations, community groups, agencies, and businesses that provide services within our community.

Registration, volunteer opportunities, and information will be available at the booths.



www.morinville.ca



Cost: FREE

Time: 5:00 to 8:00 p.m.

Location: Morinville Community Cultural Centre (9502-100 Ave)

For more information, contact Morinville FCSS at 780.939.7833 or visit www.morinville.ca.

◀ REGISTER NOW ▶

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FAMILY SKATE

Dig out your skates and helmet (required under the age of 18), and bring out the whole family for the regularly scheduled Family Skate.

When: Starting September 14
 Fridays: 1:15 - 2:30 p.m. | Sundays: 12:45 - 2:15 p.m.
 Where: Ray McDonald Sports Center
 Fee: Sponsored by Remax



FAMILY DAY CLASSIC POND HOCKEY TOURNAMENT — FAMILY EDITION

Join the fun in the Third Annual Family Day Classic Three-on-Three Pond Hockey Tournament with prizes to be won. Helmet, stick and gloves are required and this will be a non-competitive division, no goalies required and you will need a minimum of three and a maximum of five players per team.

When: Monday February 18 | starting at 10 a.m.
 Where: Heritage Lake
 Fee: \$10/family



FAMILY DAY CLASSIC 3 on 3 Pond Hockey — Tournament —

Monday February 18, 2019

Starting at 10:00 a.m.

Heritage Lake

TEAM DIVISION

Youth division full equipment required.

Ages 7 to 9 **Ages 10 to 12** **Family Fun**
 \$50/per team \$50/per team \$10

Min 3/Max 5 per team. No goalies needed.
 Prizes to be won.

For more information contact:

Tyler Edworthy

tedworthy@morinville.ca or 780.939.7834



Morinville
 Growing Together

www.morinville.ca



Reuse It or "Loose It"

September 22, 2018

Skyline Ball Diamonds

(10510-107 Street)

9 a.m. - 3 p.m.

(Item drop-off starts at 9 a.m. & ends at 2:30 p.m.)



Join us for our 10th Reuse It or "Loose It"

Residents are invited to set "loose" items no longer wanted or needed (but still usable) by bringing them to a central location for others to browse through and take home **free of charge**.

You are welcome to bring any unwanted plants for the **plant swap**.

This event lessens our environmental impact by sending less to the landfill, and gives our local families access to items they may not otherwise be able to afford.

The Town provides a removal service for residents with disability or mobility issues.

For more information, call
 Public Works at 780.939.2590
 or visit www.morinville.ca.



Rules of Conduct

1. You may not enter someone else's vehicle or trailer to take items before they are unloaded, nor may you swarm people who are dropping items off. Only staff will be permitted in designated drop-off areas.
2. You may hold furniture (or large items) for pick-up within the hour by asking a volunteer to tag it for you. If the item is not picked up within the hour, it will become available again for someone else.
3. You may not give the appearance of holding an item, such as furniture, until something better comes along.
4. Mattresses, booster seats, and car seats will not be accepted for drop-off.

Reminders:

As per Responsible Pet Ownership Bylaw 5/2016, all dogs and cats must be on leash at all times.

If you are not following the rules, or the direction of staff and volunteers, you will be asked to leave the site in an effort to distribute items fairly and prevent a person or persons from monopolizing items.

Remember that "First Come, First Served" will not necessarily apply to people looking to pick items up. The Town reserves the right to use discretion to distribute items fairly and will implement a system to do so if necessary.

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NEW DATE 🍃 NEW DATE 🍃 NEW DATE



KIYASOWIN

Warrior Pursuit

KIYASOWIN (CREE WORD FOR RUNNING SWIFTLY)

September 8, 2018

Check in 9:00am | Race start 10:00am

Morinville Community Cultural Centre

Teams: Min. 3/Max 4 Participants

2 COURSES THIS YEAR!

Family Pursuit: (shorter course) \$65 per team

Extreme Pursuit: \$85 per team

Registration open at www.morinville.ca

Participants shirt included!



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2018/2019 Arena & Curling Schedules

Curling Schedule

Registration is Friday, September 14, 2018 at 7 p.m.

Men's	Monday 7:00 p.m.	Thursday 7:00 p.m.
Ladies'	Wednesday 7:00 p.m.	
Mixed	Tuesday 7:00 p.m.	Friday 7:00 p.m.
Seniors'	Thursday 10:00 a.m.	
Stick	Tuesday 10:00 a.m.	

Free Programs

Programs sponsored by:		
Youth Shinny	Mondays	3 – 4:15 p.m.
	Fridays	3 – 4:15 p.m.
Adult Shinny	Fridays	12 – 1 p.m.
Family Skate	Fridays	1:15 – 2:30 p.m.
	Sundays	12:45 – 2:15 p.m.

Ice Rental Rates: Contact Community Services for availability and booking at 780.939.7839.

Bonspiel Dates

For more information or to register, email bonspiels@morinvillecurlingclub.com.

Mixed Doubles	Saturday, November 10 & Sunday November 11
Open Stick	Saturday, November 17 & Sunday, November 18
Seniors'	Saturday, December 1 & Sunday, December 2
Men's	Friday, January 25 to Sunday, January 27
Ladies' (6 end games) Theme TBA	Friday, February 22 & Saturday, February 23
Mixed (6 end games) St. Patrick's Day Theme	Friday, March 15 & Saturday, March 16



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REGISTER NOW

Library Programs

For all library programs contact 780.939.3292 or www.morinvillelibrary.ca.

KIDZ FLICKS

Bring the family to the library to enjoy movies on the big screen! The Morinville Library will be showing popular released family movies every month on PD days. Receive snack and a drink for a small fee. You must be a Morinville Community Library cardholder in good standing in order to participate due to movie licensing constraints. Pre-registration is required for each movie as well as payment for snack option. All movies will be advertised in the library, in the monthly newsletter and on the web site, so stay tuned!

Where: Morinville Community Library
Fee: Movie: Free | Snack & Drink: \$2



LEGO BLOCK PARTY

Use Lego to create the wonderful, wacky and marvelous creations that are only limited by your imagination! All ages welcome! Two sessions available each month. Registration is required as space is limited.

When: 1st Wednesday of each month | 6 - 7 p.m.
Where: Morinville Community Library
Fee: Free for Morinville Community Library cardholders in good standing | \$5 per session for all others
(Lego donations accepted — you never have enough lego!)

MINECRAFT CLUB

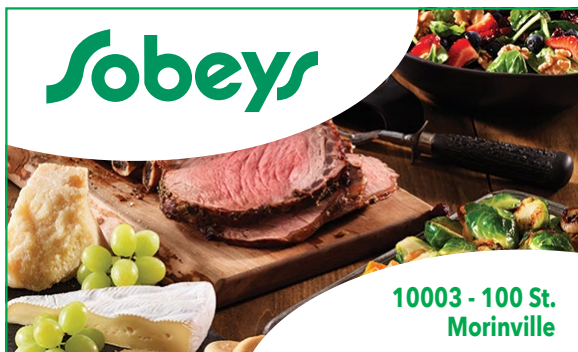
Minecrafters unite at the library for Minecraft Mondays! A fun club for all ages who enjoy the popular computer game. Two sessions per month with a maximum of ten participants per session. You must register in advance and have a library card in good standing to participate.

When: 2nd & 4th Monday of each month | 5:30 - 7:30 p.m.
Where: Morinville Community Library
Fee: Free

GIFT CREATION STATION AND GIFT WRAPPING FUNDRAISER

MCL's gift creation station provides supplies for affordable, last minute gifts of beaded jewelry, custom coaster sets, and gift jars. You can also bring in your pre-bought gifts and packages for high quality wrapping by donation.

When: Saturday December 15 | 12 - 4 p.m.
Where: Morinville Community Library



10003 - 100 St.
Morinville

Local Organization Planned Programs

MORINVILLE ART CLUB & PAINTING CLASSES

Ages 16+

The Morinville Art Club welcomes all levels of experience. Our annual membership includes exclusive art show space with a minimum of two art show and sales per year, discount on art supplies at certain stores, reduced fees for workshops, access to studio time on Tuesdays (a nominal fee for studio time applies). Memberships for 2018 are still available to anyone wishing to be part of the organization, or simply desiring to showcase their work. Our fall registration will take place Tuesday, September 11 at 7 p.m. During our painting classes, the cost of studio time is included, and drop-ins are allowed at the rates listed for each of the classes. Please see page 38 for a complete list of classes, dates & times.

When: Tuesdays September 11 - November 27 | 6 - 10 p.m.
Where: Morinville Community Cultural Centre | 9502 - 100 Ave.
Fee: Nominal studio fee weekly | Cost for classes includes studio fee (see individual classes below)
Contact: For more information contact Rozanna McConnell at 780.916.9975 or email morinvilleartclub18@gmail.com

- ✓ Business Cards
- ✓ Newsletters
- ✓ Books & Reports
- ✓ Billboards & Signs
- ✓ Social Media Banners
- ✓ Posters & Postcards
- ✓ Invitations
- ✓ And MUCH MORE!

mona bouchard | graphic artist
780.721.0794
artsy-b.ca | monab@artsy-b.com

Box 3143 Morinville, AB T8R 1S1
history8@telus.net

**Morinville
Lions Club**
Box 3150
Morinville, AB
T8R 1S1
morinvillelionsclub@hotmail.com
Check us out on Facebook at
Lions Club of Morinville

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Morinville Community Library

Morinville's Multi-media & Information Centre

www.morinvillelibrary.ca

Order books, audiobooks, music, movies and more online, anytime night or day and pick them up at your library or download from the comfort of your home. It's easy! Search over 200 Alberta Libraries in seconds to find the items you want and place your order.

Search or login to TRACpac catalogue



YOUR LIBRARY CARD GIVES YOU ACCESS TO...

- * Books
- * Audio-books
- * Movies (DVDs & BLU-RAYS)
- * Music CDs
- * Magazines
- * Free Ancestry.com Access
- * E-books (Overdrive, 3M) * TumbleBooks
- * Video Games (Wii/PS3 & PS4/Xbox 360 & Xbox one)
- * Databases (Auto Repair, Hobbies & Crafts, etc.)
- * Pronunciator Language Learning Program
- * 2000 + Online Newspapers & Magazines (RB Digital & Press Reader)
- * Online Movies & Music (HOOPLA) *Cypress Resume



You can access these resources by:

- * Visiting the library
- * Using the online catalogue from the comfort of your home
- * Using the mobile app on your iPhone or Android phone & tablet

Can't find it in the library? Order it in by accessing the 200 libraries that you are connected to with your card.

SERVICES

Our other services include:

- * Free Internet Access and Wireless Access
- * Photocopying
- * Printing
- * Scanning & Faxing
- * Book Repair/DVD & CD Cleaning
- * Room & Equipment Booking
- * Birthday Parties
- * Exam Supervision

Access more library items for free, sign up now!



Register online for libraries outside of TRAC (St. Albert & Edmonton)

PROGRAMS FOR ALL AGES

- * Adult Book Club
- * Knit Club
- * Quilting Club
- * Card Making Club & Scrapbook Club
- * Book to Movie Club
- * Adult Learning Circle
- * Minecraft Club
- * Lego Block Party Club
- * Family Movie & Special Movie Presentations
- * Story Time (All Ages) & Mother Goose Program
- * Rhythm & Rhyme & Books for Babies
- * Summer Reading Program (all ages)
- * Winter Reading Program (all ages)
- * And much more...
- * Mom & Me Open Craft
- * Painting Classes
- * Makerspace
- * Animanga
- * Yarn Spinning Club
- * Computer Classes

HOURS:
 Monday - Thursday 10:00 am – 8:00 pm
 Friday 10:00 am – 6:00 pm
 Saturday 10:00 am – 4:00 pm
 Sunday Noon - 4:00 pm

1st Floor, 10125 - 100 Avenue
 Morinville, Alberta
 Tel. (780) 939-3292 Fax (780) 939-2757
www.morinvillelibrary.ca

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Physical Health & Well Being
Encouraging physical growth and independence, gross and fine motor skills and coordination.



Social Competence
Encouraging play well with others, curiosity about the world, respect for adults and other children, behavior and following rules/instructions, independence, self-confidence and eagerness to explore new things.



Emotional Maturity
Encourage age-appropriate emotional understanding, empathy, reflection, controlled actions (thinking before doing).



Language & Thinking
Encouraging reading, writing, and classification of shapes, numbers, colours, sizes and concepts.



Communication Skills & General Knowledge
Encourage open communication of needs and wants in a socially appropriate way, storytelling and an appropriate awareness of the outside world.

Early Childhood Programs

Community Service Programs

For more information on Community Services Programs contact 780.939.7839 or to register go to <https://community.morinville.ca>.

Family and Community Support Service Programs

MONDAY PLAY TO STAY



Ages 2.5 - 5

Learning through play is the fun way to learn! This program provides an opportunity for your child to develop their creativity, imagination and self-expression through crafts, active games, painting and stories in a weekly themed playschool setting. Class will be limited to 16 participants.

When: Mondays September 17 - November 26 | 9 - 11 a.m.
(No classes October 8 & November 12)

Where: Morinville Community Cultural Centre

Instructor: Marie Hurtubise & Jennifer Berry

Fee: \$108/child

TUESDAY PLAY TO STAY



Ages 2.5 - 5

Learning through play is the fun way to learn! This program provides an opportunity for your child to develop their creativity, imagination and self-expression through crafts, active games, painting and stories in a weekly themed playschool setting. Class will be limited to 16 participants.

When: Tuesdays September 18 - November 27 | 9 - 11 a.m.

Where: Morinville Community Cultural Centre

Instructor: Marie Hurtubise & Jennifer Berry

Fee: \$132/child

MUNCH AND MOVE



Ages 2.5 - 5

This program is designed around the importance of healthy eating and getting active in a playschool setting. From wacky workouts, fun in motion, active play and creating their own healthy snack, this program is designed for the active preschooler.

When: Thursdays September 20 - November 29 | 9 - 11 a.m.

Where: Morinville Community Cultural Centre

Instructor: Marie Hurtubise & Jennifer Berry

Fee: \$132/child

HALLOWEEN SPOOKTACULAR

Halloween Spooktacular
Wednesday, October 31, 2018
*pre-registration is required

Crafts
Games of Challenge
Costume Trick or Treat Parade

This is an intergenerational program with children 3 to 5 years old and our seniors. All children must be accompanied by an adult.

Time: 9 a.m. to 11 a.m.
Location: Aspen House 9706-100 Avenue
Cost: Free - Registration is limited to 15 participants

For more information or to register, please contact Community Services at 780.939.7839.

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SANTA WORKSHOP

Ages 3 - 6

Your child will feel the holiday spirit as they build special gifts for the people most important to them... YOU! Remember parents, no peeking when they bring their carefully wrapped presents home.

When: Tuesday December 4 | 9 - 11 a.m.
Where: Morinville Community Cultural Centre
Instructor: Marie Hurtubise & Jennifer Berry
Fee: \$20/child



PRESCHOOL PANTRY — CHRISTMAS TREATS

Ages 3 - 6

Decorate your Christmas treats and get to sample what you created — a great start to the Christmas sweet season. Each child needs a container to bring some of their creations home to share.

When: Thursday December 6 | 9 - 11 a.m.
Where: Morinville Community Cultural Centre
Instructor: Marie Hurtubise & Jennifer Berry
Fee: \$20/child



Sport & Recreation Programs

MORINVILLE RINGETTE

Ages 4+

A Canadian sport emphasizing teamwork, skating and passing. This program is open to girls and boys interested in learning how to skate, learn a finesse filled sport, and, most importantly, have fun! This is a great opportunity for children to play a team sport on ice with their friends within their community. The ringette program will introduce the fundamentals which emphasizes skating, passing, teamwork and fun. Full hockey equipment is necessary (ringette pants optional), and a ringette mask and stick are mandatory. Must be 4 years of age by December 31, 2018. No prior experience is necessary, if you have any questions, contact Andre 780.887.6847.

When: Saturdays starting September 31
9:45 - 10:45 a.m. or 10:45 - 11:45 a.m.
Where: Ray McDonald Sports Center
Fee: \$260/child

Library Programs

For all library programs contact 780.939.3292 or www.morinvillelibrary.ca.

COZY CORNER STORIES

All Ages

Cozy Corner Stories builds a child's interest in books as well as their listening skills. The library partners with ACFA (Alberta Canadian Francophone Association) to offer the program in English and French.

When: Thursdays | 10:30 - 11 a.m.
Where: Morinville Community Library
Fee: Free

MOM & ME OPEN CRAFT TIME

Drop by the library on Thursday mornings for Mom & Me Open Craft Time in the program room. Craft supplies will be ready for you and your little one to be creative together. Join in the Cozy Corner Stories first at 10:30 a.m., and then have a fun craft time together.

When: Thursdays | 11 - 11:30 a.m.
Where: Morinville Community Library
Fee: Free



Local Organization Planned Programs

Parent-Child Mother Goose Program®

The Parent-Child Mother Goose Program is a FREE 10 week group experience for parents/caregivers and their babies or young children (birth-eighteen months). It focuses on the pleasure and power of using songs, rhymes and oral stories.

Where: Morinville Community Library
When: Tuesdays
Oct. 2nd—Dec. 11th, 2018
* No Class November 20th *
Time: 10:00-11:00
Register by: September 21st, 2018



To register for the FREE program contact
The Gibbons Family Resource Centre
at (780) 923-2374 or e-mail office@gibbonsfrc.ca



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For more information on Community Services Programs contact 780.939.7839 or to register go to <https://community.morinville.ca>.

Family and Community Support Service Programs

MORINVILLE YOUTH JR. CLUB

Grades 3 - 5

This is an after school program for different activities each Monday. We will be dabbling in cooking (healthy afterschool snacks), sports (noncompetitive), challenges and other activities within the youth centre. Here is your chance to be part of the youth centre, but specific to your age group.

When: Mondays September 10 - November 26 | 3 - 5:30 p.m.
(excluding October 8 and November 12)

Where: Morinville Community Cultural Centre

Instructor: FCSS Youth Workers


Fee: No charge, but pre-registration is required due to registration restriction



M.Y. LOFT — YOUTH CENTRE

Grades 6+

M.Y. Loft is a year round drop in program offering homework help as well as video and board games, computers, a pool and foosball table, and free wifi. We are also offering extended hours on Wednesdays.



FALL HOURS
Morinville Community Cultural Centre
9502-100 Ave
GRADES 6+

Effective September 11 to November 29
For more information, please contact Community Services at 780.939.7839.



Tuesdays
2:30 – 5:30 PM

Wednesdays
2:30 – 8 PM

Thursdays
2:30 – 5:30 PM

My Loft
is a drop-in program that hosts a variety of programs throughout the open hours.

Come in & Check us out!

 www.morinville.ca


MORINVILLE YOUTH LEADERSHIP PROGRAM

Grades 7+

Morinville Youth Leadership is an outstanding group of youth who are interested in becoming leaders in our community. Members attend bi-weekly meetings, plan activities/events for youth, and do volunteer work in our community. Applications for the program are available at Community Services or online at www.morinville.ca. All applications must be handed in before the first meeting of the year. For more information contact Community Services at 780.939.7839.

When: First Meeting October 17 | 6 - 7:30 p.m.

Where: Morinville Community Cultural Centre

Instructor: Youth Worker

Fee: Free

EDMONTON CORN MAZE

Grades 3 - 5

Join the youth workers on our annual trip with the Jr. Club to the Edmonton Corn Maze. Bring a flashlight, jacket, water bottle and closed toe shoes. Maximum of 20 participants so register early

When: Monday October 15 | 4 - 8 p.m.

Where: Morinville Community Cultural Centre — pick up & drop off

Instructor: FCSS Youth Workers

Fee: \$25/youth
includes a campfire supper



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EDMONTON CORN MAZE

Grades 6 - 12

Join the youth workers on our 8th annual trip to the Edmonton Corn Maze. Bring a flashlight, jacket, water bottle and closed toe shoes. This trip fills up quickly so register early! Maximum of 20 participants so register early.

When: Thursday October 18 | 4 - 8:30 p.m.

Where: Morinville Community Cultural Centre — pick up & drop off

Instructor: FCSS Youth Workers

Fee: \$25/youth | includes a campfire supper

G.I.R.L.S. [Girls in Real Life Situations]

Grades 2 - 4

In today's society, girls are often forced to grow up too quickly. Unfortunately girls often begin struggling with issues relating to self-esteem, friendship, decision making, and isolation beginning in elementary schools. G.I.R.L.S. is a proactive group counselling curriculum designed to give girls an opportunity to feel empowered, gain self-awareness, develop positive coping mechanisms, improve daily problem solving, feel connected with other girls, and make healthy decisions as they grow. This class will include activities appropriate for girls in elementary school grades.

When: Wednesdays October 10 - November 14 | 6 - 7:30 p.m.
(excluding October 31)

Where: Morinville Community Cultural Centre

Instructor: Rebecca Balanko

Fee: \$50/youth

B.O.Y.S. [Boys Owning Your Situations]

Grades 2 - 4

During the group, your son is encouraged to talk about life issues and struggles as they openly discuss important topics in a safe environment. Our goal is to have our B.O.Y.S. gain self-awareness, improve personal relationships, develop coping strategies, and make healthier decisions. Much like the very successful G.I.R.L.S. groups, B.O.Y.S. is geared towards the daily lives of our young men. The participants in this session will further their growth in personal empowerment and problem solving.

When: Thursdays October 11 - November 8 | 6 - 7:30 p.m.

Where: Morinville Community Cultural Centre

Instructor: Rebecca Balanko

Fee: \$50/youth

HOME ALONE & FIRST AID

Ages 8 - 12

A combination of Home Alone Course and Emergency First Aid, this fun and active course helps prepare kids to be at home alone and how to respond to medical emergencies. Bring your lunch and a water bottle for this program.

When: Friday November 9 | 9:30 a.m. - 2:30 p.m.

Where: Morinville Community Cultural Centre

Instructor: Terri-Lee (Chooch) Maenhout

Fee: \$40/youth

BABYSITTER TRAINING

Ages 11 - 14

This course is designed to increase confidence and provide the hands-on experience and skills needed to be a great babysitter. A certificate is provided upon completion. Please bring your water bottle, lunch, doll and a diaper for this program.

When: Friday November 23 | 9:30 a.m. - 3:30 p.m.

Where: Morinville Community Cultural Centre

Instructor: Terri-Lee (Chooch) Maenhout

Fee: \$50/youth



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Skate Morinville Club

We are excited to offer these sessions:
PreCanskate • Canskate • Learn to Figure Skate • StarSkate

PreCanskate

TUESDAYS

5:15 - 5:45 or 5:45 - 6:15

Canskate

TUESDAYS

5:15 - 6:00 or 6:00 - 6:45

Learn to Figure Skate & Starskate

TUESDAYS

4:15 - 5:15

7 Week Programs Starting:

September 18 - October 30, 2018

November 6 - December 18, 2018

January 8 - February 19, 2019

PreCanskate/Canskate

\$135 plus Skate Canada Membership Fee

Learn to Figure Skate/Starskate

\$179 plus Skate Canada Membership Fee

Excellent starting point for figure skating, hockey, ringette, speed skating, or an interest in acquiring basic skating skills.

REGISTRATION DAY

Wednesday August 29, 2018

Ray McDonald Sports Center

5:30 - 8:30 p.m.

COME SKATE WITH US!



For further information and registration forms, check out our webpage:

www.skatemorinville.wixsite.com/skatemorinvilleclub

Email us: **skatemorinville@shaw.ca**

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CARDIO KICKBOXING

Ages 14+

This energetic program is inspired by Mixed Martial Arts drawing from a wide array of disciplines such as karate, kickboxing and Muay Thai. If you want to learn basic striking techniques while punching, kicking, and increasing your cardio fitness, this program is for you.

When: Thursdays September 27 - November 29 | 6 - 7 p.m.
Where: Ray McDonald Sports Center | Recreation Room
Instructor: True Resilience Training Systems
Fee: \$50/youth (Register at Hayabusa Training Centre)

HAYABUSA TRAINING CENTRE BRAZILIAN JIU-JITSU KIDS PROGRAM

Ages 5 - 9 & 10 - 15

Hayabusa BJJ classes are run by a Brazilian Jiu-Jitsu Black Belt and follow the curriculum of World BJJ Champion Robert Drysdale. Classes include a warm up, instruction, technique and rolling (ground sparring). Students wear a BJJ Kimono/Gi (uniform) and a coloured belt that signifies their ground positions and submissions. Personal hygiene, respect and safety for others are all requirements. As students advance, they have the opportunity to compete in tournaments to test their skill. Tournaments vary from local to international, which we often travel as a group. Opportunities are also available for students to attend training camps abroad which in the past have taken place in Las Vegas & Brazil. Grading and belt testing take place three to four times a year.

When: Wednesdays September 5 - October 24
5-9 yr olds 5 - 5:45 p.m. | 10-15 yr olds 5:45 - 6:45 p.m.
Where: Ray McDonald Sports Center | Recreation Room
Instructors: Hayabusa Instructor
Fee: \$199/child | Gi included

YOUTH FAMIL DAY CLASSIC 3 ON 3 POND HOCKEY TOURNAMENT

Ages 7 - 9 & 10 - 12

Join the fun in the Third Annual Family Day Classic Three-on-Three Pond Hockey Tournament with prizes to be won. Full equipment required and no goalies, you need a minimum of three to a maximum of five players per team.

When: Monday February 18 | starting at 10 a.m.
Where: Heritage Lake
Instructors: Recreation Program Leader
Fee: \$50/team

YOUTH SHINNY HOCKEY

Ages 8 - 17

Grab your stick, skates and helmet and join your friends at the arena for some fun recreational hockey.

When: Mondays & Fridays starting September 13 | 3 - 4:15 p.m.
Where: Ray McDonald Sports Center
Fee: Sponsored by Remax

HOCKEY SKILLS & DRILLS

Ages 8 - 11

This program will enhance every player's personal ability on the ice, developing proper skating, stick handling and shooting techniques. Join us for this 10 week program that will give your child the edge on the ice. Full hockey equipment required.

When: Wednesdays October 3 - December 12 | 4:30 - 5:30 p.m.
Where: Ray McDonald Sports Center
Instructor: Recreation Program Leader
Fee: \$75/youth

Sponsored by
RE/MAX

MORINVILLE MAVERICKS FUN TEAM HOCKEY

Ages 6 - 17

Fun Hockey gives players an opportunity to play Canada's game in a non-competitive environment that will develop their hockey skills, confidence and knowledge of the game while making new friends.

When: Sundays September 3 - March 11
8:15 - 9:15 a.m. or 10:15 - 11:15 a.m.
Where: Ray McDonald Sports Center
Fee: \$260/youth

MORINVILLE RINGETTE

Ages 6+

A Canadian sport emphasizing teamwork, skating and passing. This program is open to girls and boys interested in learning how to skate, learn a finesse filled sport and most importantly have fun. This is a great opportunity for children to play a team sport on ice with their friends within the community. Full hockey equipment is necessary (ringette pants optional), and a ringette mask and stick are mandatory. No prior experience is necessary.

When: Saturdays starting September 31
9:45 - 10:45 a.m. or 10:45 - 11:45 a.m.
Where: Ray McDonald Sports Center
Fee: \$260/youth

Library Programs

For all library programs contact 780.939.3292 or www.morinvillelibrary.ca.

ARTASTIC FOR KIDS — LEARN THE BASICS PAINTING CLASS

Ages 7-15

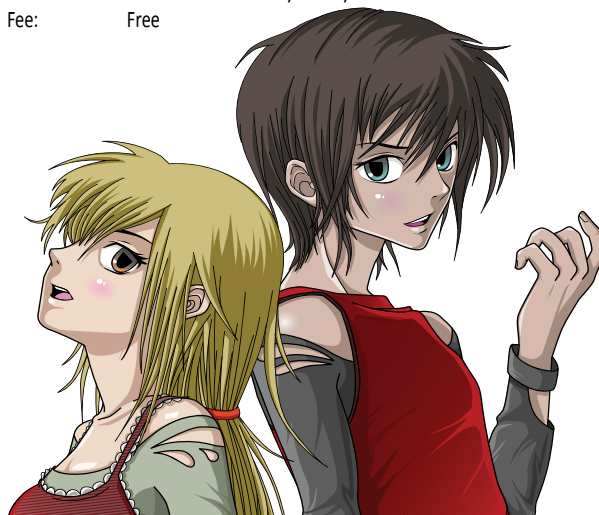
IMAGINE and Create Series. Calling all the young artists — come join in the fun at the ARTASTIC for kids. Students will be learning the basics of drawing, painting and mixing colours. Create a small personalized expressive artwork to take home each session. Registration is required.

When: Tuesdays (TBA) | 4 - 5:30 p.m.
Where: Morinville Community Library
Fee: \$15/class

ANIMANGA

Share your passion for all things Anime and Manga. Explore the past, present and future of the genre with movie screenings, discussions and contests!

When: 2nd and 4th Thursdays | 6 - 8 p.m.
Where: Morinville Community Library
Fee: Free



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Local Organization Planned Programs

YOUNG NATURALIST CLUB — EXPLORING NATURE TOGETHER

Ages 5 - 10

Discovering nature first hand is the core purpose of the Young Naturalist Club. Aimed primarily at children five to ten years old, YNC leaders organize activities which are family-oriented participatory programs, using the expertise of local resource people. Pond dipping, bird walks, and various other nature outings are some of the more popular field trips that YNC clubs organize. Like us on Facebook at Morinville Area Young Naturalists Club.

When: Monthly adventures are planned but contact Leanne ahead of meeting

Where: Morinville Fish & Game Club House

Fee: \$15.75 annual family membership

Contact: Leanne — Club Leader 780.939.2542 or morinvilleync@gmail.com

KARATE LESSONS — YOUTH

Our locally owned school will teach you Traditional Okinawan Karate which promotes flexibility, conditioning, self-confidence and discipline. Contact us for a FREE trial class or for more information.

When: Monday & Thursday evenings, Saturday mornings

Where: Rooke School of Karate

Instructor: Sensei Steve Rooke

Register: Contact 780.939.2270 or info@rookekarate.com

ZUMBA — KIDS

Zumba classes with Ralayne and Kayla.

Note: for adults Zumba see the adult section (p.37).

When: Saturdays
10 - 10:30 a.m.

Where: Morinville
Public School




Fee: Please contact us
for fees and info

Contact: Ralayne at 780.919.4437
or ralaynegood@me.com



Rooke School of
Karate

CHILD(4-5), YOUTH(6-12), Teen & Adult Instruction
Ladies Self Defence, Weapons Training & Facility Rental Available

FLEXIBILITY SELF CONFIDENCE & DISCIPLINE CONDITIONING

Instructed by Sensei Steve Rooke
Ph: 939-2270 for a FREE Trial Class
www.rookekarate.com
Located Above DC Auto/Trans 10301-100 ave Morinville, AB

Morinville Youth Basketball Association

We welcome all youth of any skill level to play in our 2017/18 season, which runs from mid-September to March.

Our teams practice once per week in Morinville, and all levels above Mites play weekly games in the Edmonton area, competing within the Edmonton Youth Basketball Association.

We offer boys and girls teams in the following age categories:

Mite (born 2009-11)	\$150
Mini (born 2007-08)	\$240
Bantam (born 2005-06)	\$295
Midget (born 2003-04)	\$295
Juvenile (born 2000-02)	\$200

Register before September 9th

For registration or more information, contact James Bedford: 780-217-3717
sabretoothsbasketball@gmail.com
www.morinvilleyouthbasketball.com



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ADULT PROGRAMS

Community Service Programs

For more information on Community Services Programs contact 780.939.7839 or to register go to <https://community.morinville.ca>.

Art & Cultural Programs

THE GREAT CANADIAN SONGBOOK

The Great Canadian Songbook is a show that highlights some of the greatest Canadian songs of the past and present taking audiences on a musical journey from Bonavista to Vancouver Island! Performers Ken Lavigne, Tiller's Folly and Diyet feature the music of Leonard Cohen, Stan Rogers, Joni Mitchell, Neil Young, Buffy St. Marie, Anne Murray & Stompin' Tom Connors, in addition to contemporary artists, including the Bare Naked Ladies, Blue Rodeo and original songs by the Great Canadian Songbook Performers.

When: Saturday November 10 | Performance 7:30 p.m.

Where: Morinville Community Cultural Centre

Tickets: \$45/adult | \$35/senior



Family and Community Support Service Programs

INFORMATION & REFERRALS

FCSS provides referrals to individuals and families in need. If you are requiring a referral to local support programs or need assistance in finding the right supports for yourself or your family, contact 780.393.7833.

BACK TO SCHOOL SUPPLIES

Many families within our community struggle to meet the basic school supply list for their children. Please donate to the back to school supply program at Community Services FCSS. Help us send the students back to school with the tools they need to be successful this year. If you are a parent requiring assistance with the basic school supply list, contact Melonie at 780.939.7833.

When: Donation Drop Off | August 21 - 28

Supplies Pick Up | August 29 - 31 (while supplies last)

Where: Morinville Community Cultural Centre

Active Living Fair
in our community
September 6, 2018

Morinville FCSS is hosting an **Active Living Fair** on Thursday, September 6, 2018. The event will showcase the spirit of our community including local organizations, community groups, agencies, and businesses that provide services within our community.

Registration, volunteer opportunities, and information will be available at the booths.

Morinville
Growing Together

Cost: FREE
Time: 5:00 to 8:00 p.m.
Location: Morinville Community Cultural Centre (9502-100 Ave)

www.morinville.ca
f t y

For more information, contact Morinville FCSS at 780.939.7833 or visit www.morinville.ca.

WECAN FOOD BASKET PROGRAM

A not for profit organization that believes everyone has a right to purchase fresh fruit and vegetables and freshly frozen meat at an affordable price. We are able to do this because food is purchased in a bulk buying program — the more people purchase the better prices can be negotiated. As our buyer negotiates the prices with Grocery People Warehouse we receive what they are best able to purchase.

Cost: Full order: \$25 | includes 3 meats, 3 vegetables & 3 fruits

Meat only: \$15 | includes 3 meats

Vegetables & Fruit: \$10 | includes 3 vegetables & 3 fruits

April 1, 2018 - March 31, 2019 | \$5 membership fee

You can also pick any combination that best suits your family's needs.

When: The program is designed for ordering by the first Friday of each month and picking up on the third Thursday of each month.

Orders can be dropped off in cash/cheque (WeCan Food Basket Society)

Pick up orders between Noon and 6 p.m.

Where: Morinville Community Cultural Centre

Contact: Jennifer Berry | Jennifer.Berry@morinville.ca



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MY LIFE IS NOT THE SAME — BEREAVEMENT SUPPORT GROUP

This includes grief, loss of people, health and freedom to enjoy (still in disease mode), and relationship changes with a person in treatment (mobility, impact to body, and their family and friends).

When: Mondays September 10, October 22, November 19, and December 17 | 7 - 8 p.m.

Where: Morinville Community Cultural Centre | Meeting Room 2

Facilitator: Holly Rogochewsky

Fee: Free

COATS FOR OUR COMMUNITY

Each year a number of our families go without proper winter clothing. This is our opportunity to donate or receive warm winter clothing this year. Gently used jackets, mitts, hats, and snow pants all greatly appreciated in all sizing.

When: Clothing Drop Off at Community Services | October 1 - 15 Coat Depot | October 18 & 19 | 1 - 5 p.m.

(no appointment necessary — first come first serve basis)

Where: Morinville Community Cultural Centre | Meeting Room 5

Fee: Free

MORINVILLE VOLUNTEERS



The work of volunteers is essential to maintaining healthy and dynamic communities. Volunteers have a passion for getting involved, they take action in supporting organizations and events that are important to them and they make an impact in communities. The real value of volunteerism is the impact made on the mission of the organization or the outcome of the event, the community and the passionate engagement volunteers feel when they are involved in their communities.

Morinville Volunteers will act as a vital link between groups and organizations that need and/or have volunteer opportunities.

If you would like to volunteer please email your inquiry to mdziwenka@morinville.ca and your email will be passed along to groups and organizations looking for volunteers that match your interests.

VOLUNTEER WORKSHOP — ROLES & RESPONSIBILITIES

Explore what all boards have in common. Learn more about unique responsibilities and expectations of each board member position. Board job descriptions will be provided.

When: Thursday October 11 | 6:30 - 8 p.m.

Where: Morinville Community Cultural Centre

Instructor: Heather Nickel

Fee: Free



LIFE MATTERS!

Are you struggling?
Need Someone to talk to?

Help lines and your local FCSS are here to assist

Morinville Family and Community Support Services (FCSS)

9502 - 100 Ave.

located in the Morinville Community Cultural Centre

780.939.7833

mdziwenka@morinville.ca

morinville.ca

search for Family and Community Support Services



Growing Together

www.morinville.ca



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Sport & Recreation Programs

ADULT RECREATIONAL BASKETBALL

Join your friends on the court or bring a team for recreational basketball. This is a great way to stay active and meet new people. All you need is a clean pair of indoor shoes.

- When: Sundays September 16 - April 29 | 7 - 9 p.m.
(excluding October 7, November 11, December 23 & 30, February 17, March 24 & 31)
- Where: Morinville Community High School
- Contact: James Bedford
- Fee: \$35/16 - 17 year old or \$3 drop in
\$55/18+ or \$7 drop in



ADULT RECREATIONAL BADMINTON

Join your friends on the court or bring a team for recreational badminton. This is a great way to stay active and meet new people. All you need is a clean pair of indoor shoes and a badminton racket.

- When: Mondays October 15 - April 22 | 7 - 9 p.m.
(excluding December 24 & 31, February 18, March 25, April 1)
- Where: Morinville Public School
- Contact: Guy Maltais
- Fee: \$40/14 - 17 year old or \$5 drop in
\$60/18+ or \$7 drop in



ADULT RECREATIONAL VOLLEYBALL

Join your friends on the court or bring a team for recreational volleyball. This is a great way to stay active and meet new people. All you need is a clean pair of indoor shoes.

- When: Wednesdays October 2 - April 24 | 7 - 9 p.m.
(excluding December 18 & 25, January 1 & 29, March 25)
- Where: TBA
- Contact: Scott Short
- Fee: \$35/16 - 17 year old or \$3 drop in
\$55/18+ or \$7 drop in



ADULT NOON SHINNY

Grab your stick, skates and helmet and join your friends at the arena for some fun recreational hockey.

- When: Fridays starting September 14 | 12 - 1 p.m.
- Where: Ray McDonald Sports Center
- Fee: Sponsored by Remax

ADULT FULL EQUIPMENT REC HOCKEY

Miss playing hockey, but can't commit to a team? Join the full equipment recreational adult hockey program every Sunday evening and get back to the sport you love!

- When: Sundays October 14 - February 24 | 10 - 11 p.m.
- Where: Ray McDonald Sports Center
- Contact: Scott Short
- Fee: \$140/adult or \$20 drop in

Ray McDonald Sports Center



2018/2019
Arena & Curling Schedules

Curling Schedule		
Registration is Friday, September 14, 2018 at 7 p.m.		
Men's	Monday 7:00 p.m.	Thursday 7:00 p.m.
Ladies'	Wednesday 7:00 p.m.	
Mixed	Tuesday 7:00 p.m.	Friday 7:00 p.m.
Seniors'	Thursday 10:00 a.m.	
Stick	Tuesday 10:00 a.m.	

Free Programs	
Programs sponsored by:	RE/MAX
Youth Shinny	Mondays 3 - 4:15 p.m. Fridays 3 - 4:15 p.m.
Adult Shinny	Fridays 12 - 1 p.m.
Family Skate	Fridays 1:15 - 2:30 p.m. Sundays 12:45 - 2:15 p.m.
Ice Rental Rates: Contact Community Services for availability and booking at 780.939.7839.	

Bonspiel Dates	
For more information or to register, email bonspiels@morinvillecurlingclub.com .	
Mixed Doubles	Saturday, November 10 & Sunday November 11
Open Stick	Saturday, November 17 & Sunday, November 18
Seniors'	Saturday, December 1 & Sunday, December 2
Men's	Friday, January 25 to Sunday, January 27
Ladies' (6 end games) Theme TBA	Friday, February 22 & Saturday, February 23
Mixed (6 end games) St. Patrick's Day Theme	Friday, March 15 & Saturday, March 16



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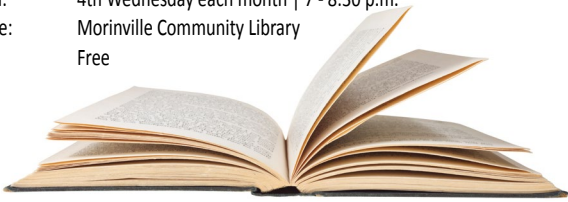
Library Programs

For all library programs contact 780.939.3292 or www.morinvillelibrary.ca.

BETWEEN THE COVERS BOOK CLUB

Come enjoy stimulating discussions with coffee and snacks. Book choices are made by the book club participants and are provided by the Library. It's so easy to join — all you need is a library card!

When: 4th Wednesday each month | 7 - 8:30 p.m.
Where: Morinville Community Library
Fee: Free



BOOK TO MOVIE CLUB

Read the book, watch the movie, discuss! Our new book to movie club is a discussion group of new release movies based on our favourite books. Take advantage of discounted tickets for Landmark Cinemas in St. Albert — now available at the library.

When: October 6 | Little Women
November 17 | The Nutcracker (and the four realms)
Where: Morinville Community Library
Fee: Free

ADULT LEARNING CIRCLE

Using educational programming and experts, we will uncover the facts to engage in meaningful and respectful discussion on topics such as cannabis legislation, ecological awareness, indigenous history and reconciliation, LGBTQ2S & facts, mental health misconceptions and many others.

When: Watch our website & social media pages for dates & topics
Where: Morinville Community Library
Fee: Free

KNIT WITS

Bring some knitting needles, yarn or your crochet supplies and spend the evening with the Knit Wits. If you are a newbie and don't know the meaning of knit or purl, other members will be there to help. If you're already a pro, come share your expertise. The coffee will be ready and it is all FREE! So tell your friends, and let's put our wits together.

When: 2nd & 4th Tuesday each month | 6:30 - 8 p.m.
Where: Morinville Community Library
Fee: Free

LOOSE THREADS

Do you enjoy quilting? Can you sew a straight line? Bust into that fabric stash and be inspired. Come join our quilting club. Bring your new or unfinished projects and meet fellow quilters in the community. Share your quilting stories and talents with other members. Check out the many quilting resources available. Charity and fundraising opportunities are also available. It will be SEW MUCH FUN!

When: 1st & 3rd Monday each month | 6 - 9 p.m.
Where: Morinville Community Library
Fee: Free

THE SPINNING YARNS

Pick up your wheel and roll on over to the library. Come join the Spinning Yarns and share your experience and talent with other fiber artists. Sit by the fireplace and enjoy a hot drink while spinning yarns.

When: 1st & 3rd Tuesday each month | 6:30 - 8 p.m.
Where: Morinville Community Library
Fee: Free

SCRAP THAT CARD!

Learn how to create handmade cards for your family and friends with two new projects each month. All of the supplies are cut and prepared for you. Join for some fun and make new friends. Must register and pay in advance each month.

When: 1st Thursday each month | 6:30 - 8 p.m.
Where: Morinville Community Library
Fee: \$5/adult for supplies

SCRAP THAT PAGE!

Learn how to create awesome scrapbook pages for all your great photos, with two pages each month! All of the supplies are cut and prepared for you. Join for some fun and make new friends. Must register and pay in advance each month.

When: 3rd Wednesday each month | 6:30 - 8 p.m.
Where: Morinville Community Library
Fee: \$10/adult for supplies

MONAVILLE LISA ADULT PAINTING CLASS

IMAGINE and Create Series. Indulge your imagination at the library by learning how to paint with acrylics. Get helpful techniques and tips from two passionate, professional artists and spend time with other creative types. 3 sessions (2 classes each) will be available to pick from. Cost includes all supplies. Registration is required as space is limited.

When: Mondays | 6:30 - 8:30 p.m.
Where: Morinville Community Library
Fee: \$60/session (2 classes) or \$210/4 sessions (6 classes)



OCTOBER LIBRARY MONTH

Come and celebrate with the library "October Library Month."

October 13 & 14 | Comic Weekend: we're bringing in special guests, anime screenings, and a costume making workshop.

October 20 & 21 | Writer's Weekend: love to write? This weekend will be full of poetry, prose, local authors and contests.

October 27 & 28 | Tech Weekend: get creative with a 3D printer and join Kids Learning Code as they guide you through photo editing with PIXLR

When: watch our website and social media pages for more details
Where: Morinville Community Library

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Musée Morinville Museum

For information regarding the Museum programs located at 10010 - 101 Street, contact 780.572.5585 or email morinvillemuseum@shaw.ca.

VETERANS WEEK

The Musée Morinville Museum will pay tribute to our local service men and women during Veterans Week. Displays will include photographs, posters, and artifacts.

When: Wednesday - Saturday November 5 - 12 | 12 - 5 p.m.

Fee: Free

AN OLD FASHIONED CHRISTMAS

The Musée Morinville Museum invites you to visit an Old Fashioned Christmas. Display will include antique furniture, toys and artifacts.

When: Wednesdays - Saturdays November 25 - January 4
12 - 5 p.m.

Fee: Free



Hours of Operation
Tuesday & Thursday
12 - 2 p.m.

Food Hamper Program



Food donations accepted

Location:
9916 - 104 Street

For information call:
780.939.2636



PH: 780-939-2001
FAX: 780-939-6105
9702 - 100 Street,
Morinville, AB T8R 1G3

Real Estate | Wills & Estates | Family Law | Corporate

www.putnamlawson.com

Midstream Support Society



Who we are:

Established in 1995, the Midstream Support Society was incorporated with the mandate to "foster independence, self-sufficiency, and resource recognition in those fellow community members typically defined as financially or physically under-advantaged." We are a volunteer-driven, non-profit organization.

What we do:

- ☼ Midstream Thrift Store
- ☼ Santa Store
- ☼ Family Christmas Party & Feast
- ☼ Christmas Hampers - A collaboration with the Morinville Knights of Columbus
- ☼ Help families in need
- ☼ Community Support

Hours of operation:

Monday - Friday
9:30 a.m. - 3:00 p.m.

9922 - 101 Street,
Morinville
780-939-3953

Domestic Violence

Violent, coercive, forceful, threatening and/or abusive acts or words inflicted by family members to exert power and control over another family member can constitute domestic violence.

get support
be a support
587.879.6125
outreach program
www.jessicamartelmemoiralfoundation.com



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Local Organization

REGISTER NOW



Local Organization Planned Programs

AL-ANON

Al-Anon is a self-help recovery program for people who believe their lives may have been affected by someone else's drinking. We come together to find help and support in dealing with the effects of alcoholism on our lives. The single purpose of these programs is to help families and friends of alcoholics, whether the alcoholic is drinking or not.

When: Thursdays | 8 p.m.
Where: Baptist Church | 431 Grandin Drive
Contact: edmontonalanon@gmail.com for information regarding meeting

ALCOHOLICS ANONYMOUS — MORINVILLE BY THE BOOK

When: Tuesdays | 7:30 - 8:30 p.m.
Where: Knights of Columbus (upstairs Fable Gardens Hall)
10010 - 101 Avenue
Contact: AA Central 780.424.5900 for information on other meetings held in Morinville

BINGO NIGHTS

If you are feeling lucky then join us every Thursday evening from September thru June for our fun-filled bingo nights. The fun starts at 7:15 p.m. sharp and we have a concession with your favourite hot dogs and hamburgers.

When: Tuesdays | 7 - 9 p.m.
Where: Royal Canadian Legion Branch 176
Contact: rcl176@telus.net

CAVIAR PLAYERS

Watch for information on our spring production coming soon, or contact Brady Hughes at bchughes@telus.net

EMPOWERING YOUR INTUITION AND SOUL

This group is for like-minded women to share in the journey of awakening your true authentic self. Holding space for each to share, learn and grow in love and light. Together we will explore the many modalities to our inner wisdom of mind, body and soul.

When: Every other Wednesday
Where: Morinville Community Cultural Centre
Fee: \$20/night
Contact: Christine Kowalyshyn for schedule
empoweringyourintuitionandsoul@outlook.com



SERVICE ABOVE SELF



Rotary

Rotary Club of Morinville
Club 31669 District 5370

Meetings Wednesday at 7:15 am at
Morinville Community Cultural Centre
www.morinvillerotary.com

Contact us at mail.morinvillerotary@gmail.com
Box 3238 Morinville, AB T8R 1S1

FIT GIRL

Physical activity is an integral part of personal wellness. Fit Girl Athletics offers Personal Training, Semi Private Training, Group Fitness Class and Nutrition Coaching. Finding a program to suit your lifestyle and schedule has never been so easy. Owner/operator Michelle Logan combines her knowledge and experience to develop a program to suit your current fitness level as well as challenge and support you along the way. Train one on one or in a group to achieve your fitness goals. For more information, call 780.918.4973, email michelle@fitgirl.ca, or visit www.fitgirl.ca.

DAY	TIME	CLASS
MONDAY	5:45 - 6:30 a.m.	Everybody Bootcamp
	6:30 - 7:30 p.m.	Fit Start
	6:30 - 8 p.m.	A New You Semi-Private Personal Training
TUESDAY	9 - 9:45 a.m.	Silver Sneakers
	10 - 11 a.m.	Supermom
	6:30 - 7 p.m.	Fit Express Step Aerobics
WEDNESDAY	7:05 - 7:35 p.m.	Fit Express Strength & Power
	7:40 - 8:10 p.m.	Fit Express Core and More
	5:45 - 6:30 a.m.	Everybody Bootcamp
THURSDAY	9 - 9:45 a.m.	Silver Circuit
	10 - 11 a.m.	Mom 'n Tot Circuit
	6:30 - 7:30 p.m.	Circuit Variety
FRIDAY	5:45 - 6:30 a.m.	Everybody Bootcamp

Fit Girl Athletics
www.fitgirl.ca 780.918.4973

Owned and Operated in Morinville!

COMMIT TO BE FIT

- **Group Fitness Classes**
Bootcamp, Older Adult, Mom 'n Tot, Step Aerobics, Low impact, Circuit, Strength Training
- **Personal Training**
One on one or small group
- **Nutrition Coaching**
Meal preparation

Call or visit website for details

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◀ REGISTER NOW ▶

KARATE LESSONS — TEEN/ADULT

Our locally owned school will teach you Traditional Okinawan Karate which promotes flexibility, conditioning, self-confidence and discipline. Contact us for a FREE trial class or for more information.

When: Monday & Thursday evenings,
Saturday mornings

Where: Rooke School of Karate

Instructor: Sensei Steve Rooke

Register: Contact 780.939.2270 or info@rookekarate.com



ZUMBA

Year round classes with Ralayne and Kayla.

Register: Contact Ralayne at ralaynegood@me.com

Zumba Classes with Ralayne and Kayla

\$110 for a 10 class punch pass or \$15 drop in

Classes year round: Tues & Thurs 7:45 - 8:45 p.m. Sat 10:30 - 11:30 a.m.
Registration Information: RalayneGood@me.com 780.919.5537

Recreation Programs Financial Resources Mental Health

has a new name!

Sturgeon Community Resource Network

Community Information Referral Network

New name. Same great service connecting you to...
Information:
The go to place for what you need to know.
Resources:
From fun to fundamental & everything between.
Referrals:
Linking you to the assistance you need.

Find us on Facebook

780-923-2374
www.SCRNetwork.ca

Aboriginal Resources/Programs Counseling Child & Youth Programs And much more!

Seniors' Services

Addiction

Divorce/Separation

Employment

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Rooke School of

Karate

CHILD(4-5), YOUTH(6-12), Teen & Adult Instruction
Ladies Self Defence, Weapons Training & Facility Rental Available

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FLEXIBILITY

SELF CONFIDENCE
&
DISCIPLINE

CONDITIONING

Instructed by Sensei Steve Rooke
Ph: 939-2270 for a FREE Trial Class
www.rookekarate.com

Located Above DC Auto/Trans 10301-100 ave Morinville, AB

◀ [REGISTER NOW](#) ▶



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Mentorship Program



MORINVILLE ROTARY / BIG BROTHERS BIG SISTERS
~ building relationships one child at a time ~

MISSION:

to facilitate the healthy development of children and youth within our schools that support the opportunities to develop personal and long term learning.

If you are interested in mentoring, email your name & contact information to mdziwenka@morinville.ca



Sometimes this is all it takes.

A hot cup of coffee, a listening ear, just knowing help is available.

You can make a difference as a Volunteer Advocate.

We need you to help victims of trauma or violence hold on to the good things in life.

For more information call **780-939-4590**
www.sturgeonvictimservices.org



Funding for this display provided by Morinville FCSS



MORINVILLE ART CLUB & PAINTING CLASSES

Ages 16+

The Morinville Art Club welcomes all levels of experience. Our annual membership includes exclusive art show space with a minimum of two art show and sales per year, discount on art supplies at certain stores, reduced fees for workshops, access to studio time on Tuesdays (a nominal fee for studio time applies). Memberships for 2018 are still available to anyone wishing to be part of the organization, or simply desiring to showcase their work. Our fall registration will take place Tuesday, September 11 at 7 p.m. During our painting classes, the cost of studio time is included, and drop-ins are allowed at the rates listed for each of the classes.

When: Tuesdays September 11 - November 27 | 6 - 10 p.m.

Where: Morinville Community Cultural Centre | 9502 - 100 Ave.

Fee: Nominal studio fee weekly | Cost for classes includes studio fee (see individual classes below)

Contact: For more information contact Rozanna McConnell at 780.916.9975 or email morinvilleartclub18@gmail.com

The Basics

In this course, Willie Wong will teach us the basics of colour and contrast — how to use colour to achieve lights and darks, and how to create perspective. The course is designed for all skill levels, so beginners are welcome. We will get new projects to work on and Willie will also help with unfinished paintings or pending projects. Bring your favourite brushes, paint, canvas and/or paper, projects you're working on and pending projects if you want assistance with those.

When: Tuesdays September 18 - October 9 | 7 - 9 p.m.

Where: Morinville Community Cultural Centre | 9502 - 100 Ave.

Instructor: Willie Wong

Fee: \$80/member | \$100/non-member
weekly drop-in \$20/member | \$25/non-member (we do recommend coming for all 4 sessions to get the full benefit)

Deadline: **Please register by September 11, 2018.**

Learn Acrylic Painting

In these video classes, lead by artist Jerry Yarnell, we'll learn the art of acrylic painting. Bring your favourite brushes, acrylic paint and a canvas (size must not be smaller than 12x16 or larger than 18x24).

When: Tuesdays October 16 - 30 | 7 - 9 p.m.

Where: Morinville Community Cultural Centre | 9502 - 100 Ave.

Instructor: Jerry Yarnell

Fee: \$5/week members | \$15/week non-members or \$40 for 3 sessions

Deadline: **Please register by October 9, 2018.**

All About Christmas

In these video classes, lead by artist Angela Anderson, we will learn how to paint snowman ornaments and Christmas cards using acrylic paint, mini canvases and card stock. Bring your favourite brushes, some mini canvases and some watercolour paper. Register for a single session or for all four sessions.

When: Tuesdays November 6 - 27 | 7 - 9 p.m.

Where: Morinville Community Cultural Centre | 9502 - 100 Ave.

Instructor: Angela Anderson

Fee: \$5/week members | \$15/week non-members or \$50 for 4 sessions

Deadline: **Please register by October 30, 2018.**

REGISTER NOW





OLDER ADULT PROGRAMS

Community Service Programs

For more information on Community Services Programs contact 780.939.7839 or to register go to <https://community.morinville.ca>.

Art & Cultural Programs

THE GREAT CANADIAN SONGBOOK

The Great Canadian Songbook is a show that highlights some of the greatest Canadian songs of the past and present taking audiences on a musical journey from Bonavista to Vancouver Island! Performers Ken Lavigne, Tiller's Folly and Diyet feature the music of Leonard Cohen, Stan Rogers, Joni Mitchell, Neil Young, Buffy St. Marie, Anne Murray & Stompin' Tom Connors, in addition to contemporary artists, including the Bare Naked Ladies, Blue Rodeo and original songs by the Great Canadian Songbook Performers.

When: Saturday November 10 | Performance 7:30 p.m.
 Where: Morinville Community Cultural Centre
 Tickets: \$45/adult | \$35/senior
 (Special senior rate for those 55+ sponsored by FCSS)



Family & Community Support Service Programs

NORDIC POLE WALKING GROUP

Bring your poles and water bottles (we have poles you can use if you do not have your own). We meet every Monday at the Morinville Community Cultural Centre and walk indoors for 1 hour. If weather is favourable or group wishes, we can walk outdoors. See how easy and beneficial pole walking can be for you.

When: Mondays September - January | 10 - 11 a.m.
 Where: Morinville Community Cultural Centre
 Fee: Free

GRANDPARENTS DAY CELEBRATION

Games of challenges, crafts and a photo booth — make a keep sake of the day. Must have a ticket to attend; tickets can be picked up at Community Services within the Morinville Community Cultural Centre. Great opportunity for you and your grandchild to come and make a memory together. This year we will also be providing healthier choice treats.

When: Sunday September 9 | 2 - 4 p.m.
 Where: Morinville Community Cultural Centre
 Fee: Free



Senior Home Support Program

Are you a Morinville resident 65+?

Do you need assistance with snow removal or lawn care due to medical, mobility or physical health conditions?

We have a program that connects you with local contractors and you may qualify for subsidy towards the total costs.

Applications are available at the Community Services Office located in the Morinville Community Cultural Centre (9502-100 Avenue).







For more information contact Community Services at 780.939.7839

www.morinville.ca   

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REGISTER NOW

SILVER EXCURSIONS

55+

Each month we will take an opportunity to visit some of the amazing sights in and around the Edmonton region.

River Valley Funicular & Edmonton Art Gallery

Take a ride on the Funicular to the trails along the river where we will take in all the beautiful colour changes that come with the fall season. Then off to the Art Museum where we can take in the wonderful art exhibits and see the magnificent architectural structure of this building. Maximum of 20 participants.

When: Tuesday September 11

Where: Pick up at Heritage Place Lodge 8:30 a.m. | MCCC 8:45 a.m.

Fee: \$15/person | includes GST, transportation and all admissions

Smoky Lake Pumpkin Festival

Join us for an exciting day in the Town of Smoky Lake — watch the giant pumpkin weigh-ins, have a traditional Ukrainian meal in the Agriplex, browse the booths of hundreds of vendors. Maximum of 20 participants.

When: Saturday October 6

Where: Pick up at MCCC 8:45 a.m. | Return 4:30 p.m.

Fee: \$20/person | includes GST, transportation and admission to Agriplex



Greenland Nursery

Let's get in the holiday spirit! Come with us to see the beautiful Christmas tree displays, browse in the gift shops for that unique or one of a kind ornament. We will sit and enjoy lunch at the restaurant within the greenhouse.

When: Tuesday November 13

Where: Pick up Heritage Place Lodge 9:15 a.m. | MCCC 9:30 a.m.

Fee: \$6/person | includes GST and transportation



It's community decorating time for the season! A number of crafts are available for you to create and hang on our community Christmas tree. This is a great family event to kick off the spirit of Christmas. Children must be accompanied by an adult.

Date: November 21, 2018
Time: 6 - 7:30 p.m. (while supplies last)
Location: Morinville Community Cultural Centre
Cost: Free, with a donation to the food bank

For more information, contact Community Services at 780-939-7839.



www.morinville.ca



Santa Parade & Lite Up the Park Festivities

Seniors are invited to join us in the Town Chambers to watch the parade and lighting of the park. Come in from the cold and enjoy a warm cup of hot chocolate and a snack.

When: Saturday November 24 | 5:30 p.m.

Where: Morinville Town Council Chambers

Fee: Free but registration is required

Johnny Reid & Edmonton Symphony Orchestra

Home for the Holidays. Live concert at the Winspear Centre with Johnny Reid. Limit of 18 tickets so call early to purchase yours; once they are gone, we will not be able to provide more.

Registration for this event is open November 1 at 8 a.m.

When: Tuesday December 4

Where: Pick up at MCCC 6 p.m.

Fee: \$52/person | includes GST, transportation and concert ticket

Best Lights Tour

Join us as we tour around town looking at all the nominations submitted for the "Best Lights" competition. Registration is required as there is a limit of 20 participants. Warm beverage and snack will be provided.

When: Thursday December 6

Where: Pick up at Heritage Place Lodge 6 p.m.

Aspen House 6:15 p.m. | MCCC 6:20 p.m.

Fee: Free

Crafty Korner with Friends

Join us at the MCCC for a day of holiday crafts, fellowship and lunch. Nothing says the holiday season has arrived like a crafting korner session with your friends. Projects that any level of crafter can accomplish. All supplies and lunch included. Registration is required as there is a limit of 20 participants (if you have any dietary restrictions, please inform staff at time of registration).

When: Monday December 10 | 10 a.m. - 2 p.m.

Where: Morinville Community Cultural Centre

Fee: \$15/person | includes GST, supplies and lunch

Paul Kane Theatre Production — Arden Theatre

We will attend this amazing theatre production again this year. These young actors have always delivered an incredible show. As soon as the theatrical production and date are announced registration will be set up.

When: TBA 2019 | Evening program

Grand Villa Casino

Roger's Place, downtown Edmonton is our destination. You will also have the opportunity to walk through Roger's Place if you choose. Please bring a piece of government issued ID for the MyREwards Card (mandatory) as per the Casino's request to obtain guest incentive vouchers.

When: Thursday January 24

Where: Pick up Heritage Place Lodge 9 a.m. | MCCC 9:15 a.m.

Fee: \$6/person | includes GST and transportation

Note: Cancellation for Senior Excursions

Program fees will be refunded up to the start of the program start should you cancel. Cancellation with no notice — no refund will be issued except in case of medical reason (must provide a doctor's note).

Ticket Refunds: once you have purchased a ticket for an event there are no refunds available as they have been purchased with the intent of you attending and are not refundable for either party.

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REGISTER NOW



Community Shopping Trips 2018/2019

1st Wednesday of each month



To book your spot, call:
Moira at 780.572.4448
Irene at 780.939.3389

November 7	December 5	January 5	February 2
Lononderry Mall	Kingsway Garden Mall	Ikea/South Commons	Lononderry Mall
Pick up Location	Pick up Times	Cost	
Lions' Manor Heritage House Aspen House	9:00 a.m. 9:05 a.m. 9:10 a.m.	Seniors/Youth \$6/per person	Adults \$8/per person

Notes:
Listed locations are day trips only. Arrival time back to Morinville approximately 3:30 p.m.
The bus will be cancelled for temperatures colder than -25°C or unsafe road conditions.
The fully accessible bus can accommodate assisted mobility devices such as wheelchairs and scooters.

For more information, contact Community Services at 780.939.7839.

www.morinville.ca



Musée Morinville Museum

For information regarding the Museum programs located at 10010 - 101 Street, contact 780.572.5585 or email morinvillemuseum@shaw.ca.

VETERANS WEEK

The Musée Morinville Museum will pay tribute to our local service men and women during Veterans Week. Displays will include photographs, posters, and artifacts.

When: Wednesday - Saturday November 5 - 12 | 12 - 5 p.m.
Fee: Free



AN OLD FASHIONED CHRISTMAS

The Musée Morinville Museum invites you to visit an Old Fashioned Christmas. Display will include antique furniture, toys and artifacts.

When: Wednesdays - Saturdays November 25 - January 4 | 12 - 5 p.m.
Fee: Free

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Visit the Musée Morinville Museum to experience the heritage, culture and arts in the community. Learn about the founding of Morinville and get a dose of local history by browsing the rotating bilingual exhibits. View the Pioneer Women's display featuring Prominent Women of Morinville.



For further information contact the Musée Morinville Museum

Phone: 780-572-5585

Fax: 780-572-5586

morinvillemuseum@shaw.ca

museemorinvillemuseum.com

REGISTER NOW



Morinville Rendez-Vous Centre

9913 - 104 Street, Morinville 780.939.2727

Morinville Seniors' Rendez-vous Centre offers a range of programs for 55+ that are open to the community. Regularly scheduled weekly, bi-weekly, and monthly activities are listed below. For more information on specific programs contact the Coordinators.

Program	Contact Coordinators	Phone #	Monday	Tuesday	Wednesday	Thursday	Friday
500 Club	Simone	780.939.4249			1 p.m.		
Afternoon Bridge	Christine	780.939.2375	1 - 4 p.m.			1 - 4 p.m.	
Bridge Lessons	Gary Poole	780.939.4842	11 a.m.				
Coffee Time	Solange	780.939.4497		9 - 11 a.m.			
Cribbage				1 - 4 p.m.			
Euchre	Nancy & Don	780.961.3956				7 p.m.	
Floor Curling	Madeline	780.939.2061	1 - 4 p.m.		1 p.m.		
Knitting	Sheila	780.939.4244				9 a.m.	
Line Dancing					3 p.m.		
Literacy Society	Sharon	780.939.3011			1 p.m. (1st only)		
Military Whist	Simone	780.939.2727			7 p.m. (1st & 3rd)		
Morinville Minstrels (United Church)	Diana	780.939.7241		9:30 a.m. - Noon			
Morning Bridge	Lucien	780.939.4244			9 a.m. - Noon		
Movie Night	David	780.939.2938			5:30 p.m. (2nd & 4th)		
Pickle Ball	Bruno Leitz	780.939.2482	9 - 11 a.m.			9 - 11 a.m.	
Quilting	Renée	780.939.3925			10 a.m.		
Walking Club							1 p.m.

Morinville Minstrels

Love to sing, have lots of fun and share music with others? Join the Morinville Minstrels every Tuesday morning from 9:30 a.m. to noon at the Morinville United Church. No audition required! This weekly musical experience is designed to include anyone who loves to sing. For more information call Judy Baker at 780.665.3463 or Diana at 780.939.7241.



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Morinville Community Cultural Centre

You'll Love our Space.

We offer the perfect setting for:

- Weddings
- Private Functions
- Fundraising Events
- Award Nights
- Community Groups
- Conferences
- Meetings
- Seminars

Make it memorable!

call or visit us online today
for more information

Morinville Community Cultural Centre
9502 – 100 Avenue, Morinville, Alberta
780.939.7839 | www.morinville.ca

