

A Path Of Peace Retreat

Away from everyday distraction, striving and habit.

A day-long retreat for both new and experienced meditators; ideal for a first-time retreat.

Cultivate inner calm enabling enhanced clarity in your life.

Meditate in a non-sectarian Buddhist tradition. Instruction in both Concentration and Insight meditation.



*Bring your lunch and walking shoes
to explore the beautiful 10 acre wooded grounds.*

Saturday, October 26, 2019 from 9 AM - 5 PM

Retreat Center: Dharma Ranch - 822 Valley View West Rd, San Marcos

REGISTRATION FEE: \$20 (\$25 after October 19th)

**Register and pay online apathofpeace.org/retreats. OR
Register online and mail a check to: A Path Of Peace
903 Sweetwater River Dr., Austin, TX 78748**

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Our Teachers

Jon Yaffe - has practiced and studied Buddhism for twenty years. A student of Matthew Flickstein, he completed both standard and advanced versions of his intensive retreat/workshops, *Teaching as a Form of Practice* and his *Two-Year Training* program. Jon has taught meditation and the Dharma since 2006; with the St. Louis Insight Meditation Group, Mid-America Dharma, Sitagu Buddha Vihara and A Path of Peace. Prior to moving to Texas in 2015, He served for ten years on Mid-America Dharma's Board of Directors.

Resa Pratt - began meditation and Dharma study with Larry Rosenberg at Cambridge Insight Meditation Center in 1995. Along with active participation at CIMC, she has attended extended residential retreats with several notable teachers including Bhante Gunaratana, Christopher Titus, Thanissaro Bhikkhu and Joseph Goldstein, among others. After moving to Texas, she studied and practiced under Bhante Cintita, at Sitagu Buddha Vihara, until forming A Path of Peace, a secular sangha.



Resa and Jon both teach in the Theravada tradition. They co-founded A Path of Peace in 2016.

