Pecan Crusted Red Snapper

INGREDIENTS

- (2) 6 oz Red Snapper Filet
- 4 tsp Parsley (chopped)
- 2 Tblsp White Wine
- 4 tsp Coconut Oil
- ½ cup of Lemon Juice

- 2 Pinch Salt
- 2 Pinch Pepper
- 2 pats of unsalted Butter
- 4 Lemon Wedges

DIRECTIONS

- Preheat oven to 400 degrees F
- Combine all ingredients (except for the fish) in a bowl and mix

• 1/2 cup The Baker's Rack® Seasoned or Original Coating &Breading Mix

- Place the fish in a cold sauté pan
- Generously top the fish with the mix and shape to filet
- Add a pat of butter to each filet top
- Add wine and lemon juice to sauté pan
- Bake in oven for 15 minutes
- Remove and serve with lemon wedges. Enjoy!

Recipe compliments of The Baker's Rack® Gluten-Free Baking and Coating Mixes Please visit our web-site www.gfbakersrack.com for product information and additional recipes