

Village Voice

A Message from Your HOA President

Finally, it's June and sunny days and summer have arrived. I grew up on the East coast in the 50's and 60's in a small town on Long Island, not far from the Great South Bay. After a long, cold winter and a wet Spring everyone was more than ready for the change in tempo and temperature. June and July, were perfect, and the oppressive humidity of August was a distant memory. School was out and shorts were in. Sandy beaches, blankets and bikini clad babes were "icing on the cake! Summer nights, fresh vegetables, lots of salads and 4th of July was right around the corner promising the spectacle of fireworks and other explosive devices. The ring of the ice cream man, in his white uniform, driving up and down the streets was music to our ears. Oh, what fun that was!

Fortunately for us we live in an area of temperate climate for most of the year. But when summer comes we can really take advantage of all the health benefits of a warm, tropical-like sun. Higher temperatures mean more pool time and exercising in the pool is a safe and therapeutic activity. It's also good news for those with high cholesterol. Ultraviolet light converts cholesterol to Vitamin D. Therefore, getting out in the sun is a good way to lower cholesterol levels, reducing the risk of heart disease and stroke. And, when it's summer our calorie intake in general is lower because increased body temperature makes us less likely to reach for the sugary and fatty comfort food we use in the winter to stave off the cold. What's not to like!

And speaking of health, your HOA Board is in the early planning stages for a fall consortium which we hope will bring a variety of professional services to our community. We have several organizations that are willing to present information about their legal, medical, insurance, etc., services which will be useful to our residents.

Message cont'd:

If you have ideas that you would like to share please let us know.

On behalf of the HOA Board I wish all of you a safe, fun-filled, interesting summer and look forward to seeing you in the fall.

Steve Hogan, President, SLCCU, H.O.A.

From the Editor

When June rolls around again, I am reminded of special June days. We have just finished our Memorial Day Observance, but do we remember that the third Saturday in May was Armed Forces Day? How about D-Day, **June 6, 1944**, the Invasion of Normandy? **June 14, 1775**: The first U.S. Military service, the Continental Army consisting of six companies of riflemen, was established by the Second Continental Congress. The next day, George Washington, was appointed by a unanimous vote to command the army. **June 14, 1777**: John Adams introduced a resolution before Congress mandating a United States flag, stating, "...that the flag of the thirteen United States shall be thirteen stripes, alternate red and white; that the union be thirteen stars, white on a blue field, representing a new constellation." This anniversary is celebrated each year in the U.S. as **Flag Day**. Flag Day just happens to be the birthday of President Donald J. Trump. And closer to home, the 108th birthday of a dear friend in Vermont!



FLAG DAY, FRIDAY, JUNE 14TH

Started six years ago, the Santa Lucia Assembly 0169 Fourth Degree Knights of Columbus sponsored a program called Stars and Stripes. This year the Assembly is again sponsoring STARS AND STRIPES – 2019. The program is open to all and free to register. All that is required is that participants register and agree to fly the US Flag each day from Flag Day – June 14 to Independence Day – July 4.

Clip the form below and return: Participants will receive a Certificate attesting to their patriotism, pamphlets on the US Flag and a copy of the Declaration of Independence or the Bill of Rights or Presidential Thoughts on Freedom.

Robert J. Cuddy, Jr., Faithful Trustee, Santa Lucia Assembly 0169



Count me in! I am a proud American Citizen and I want to show my patriotism and fly our flag!

Name:

Address:

City: _____

State: _____ **Zip** _____

Contact No.:

Send to:

Stars and Stripes 2018 Program Chairman

53 Las Casitas, Fort Pierce, FL 34951

HALF STAFF RIBBON

For flags that cannot be lowered to half-staff, attaching a black ribbon to the top of the flag is an acceptable alternative. You can tie a black ribbon to the top of your flag pole, too.

Such a Ribbon (a Mourning Banner) was found in a catalog: American Emblem Sales, P.O. Box 36460, Indianapolis, IN 46236 or online: americanlegionflags.com or call: 1-888-453-4466. It costs \$8.95, item no. 120.213. It is 2/1/2" x 5' black nylon with grommet. It flies along with your American Flag...respectfully during the designated time of mourning.

CHANGING OF THE GUARD!

THANK YOU, DEBBIE!

As your Recreation Director, I thoroughly enjoyed my position and coming up with ways to keep you entertained and active. The past two years were the best two years of my employment history and that is because of my love for our community and the enthusiasm of my great staff as well as your willingness to participate.

Debbie Wilson

WELCOME, KELLY!

Hi! I'm Kelly Rose and I have been hired to replace Debbie Wilson as the new Recreation Director for SLCCV. My husband and I have been snowbird residents for the past 9 years and have recently become full-time. I am from Northern Kentucky and have been blessed to have been employed at St. Mary Catholic Church for the past 12 years and prior to that I flew the friendly skies as a flight attendant for Northwest Airlines! I am SUPER excited to become your new Recreation Director and look forward to meeting our residents! I will have some BIG shoes to fill after Debbie Wilson and am counting on your patience and support as I transition into my newest career!

HOA MEETINGS 2019-2020

September 25, 2019	February 26, 2020
October 30, 2019	March 25, 2020
December 4, 2019	April 29, 2020
January 29, 2020	May 27, 2020

Meetings are held in the Clubhouse auditorium at 7:00 p.m.

Note that the early December meeting is held in lieu of November and late December meetings.

VILLAGE CART

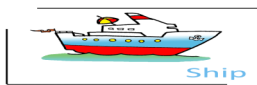
Village Cart receptions for new residents will be announced in the Weekly Bulletin.

HOA MEMBERSHIP

Wouldn't it be nice if we had 100% of residents as members of the H.O.A.? Check out the "Did You Know?" column on page six.

CARIBBEAN CRUISE, APRIL 6-13th

Submitted by Pat Clymer



Thirty five couples from our park went on a seven day cruise to the Western Caribbean and enjoyed the wonderful weather and all of the good times together. Every night there were a lot of activities that we could participate in and we were able to see a great Broadway show put on by professional talent. We visited Ocho Rios, Jamaica, Grand Cayman Island, Cozumel, Mexico, and finally Nassau, Bahamas. Some of our group went on excursions on the islands, and some of us visited the towns and went shopping and visiting the sights in town. We all enjoyed being together as a group and enjoyed doing what we wanted or nothing at all. It was a great time, and we are anxious to do another trip again!

VETERANS' CLUB MEMORIAL DAY SERVICE

Every year the women and men of the SLCCV Veterans' Club hold the Memorial Day program in the clubhouse. This year was exceptional for the number of attendees from our community who filled the room at tables and along the outside wall!

Master of Ceremonies Charlie Mongrain led us for the Posting of Colors by the Color Guard, the Pledge of Allegiance and a moment of silence in honor of our fallen service men and women. Pat Gordon led us in the singing of the National Anthem. Bob Cuddy gave the invocation, followed by welcome remarks from Steve Hogan, H.O.A. president.

Veterans in our community who have passed in the last two years are Jack Coyne, Jack Allen, Warren Doney, Ray Tudino, Harold Eten, Mike Fazio, Bill Kanzler, Chet Skurski, Paul Holden, Don Wells, Bill Daniell, Anthony Kovacs and George O'Hare.

Harry Knodt narrated the Flag Folding Ceremony as Don Grove and the Color Guard folded an American Flag which was then presented to Deb Holden in memory of her husband, Paul, who passed in April.

All branches of service were recognized as we sang their anthems. We all stood for the singing of Lee Greenwood's "Proud to be an American." Closing remarks by Charlie Mongrain and the benediction by Bob Cuddy were followed by the playing of taps which is a stirring moment for all.

Veteran Participants: Don Grove, Master Instructor; Color Guard Mario Noverini (American Flag); Escorts: Gay Fazio and Bob Cuddy; Service Flag Bearers: Frank Chipman, Harold French, Al Henri, Lee Longchamps, Bill Maginn; Piano, Joanne Trainor; Sound, Don Grove.

After the program, coffee, cake and ice cream were provided by the H.O.A. under the direction of Donna Carroll.

Sincere thanks to all of the participants and veterans in our community!

CLOSING OF THE LAKEWOOD PARK POSTAL CENTER

To our friends, family and former customers of Lakewood Park Postal. We too are deeply saddened with our recent and unexpected closing. We could no longer keep the doors open due to many reasons. Just to mention a few...We have had a tremendous decline in postage purchased for packages as many people are now generating their postage at home. We were a commissioned based CPU. Less postage sales equals less commission which was used for overhead and income. I truly understand their reasons as it creates a discount for the customer and also provides an instant tracking number. I too will utilize this tool when mailing out future packages. The road construction has not helped either, but I do believe the intersection will be great upon completion. We have truly enjoyed serving your postal needs over the past 11 years and will miss you all as customers but will still be neighbors. I have been in Lakewood Park for over 50 years and have no intentions of leaving this wonderful area. With this being said we will see you around the neighborhood... Warm regards, Ray & Donna Hamel (Reprinted from the Nextdoor SLCCV website)

C.O.P. NEWS

Thanks to all who have contributed toward the expense of keeping our car on the streets of SLCCV! Please mark your calendars for National Night Out, Tuesday, August 6th, Pot Luck Dinner in the Clubhouse. If you are making plans for Thanksgiving, remember that the C.O.P. will be hosting dinner at the clubhouse. Watch for more info about reservations. We'll have more ham!



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THANK YOU NOTES!

Dear friends, I want to thank everyone who sent cards, prayers & best wishes for my healing & recovery. I am blessed to live in such a caring community. Dick is also immensely grateful for your love & support. Thank you, Betty Yon

I would like to thank everyone who came to the celebration of life for Paul, and joined my family in celebrating him. Thanks so much for all the cards, and especially the donations given to the C.O.P. and the Treasure Coast Hospice in his memory. My family and I are blessed to feel such warmth and compassion from our community. Thank you all so much! Deb Holden

SPEEDING AND STOP SIGNS!



I'm not sure the efforts to get people to observe the park speed limits and obey the stop signs will ever be taken seriously. It's been happening since SLCCV opened in 1982. We can't blame it on the snowbirds because since they have left, I personally have seen plenty of residents literally flying around the corners at the three-way stop sign. Not just in my own car, but while driving my shift with the Sheriff's C.O.P. car. It's almost as if people are saying, "Ha! You can't give me a ticket so I can drive the way I want!" So in the words of Jeff Foxworthy, "Here's your sign, stupid!" And hopefully it will be a red octagon!

Kathleen O'Brien, Village Voice Editor

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COMMUNITY SWIMMING POOLS

Dear Spanish Lake Community Residents,

On Friday May 17, 2019, Fox News aired "THE INGRAHAM ANGLE " discussing HEALTHY SWIMMING POOLS in America.

Bacteriology and dermatology doctors, Florida Health Department and scientists confirmed that using swimming pools in America can be VERY risky because users do not follow the healthy pool rule. Swimming pool water tests show dangers of infections to users. Users release urine and diarrhea which, even if the pools are later cleaned, can leave infections for about ten days!

People enter the pools with dirty shoes or clothes and bring food and other things to the pool areas. The doctors and journalists call FOR USE OF SHOWERS BEFORE ENTERING SWIMMING POOLS!

So Dear Residents - Please WAKE UP and protect healthy water in our resident and guest pools. Almost three years ago I wrote to Village Voice a letter about the possibility of getting infections in our Community swimming pools.

After that I was accosted in the residents' pool by a person who followed me using very vulgar words. I reported to the Recreation Director who said that I should protect myself using the same vulgar words. She also suggested that I have European mentality. Yes, I am European, but that does not matter. Our mentality should be that we all want clean water.

After watching that Fox News report, I decided to write this letter. Why? Because our community swimming pools are entered by residents who do not use the outdoor shower provided at the pool. I have seen men enter the resident pool wearing regular pants with belt instead of a swimsuit. Some enter with the same shoes they wore walking from outside the pool. I have seen residents returning from the bathroom who do not use the shower before entering the pool again. I think there are not bidets in the women's bathroom., but in the men's bathroom there is urine on the floor.

So please, dear friends, let's do something that can decrease or eliminate any infections from our community swimming pools! Simply taking a

shower before entering the pool could help us be safer! Water in the shower is wet just like the water in the pool believe me!

I hope that after this letter everyone will pay attention to the "SHOWER BEFORE ENTERING SWIMMING POOL" sign!

Sincerely, Marek Kustra, SLCCV Resident

NEWS FROM THE OFFICE OF CONGRESSMAN BRIAN MAST, U.S. DIST. 18, MAY 25, 2019

For decades and decades, the federal government has manipulated Florida's water, killing the Everglades, sending harmful discharges to our communities and threatening Florida's public health. As a result, water ends up where we don't want it and doesn't go where we need it. In order to fix this problem, we need to complete the Comprehensive Everglades Restoration Plan, also known as CERP.

But the problem is that the federal government hasn't kept up their half of the deal under CERP, consistently underfunding these projects that we need so badly. I won't allow this mess to continue unchallenged! So, earlier this week, we finally got the House Appropriations Committee to increase Everglades Restoration funding to \$200 million for next year - nearly triple the amount we received last year!

This is exactly the kind of historic commitment to Everglades restoration we need to jumpstart progress on these infrastructure projects and reverse this man-made, environmental and public health disaster!

In case you missed it, here are some other issues I worked on this week:

[9 bills](#) to help veterans passed the House with broad bipartisan support.

I introduced [The Improving Veterans Access to Congressional Services Act](#) to empower Members of Congress to hold office hours in their local VA facility like at the West Palm Beach VA.

We passed the [SECURE Act](#) to expand opportunities for Americans to increase their retirement savings.

DID YOU KNOW?

That H.O.A. dues were \$2.50 per year from the start in February 1983 until just a few years ago? And that you had to have your paid membership card in order to attend?

That #90 Lagos del Norte was originally #1 Grande Camino Way before the north part of the park was developed? That explains why 24 Grande Camino Way is the lowest house number.

That **Hurricane Barry** was the fourth tropical depression, second hurricane and named storm of the inactive 1983 hurricane season? Developing out of a tropical wave on August 23, Barry quickly strengthened off the coast of Florida, reaching an initial peak intensity with winds of 60 mph. However, increased wind shear caused the storm to weaken to a tropical depression before making landfall near Melbourne, FL, the next morning. Traveling almost due west, the storm regenerated and became a hurricane on August 28. The storm made landfall on the northern Mexican coastline later that day at peak intensity.

Reprinted from October 1983 issue of "Country Club Chatter":

"Not for Early Settlers": This little squib is about our Homeowners Association. Most of the "pioneers" or early settlers have seen and been a part of the birth and early growing pains of our Homeowners Association, and are familiar with our aims, purposes and programs. But our village is growing so rapidly, it occurred to us there must be many new residents who do not have the benefit of our recent history. On January 20, 1982, a group of early settlers, headed by Elmer Aldrich, had an organizational meeting, attended by virtually all of our residents. Since that first meeting, we've had the support and cooperation of nearly 100% of our residents. Our initial by-laws were approved on February 17, 1982, the first Board of Directors was elected, and the HOA has been off and running since that date. During the summer of 1982 an unknown benefactor advanced the HOA the funds to cover the cost of incorporation. The unknown benefactor later declined repayment of the advance of funds, and insisted the HOA accept it as a gift.

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**Have a safe and
happy summer!**



The U.S. was founded in 1776, but Congress did not approve a bill for an official holiday until 1870. Fireworks first celebrated the Fourth of July in 1805. The Fourth of July is a day to commemorate the lives of four presidents. Thomas Jefferson and John Adams both passed away on July 4, 1826 within hours of each other. James Monroe died on July 4, 1831. Calvin Coolidge was born on July 4, 1872.



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PIN CUSHION QUILTERS CLUB

Meet the ladies of the Pin Cushion Quilters Club of SLCCV! They meet every Wednesday from 9:00am to 4:00pm in the Arts and Crafts Room in the breezeway at the Clubhouse. The club was founded by Tara Campbell with just a few quilters, and has grown into a much larger group.

The current president is Georgianna (SASSY) Goodnough. Sassy is the lady in the lower right of the picture. (Yes, she had to cut and paste herself into the picture because she was the photographer!) You can reach her at 603-425-9174 if you would like more information. Rose Henri is

the secretary, and Naomi Cottrell is the treasurer.

All the ladies in the group have given their time and talents to support the Veterans and the Treasure Coast Hospice. An array of items from quilts of all sizes to items for the Hospice group that will help create happiness and ease in their everyday lives.

Sassy says that they are open to suggestions for projects, and will take all suggestions under consideration at one of their quarterly business meetings.

Donations of 100% cotton cloth or money to help with the cost of making quilts and other items that are donated are always welcome.



SLCCV PLAYERS

Make sure you practice singing in the shower this summer because in the fall the Spanish Lakes Country Club Players will be looking for folks to join their ranks. Singing and dancing will be part of just some of the fun skits with which the players entertain us. Don't be shy!

PICKLEBALL & TENNIS

Now is as good a time as any to start playing pickle ball or tennis! Games are going on most mornings on the courts, starting around 8:00 a.m.



Taking Back America One Citizen at a Time!



Please join us at our meetings on the first
Thursday of each month!

POT LUCK DINNER, JUNE 6:

Doors will open at 5:00.

Guest speakers will be FL State District 84

**Rep. Toby Overdorf and St. Lucie County
Legislative Liaison, Nicole Fogarty**

**St. James Orthodox Church Community Hall
2201 SE Airoso Blvd, Port St. Lucie, FL 34952**

Summer Hiatus for July

August 1 - Keith Flaugh, FL Citizens Alliance

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Submitting Articles for the Village Voice

The Village Voice would like to highlight your group if you have special programs or support charities in some way. If you have memories of SLCCV you would like to share with today's residents, we'd like to hear about them. Please call Kathleen O'Brien for the best way to submit an article.

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HURRICANE PREPAREDNESS

Hurricane Season begins next weekend and the first named Atlantic storm of 2019, Tropical Storm Andrea, has already come and gone. To help Floridians prepare for these dangerous storms in advance, the Florida Legislature approved a seven-day Disaster Preparedness Sales Tax Holiday. From May 31st - June 6th you can stock up on the following essentials:

- Batteries \$30 or less (excluding automobile and boat batteries)
- Portable radios \$50 or less
- Tarps \$50 or less
- Ground anchoring systems \$50 or less
- Gas or diesel fuel tanks \$25 or less
- Portable generators \$750 or less
- Portable lights \$20 or less
- Storage coolers \$30 or less
- Reusable Ice \$10 or less

The Florida Division of Emergency Management also encourages you to have a disaster supply kit to last you and your family for a minimum of seven days. Supplies for a basic disaster supply kit should include:

- Water - one gallon of water per person per day for drinking, cooking and sanitation
- Food - at least a seven-day supply of non-perishable food
- Manual can opener for food
- Battery-powered or hand crank radio
- NOAA Weather Radio with tone alert
- Flashlight
- Extra batteries
- First aid kit
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities

For more information about hurricane preparedness, please visit the [Florida Department of Emergency Management's website](#).



OLDIE BUT GOODIE by Bud Henly



Everyone who lives here all year round can identify with the reality of waiting for the lawnmowers to appear before the grass gets this tall! Bud had a sense of humor, and his cartoon is reprinted with the permission of Doris Henley. We would love to have another “Budding” artist draw some cartoons for the Village Voice!

COCONUT FLOUR CARROT CAKE COOKIES (gluten and sugar free!)

Ingredients:

- 1-1/2 cups finely shredded carrots, 2 or 3
- 1/2 cup pumpkin pie filling
- 2 eggs, room temperature
- 1/4 cup melted coconut oil
- 1 tsp cinnamon
- 1 tsp vanilla extract
- 1/2 tsp ground ginger
- 1/4 tsp salt
- 1/3 cup coconut flour
- 2 or 3 TBSP maple syrup (instead of sugar)
- 1-1/2 tsp baking soda
- 1/4 cup chopped pecans or walnuts
- 1/4 cup raisins or cranraisins
- 1/4 cup flaked unsweetened coconut (optional)



Directions:

Preheat oven to 350 degrees.
Line two baking sheets with parchment paper.
Combine all ingredients in a large bowl.
Use a tablespoon measure to make 18 cookies.
Flatten slightly as they will not spread much.
Bake for 25-30 minutes until golden-brown around the edges.
Cool completely before serving. Keep in covered container in fridge.
(Husband tested!)

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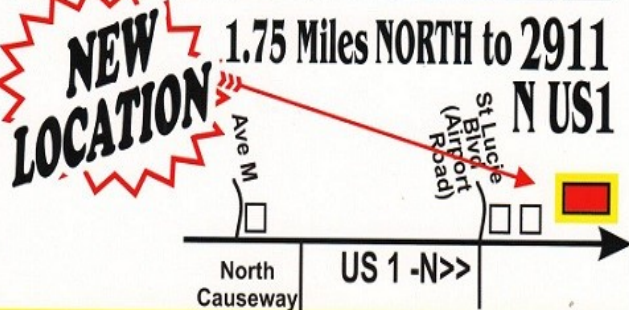
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Recently departed friends and neighbors names will not be published unless requested by family or friends.

(Please contact Kathleen O'Brien, 475-8553, if you have someone's name to share.)

VILLAGE VOICE

Newsletter of Spanish Lakes Country Club Village Home Owners
Association

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