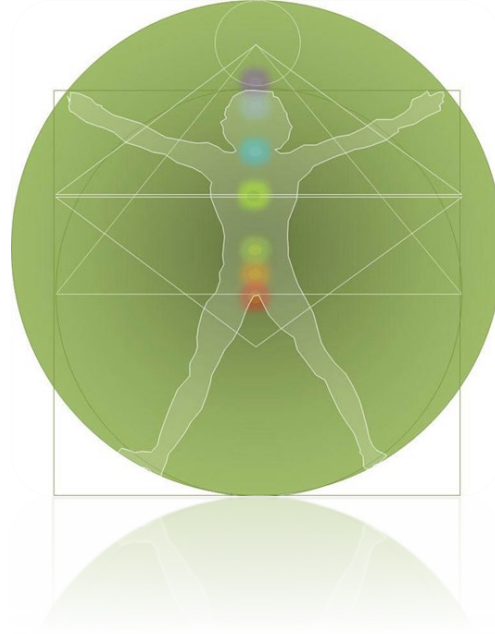




THE "I MATTER" SALON PRESENTS

Conscious Eating Workshop



Experience in a supportive environment how to prepare and eat consciously for your health and wellness. You are invited to participate in a monthly **CONSCIOUS EATING Workshop**. This workshop will provide you the opportunity to experience living foods and their effect on your physical, emotional and mental health. Take a *"leaf of faith"* and the 80% - 80-day pledge!

June 1, July 20, and Aug 3, 2019

12:30pm- 2:00pm

3 workshops- \$ 75.00 includes lite lunch

Facilitator: Bridgit O'Sullivan



Mail checks payable to:
CHEMAM Inc. @ Laughing Creek
250 Richmond Road Richmond Heights, OH. 44143
Note class on memo line. 15% handling fee for all refunds
FOR MORE INFORMATION CALL (216) 261-2502 or bridgitchemam@gmail.com