

Changing the World, one life at a time

Good Newsletter



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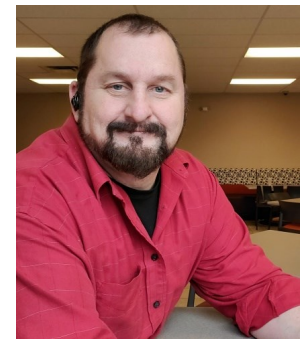
Redeveloping Environmental And Cultural Habits

During a Major Crisis like our country is going through right now with the Corona Virus or COVID-19; it is imperative that we begin to Redevelop how we are in our Environment and even how we deal with other Cultures. To merely fall into the “fear-mongering” and panic that has befallen so many people is to neglect the true essence of what it really means to be an American!

Whether you are affected by the Virus, either directly in your body, or by the loss of your job or having to care for your children at home due to school closings-either way, it has directly impacted your life and lives around you. You may be wondering what on earth you are going to do just to survive.... How long is this thing really going to last?... Is it really as bad as they say it is?....

One thing I have found is that I have had to Redevelop my Environmental And Cultural Habits (how I wash my hands, or associate with other people, either way we must be the change we want to see.

Just because this virus originated in China, does not mean anyone should treat Chinese people differently. Do we stop eating English muffins that came from England, we did however have a war with them... Change your Cultural habits.
You may not be able to reach out and touch someone, but you can touch someone when you REACH.



Nick Furey
Author/Speaker

****Note: Pictures are available as 8x10 or 11”X 14” Posters**



HOPE

Have Only Positive Expectations

We must accept finite disappointment, but never lose infinite hope.

~ Martin Luther King, Jr.

Continuing with topic of the Corona Virus; the last thing we need right now is **FEAR**—**F**inding **E**verything **A** **R**oadblock. With the mass interest in toilet paper for a virus that does not have to do with the derriere, we need to somehow get away from the storm of panic and mayhem and find the compass that leads us back to the Harbor of HOPE.

Without HOPE, our World will be detrimentally impacted by all this Pandemic hysteria. I admit that I have negatively been caught up by all the news articles and mayhem. I have even said that I am not sick from the virus, rather sick of the virus. I then remembered that at Motivate Your World, our goal is to reach people and encourage people to live a better life, and not fall into the negative blackhole that is too easy to find.

We all HOPE and plan for this virus thing to blow off, and fast. However, in the meantime, we all need to **H**ave **O**nly **P**ositive **E**xpectations—that it will end, we will rebound, and restore our World. The alternative is to **H**ave **O**nly **L**ow **E**xpectations—and those are very difficult to get out of. Do we want to abandon the principles of our country/world? Or do we want something more?



BLAME- By Letting Another Manage our Excuses

“It so easy to BLAME others for our problems. We blame our parents, family, work, and government for all our problems. If we don’t get the life we want, it must’ve been from poor upbringing. If we don’t associate well with others, must be because our family wasn’t there for us, if the job isn’t paying as good as we would like or as satisfying as we want—the job is to BLAME. If all else fails, we BLAME all this on politicians, especially the President. It isn’t until we take responsibility for our own actions that we begin to flourish.

I have often said, “No one gets my credit, but also, no gets my BLAME.” Your excuses can disable your ability. Be strong enough to Manage your own Excuses. When we own up to our errors and/or flaws, we empower ourselves to be even better than before.

Like BLAME, SHAME-Suffering Has A Measured Effect, debilitates us because we won’t fulfill our dreams. We have let the Measured Effect hold us back. BLAME and SHAME are destroyers; they cause us to forsake our visions and dreams and settle for mediocrity.

In this current COVID-19 crisis, don’t BLAME the Chinese, the CDC, the Government, or even our President; realize that there are many things beyond the control of even those who appear to be in control. We cannot change this world, as it is, by BLAME and SHAME, rather it will happen when we all attempt to live in PEACE- People Enabling A Caring Environment.

The BLAME game never has any winners

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To discover more of the more than 150 original acronyms, visit the website. Other benefits include:

- Become an Agent of SHIELD
- Order your 2020 Calendar
- View the Posters
- Learn how to create meaningful acronyms.
- Book an event to hear Nick’s unique presentation

**Make Fun of
Life, Before
Life makes Fun
of you.**

**Nick Furey
Director of the
New Marvelous
S.H.I.E.L.D.**

**“Give em L-
Life, Love, and
Laughter”**

CHANGE

Consider How All New Guidance Enables



"Progress is impossible with **CHANGE**.

CHANGE makes us grow." gymquotes.co

CHANGE is to focus all of your energy not on fighting The old but on building the new.

-Socrates

Be the **CHANGE** You Want To See In The World.—Ghandi

Did you notice that the ending says "Enables" and not "Encourages"? All New Guidance in our life can either Enable us to live better or into further calamity. I have heard the one "How many psychiatrics does it take to **CHANGE** a lightbulb? It depends, because the lightbulb has to want to **CHANGE**." **CHANGE** can be a great thing, but it also can cause growing pains in the process.

Suppose you chose to **CHANGE** your health, for example, this can have many powerful, and life-changing benefits. However, working out and eating better can be challenging and can even leave residual pain. The benefits however, can be dynamic.

Michael Jackson's song, *Man in the Mirror*, says "If you want make the world a better place, take a look at the Man in the Mirror and make a **CHANGE**." Don't try to focus your energy on trying to **CHANGE** others, **CHANGE** your life and see the residual effect from others.

CHOICE

Consider
How
Our
Input
Changes
Everything

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CHOICE

Consider How Our Input Changes Everything

“Be miserable or motivate yourself. Whatever has to be done, it’s always your choice.” ~Wayne Dyer

What ever you do, you have a **CHOICE**. You can choose to be a blessing to others OR you can choose to be the one to bring others down. Your Input will impact your life and the lives of countless others. Remember, your **Input Changes Everything**. You can make a **CHOICE** to listen to everything you are being told, or make an educated decision, on your own, to be a better person. You can make a **CHOICE** to bring positivity to every life you face each day, or you can merely succumb to the easy path of destruction.

To make a **CHOICE** is a very difficult and challenging dilemma; which path do you choose? You now have the ability to make a difference in this world.....It is your **CHOICE**.

When you come to a fork in the road, you know what to do, right? Take the fork. Seriously though, if you come to place in the road of Life that you need to make a **CHOICE**—take a moment and think about both possible outcomes. Ben Franklin devised a concept for making an important decisions..

On one side of a piece of paper, Write the word PRO on one side, a line in between, and the word CON on the other side.

Now be completely honest and put all the PROs for the decision and the CONs. After putting them down on paper, look at the paper and see which side has more items. (Remember, this only works if you put down your actual thoughts about them. Don’t sway the answers one way or the other by putting down things “how you would like for it to turn out”.)

Each **CHOICE** can have consequences, both good and bad. So, to **CHANGE** your life, look at the **Input** you are putting into your life so you can hopefully **CHANGE** your life for the better.

BRAVE

Bold
Resilience
And
Valiant
Effort



Photo by Josh Furey

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