For 4-year olds, there are basic things they need to learn to stay safe at home, and to take care of emergencies if they happen. Ensure your child has been instructed with proper phone operation.

**Real Emergencies** Call on a Phone: **9-1-1 by pushing the numbers**

a) **Fire** inside the house – unless controlled by a fireplace and an adult
b) Someone **Faints**, is **Unconscious**, or **Bleeding** a lot
c) **Heart Attack** or Serious Injury (bleeding or broken bones)
d) **Car Accident** (serious)
e) **Real Gun Shots** (not from radio or TV)
f) Someone beats you or you watch a beating or a fight happen

g) Dog or cat or other animal attacking a person

h) IF you are unsure if it’s a true EMERGENCY, talk to an adult right away!

**Non-Emergencies** Do **NOT** call or report to police

a) If You experience only yelling with another person – no physical violence

b) Your parents say you cannot have dessert

c) You cannot get the TV or computer working properly

d) You are told you cannot do something (Play outside or color, or paint)

e) Ask your parents, teacher, or older brother or sister if you are unsure of the above!

**You must learn and memorize the following basic information:** *(print all details)*

1) **Your home address:** ______________________________________________________________

   Street number and name, City, State

2) **Your home phone number:** __(_______)____________________________________________

   (area code) (number)

3) **Mother’s full name:** ____________________________________________________________
4) **Father’s** full name: ____________________________________________________________

5) **Spelling of CHILD’S** full name: ______________________________________________
   (First) (Middle) (Last)

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**Home Security**

1) For 4-year olds, have a trusted adult show you how to **LOCK** and **UNLOCK** the front and rear door(s) to your home, but don’t ever let strangers inside.

2) Have a trusted adult show you **Emergency** exits from your home: doors and safe exit windows.

3) Have an adult perform an **Emergency Fire Drill** with you for exiting your home. Run a fire drill once a month with **ALL** family members.

4) Have an adult perform **Emergency** drills for correct action to take in case of hurricane, tornado, earthquake, or water flooding.

5) Have an adult show you how to avoid kitchen and bathroom flooding by turning off water faucets and opening drains in the sink.

6) Be sure the adults you live with remove possible hazardous chemicals from under sinks; place poisonous medicines and tablets out of reach of smaller children.

7) **NEVER** taste anything that looks like candy from the medicine cabinet or on someone’s night - table or clothing dresser.
8) Do not ever try to drive someone’s car – even in a true emergency.

9) Do NOT approach cars with strangers calling you over – or asking you questions.

10) Some Emergencies occur during special events or holidays, like birthdays, Thanksgiving, Hanukah, Christmas, or any other cultural holiday. Receive a lesson from an adult to prepare for potential emergencies. (For example, power cords can overheat, and electrical outlets can give people shocks, and/or start fires.)

11) For home invasion or break-ins: keep calm, find a safe place to hide away from threats. The best advice is to say nothing, don’t scream, co-operate with a robber; don’t fight him or threaten him. Usually they just want to get items and run out. Remember that jewelry, money, and other items can be replaced – but people cannot be replaced.

**School Security & Cooperation**

1. Be willing to learn all school rules; ask a teacher or on-site parent if you are unsure of a rule.

2. Be willing to listen and follow instructions from adults at school – Always!

3. Find ways to have fun and enjoy other children; form friendships with them. See how many friend you can make in just one day?

4. Do NOT place your hands on another child in anger; NO HITTING, KICKING, or BITING, -- EVER!

5. Try to help another person who may be sad, crying, or hungry. Helping others can make you feel good!

6. Try to participate in class: tell stories, read together, listen to music together.
7. Pay attention to all fire drills and other drills that are run at school for your safety.

8. Remember to smile – a lot. It can make you happy!

9. Do not use same straw as another child or drink from the same cup as another.

10. Try to wash your hands, with soap, several times a day.

11. Cover your mouth and nose when you cough or sneeze.

12. Don’t ever **BULLY** another child – ask what this means if you are unsure.

13. Be willing to teach other children something you have learned – and be willing to listen to their stories as well. This activity allows you to make close friends with others.

14. Always talk to others nicely and friendly – treat him or her as you would like to be treated.

15. Remember that every day is a special day of your life and is your own journey ~~ and **YOU** are a special person. Your job every day is to enjoy life as much as possible and to learn everything you can!

**Check List** for memorizing and learning all previous items listed for Module #3, *I’m 4 – I’m Safe & Smart*. Place a check in each box when completed. Mail it to us for a Certificate.

[  ] Explained and discussed nature of “real” emergencies.

[  ] Explained and discussed events that are not emergencies.

[  ] Explained, discussed, and demonstrated use of cell phones, and how to operate them.

[  ] Memorized the home address. Can child write it out?

[  ] Memorized the home cell phone number, or one of parent’s cell phone number. Can write?
[ ] Memorized Mother’s full name. Can child write it?

[ ] Memorized Father’s full name. Can child write it?

[ ] Memorized and can spell child’s full name. Can child write it?

[ ] Explained and discussed “Home Security” issues and events.

[ ] Explained and discussed all “School Security & Cooperation” -- all rules, issues, and policies. Adults should be sure to explain why we live by these rules to help younger minds with understanding reasons they are in place and used every day.

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PRACTICE AREA: Have child write down all names, one phone number, and the home address to ensure total comprehension and memorization.

Home
Address: _________________________________________________________________

____________________________________________________________________

Home Phone OR Parent’s cell Number:______________________________________

____________________________________________________________________

Mother’s Full Name:_______________________________________________________

____________________________________________________________________

Father’s Full Name:_______________________________________________________

____________________________________________________________________

Child’s Full Name:_______________________________________________________