

# "The Bulletin" Chapter "E", Stones River Wings

**Gold Wing Road Riders Association** 

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July 2019 Volume 4, Issue 7



It's finally here...SUMMER and you all know what that means. Riding with friends, RVing, dinner rides, miscellaneous social events (bowling) and chapter visitations. We managed to do them all in the past month with great chapter participation and a super time had by all. We visited chapter Q for their 30<sup>th</sup> Birthday gathering and walked away with the Mid Tennessee Traveling Plaque thanks to Barry's good fortune. Also, Art and Doris visited chapter Y and won the Couple of the Year plaque. We will give both away at our chapter gathering on the 13<sup>th</sup> and hopefully we'll have a lot of visitors.

I would like to thank Jeff and Geraldine for helping set up and staking out a spot for the Murfreesboro 4<sup>th</sup> of July fireworks celebration and picnic. We had lots of fireworks "passing the trash" prior to the real fireworks with all the Sealey family and Galloway family rookies giving us old TN-E pros an early exit. The weather was cool, the fireworks display was hot and all of us had a great time. A great way to celebrate our country's birthday.

Johnny has been doing a super job setting up the Thursday dinner rides which have been well attended, even when raining. I would like to acknowledge Mac and David Broadway for putting together a last-minute ride on Saturday the 6<sup>th</sup> the old fashioned way, by phone. The call went out and 6 bikes showed up for a 160 mile ride that took us to Mount Eagle for a great ride and huge lunch. If anyone else gets the itch and would like to set up a ride, just let me know and we'll get it going if possible.

Ed Grazier, Walter Donnell and Dave Netherton are still on the mend and unable to attend many of our events. We miss seeing them and their better halves so keep them in your prayers and hopefully, we'll see them back in the saddle soon.

The fund raising for St. Jude is progressing into the final month. While we may not match last year's final tally, an appreciative thank you goes out to everyone who has volunteered their time and efforts to make this another successful year. Please plan on going the Wings over Tennessee ride to St. Jude and you will be warmly rewarded for your efforts.

Remember your safe riding skills and let's have a safe riding season.

Murray

Monthly Social: Smyrna Bowling Center, 95 Weakley Lane, Smyrna, TN Second Saturday monthly. Breakfast at 9:00 a.m., Social at 10:00 a.m.

# Chapter Officers

<u>CHAPTER DIRECTOR</u> 2019 INDIVIDUAL OF THE YEAR MURRAY DUNKIN rdunkin@comcast.net

ASSISTANT CHAPTER DIRECTORS

2017 COUPLE OF THE YEAR

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Barry & Connie Glenn barryglenn@comcast.net

## In this issue:

### Staff Comments

August Activity Calendar/Activity Photos District/National News Tennessee Gathering Listing Paid Advertisers

We are Friends for Fun Safety and Knowledge!

Assistant Chapter Directors Walter & Barbara Donnell

As most of you know I had to have emergency hernia surgery on June 24, this is something I have been putting off for many years. Some things in life can be put off like cutting the grass or washing your car but one thing you should never put off is your health. I have a friend that had hernia surgery about a year ago, he kept telling me you need to go ahead and get that hernia taken care of; needless to say I didn't listen.

I woke up on June 24 thinking Barbara and I was going to have a fun week camping with Lyndley. Around 7 a.m. I started hurting in my lower stomach something told me that today was the day that this hernia would have to be taken care of. I sat around in pain hoping it would go away like it always had but about 10a.m the pain was to much to bare. I told Barbara I was going to have to go to the emergency room. When we arrived and I was checked out by

the emergency room doctor he said "I have to push this hernia back in"...Barbara and I looked at each other and asked how are you going to do that and he said "like this" and starting pushing on my stomach. He was unable to get it pushed back in and asked if I had seen a doctor for this and I told him no but I had an appointment today with Dr. Hazley at 2p.m. He contacted Dr. Hazley and the doctor came in and also tried to push the hernia back it but couldn't and informed me I was going to have to have surgery. About 8p.m. they took me back to surgery, it took 3 hours and 20 minutes to complete the surgery. He was unable to perform the surgery laparoscopically and I had to be cut open. I don't remember much after 8p.m until I woke up at 1:45 a.m in a lot of pain. I spent 4 days in the hospital and am still recovering.

Had I listened to my friend and not put this surgery off I could have avoided the 4 days in the hospital and it could have been done as out patient surgery. Had I not put it off it could also had been done laparoscopically instead of being cut open. Moral of the story don't be like me if you have a condition that needs surgery don't put it off go ahead and get it taken care of.

Ride Safe and Remember Safety is NO ACCIDENT !!!!!

# Chapter "E" Tidbits

- ⇒ Make plans to join us for our Chapter Picnic on August 3, 2019 at Long Branch Camp Ground. Please contact Doris Seely our Event Coordinator to let her know what dish you would like bring.
- $\Rightarrow$  Wing Ding is August 27 through August 31, 2019.
- ⇒ Don't forget to come out and sharpen your bowling skills on Monday's at the Smyrna Bowling Alley.
- $\Rightarrow$  This years Wings Across Tennessee Ride to St. Jude will be September 7-8.
- $\Rightarrow$  Be sure to check your Email for weekly Chapter E activities.
- $\Rightarrow$  Make plans to join us on Thursday evening for our dinner rides.



From the desk of your Newsletter Editor: Barbara M. Donnell

Just a reminder that your newsletter articles need to be turned in by **Friday**, **August 2** for our **August** Newsletter. If you have pictures of if you would like to write about one of our chapter activities send them to **barbaradonnell1985@yahoo.com**. Please contribute your articles and pictures, **REMEMBER** our newsletter is only as good as **WE** make it. Many thanks to you all for your help and support.

\* Please note the change in my e-mail address, please send your articles to this E-Mail Address and any other correspondence regarding GWRRA business.

# OTHER KEY CHAPTER STAFF

Sunshine Lady Janice McGlothlin

50/50 Coordinator Geraldine Jones

Motorist Awareness Mac & Janice McGlothlin

Special Event Coordinators 2019 Couple of the Year Art & Doris Seely

Individuals of the Year Eddie Jones Murray Dunkin

> <u>Webmaster</u> <u>Master University</u> <u>Trainer</u> Ed Grazier

Senior University <u>Trainer</u> Mac McGlothlin

Dinner Ride Coordinators Johnny Victory & Brenda Lane

We are friends for Fun, Safety and Knowledge. "We believe in giving back to the community whenever we can



David and Nancy Broadway "Chapter E Ride Coordinators" In 2017, 5,172 motorcycle riders and passengers died in crashes. Fatalities among motorcycle riders and passengers have more than doubled in number since 1997.

• Motorcycles make up 3% of all registered vehicles and only .6% of all vehicle miles traveled in the U.S.

- Motorcyclists accounted for 14% of all traffic fatalities in 2017
- 28% of riders who died in a motorcycle crash in 2017 were alcohol-impaired
- 91% of riders who died in a motorcycle crash in 2017 were male

When motorcycles and other vehicles collide, it is usually the other (non-motorcycle) driver who violates the motorcyclist's right of way," according to an issue statement from NHTSA. "There is a continuing need to help other motorists 'think' motorcycles and to educate motorcyclists to be aware of this problem."

Why do drivers often violate motorcyclists' right of way?

- Motorcycles are relatively small and drivers don't see them
- Drivers don't anticipate motorcycles' movements
- The driver's view of the motorcyclist is obstructed, often by the vehicle's blind spots or other vehicles

# The driver is distracted

Driver education programs should emphasize these issues – especially in programs for mature drivers who may have diminished abilities.

<u>Riders 50 and older made up 36% of all motorcycle fatalities in 2017</u>, according to the Insurance Institute for Highway Safety. So-called "re-entry riders," who rode in their 20s and decided to take it up again in their late 40s to 60s face additional challenges today: more traffic, more powerful bikes, more distracted drivers and diminished physical skills.

Choose a bike that fits you; "supersport bikes" have driver death rates about four times that of cruisers or standard bikes, according to the Insurance Institute for Highway Safety

- Invest in antilock brakes
- New riders should take a motorcycle safety course, and experienced riders should take refresher courses after being off their bikes for a while
- Know the rules of the road
- Be aware that riding with a passenger requires considerably more skill
- Never drink and ride
- Drive defensively, especially at intersections, where half of all collisions occur
- Watch for hazards like potholes, manhole covers, oil slicks, puddles, debris, railroad tracks and gravel
- Assume you are invisible to other motorists and position yourself to be seen
- Use headlights day and night
- Be courteous; don't weave in and out of lanes, or ride on the shoulder or between lanes
- Don't speed
- Wear bright and/or reflective clothing that is durable and boots that cover the ankles
- Wear goggles, glasses or use a face shield that is ventilated to prevent fogging, and make sure it's clear if riding at night



(Extracted from the TN District Director Article, July 2019)

Now I would like to talk a little about something that is extremely important to any organization. That would be communications. I think good communications is about the most important asset any organization can have. This is how everything is connected, it is how we all keep informed about the progress or lack of progress of the organization. We in GWRRA have many ways of communicating, we use e-mail, we use web sites, we have started using Face Book, some use Twitter. I heard some even use paper documents. These are all good and serve a good purpose. Lately GWRRA has come up with a new way to communicate, actually it is not a new way it is a new way to use an old method of communication. That is E-Mail the new way is through Group Works. I think everyone has received something from group works. You should have received an

invitation to join group works. If you have not, let me know and I will see that you get one. When you get an invitation it should come with your user name and a temporary pass word. The first time you sign in change your pass word to something you want. I think they will ask a few questions then you're done. Then all you have to do is explore like any other program. Group Works is a communications platform that gives us the ability to communicate with the GWRRA group. Most of your information is already loaded in the program from the information you furnished the home office when you joined. You don't have to participate in Group Works but you will be missing out of a lot of information. Once every one in the district starts using it you will know what is going on with any chapter at any time. There is too much to explain it all here but please try it. One thing that is really interesting is there are other groups you can join like I was in camping and they hook you up to others with the same interest, if it does not work out you can discontinue with them. In our district two thirds of our members have not even looked at the program. I am going to start using it for our communications soon so give it a look and let me know if you have any problems with it.

How many are registered for Wing Ding? It will be right in our back yard this year, it is in Nashville. We should try to make a good showing this year because of where it is. If you don't want to spend the money to stay at the Gaylord there are lots of other places in the area. If you need ride education classes there are still a lot of openings in the schedule. They will have the dinners and the shows like they always do. They are having a welcome party on Tuesday night at the Gaylord. This brings me to the fact that we could use some help on Tuesday afternoon with our work assignment. WE (as a District) have been assigned to work preregistration on Tuesday afternoon from 4:30 pm until 8:00 pm. We will be handing out the preregistration packets. I don't have the location yet but I assume it will be close to where the welcome party will be. We still need a lot of help so if you can be there please let us know by e-mail or go through your chapter director. If you go through your chapter director we can schedule your chapter together. So please give us a hand we would really appreciate the help.



Dennís & Jan Peterson

Tennessee Dístríct Dírectors





# Wing Ding 41 Nashville, TN

August 27th through August 31, 2019



Registration for Wing Ding 41 in Nashville, TN has begun. You can register online now @ www.gwrra.org!

Our discounted Hotel Reservations for Wing Ding 41 will be held at the beautiful <u>Gaylord Opryland</u> <u>Resort</u> Reservations for these discounted blocks will begin on October 1, 2018.

Stay tuned Gold Wingers more information will soon follow.

This American Flag was donated to Dennis and Marty Wolfe for TN-E's August St. Jude fund raiser. It is made from whisky barrel staves and along with many other items donated by area retailers, will be available for purchase in the silent auction. We thank B-Double-H Woodworks for their donation and support for St. Jude.

# **GOLDWING GOODWING**

Last month, Randy was acknowledged with an ATTABOY for retrieving Dennis & Anne Greer's motorcycle and trailer. This month, I would like to recognize several of the TN-E ladies for their good deeds but, an ATTABOY seems an inappropriate name to acknowledge their efforts. So, this month, with everyone's approval, we can call it the GOODWING for doing good deeds helping others.

This month's GOODWING person(s) is a trio of TN-E ladies who have supported and nurtured their ailing husbands back to good health. We know with all they have to do, the extra efforts taken to make the boys take their pills and mind the doctor orders is a full time job. For all the stress of sick husband sitting, Mary Ann Grazier, Barbara Donnell and Sharon Netherton receive a GOODWING acknowledgement for their support of an ailing spouse. Well Done Ladies and thanks for your dedication and support of the boys.

We also have a young lady who finished her Nursing exams and is now a tax paying LPN. A BIG congratulations and way-to-go along with recognition as a GOODWING recipient goes to Regan Sweeny, Randy and Delores's Grand Daughter, for successfully completing such a daunting commitment in a first step in a rewarding profession.



At our June Gathering Murray presented Randy and Delores Galloway an appreciation award for all their hard work as Chapter E's Directors for the last 3 1/2 years! Chapter E appreciates all of your hard work and dedication in making our chapter what it is today!







# We have one Birthday in the month<br/>August<br/>Johnny Victory, August 1Image: Constant of Constant

Decadent and delicious, this recipe for moist brownies is ready in a flash. Store-bought brownies come loaded with preservatives to keep them fresh for longer. Unfortunately, these ingredients aren't good for your health or your waistline. We broke the mold with our brownie recipe. Our delicious dessert contains natural ingredients and tastes fantastic.

# INGREDIENTS

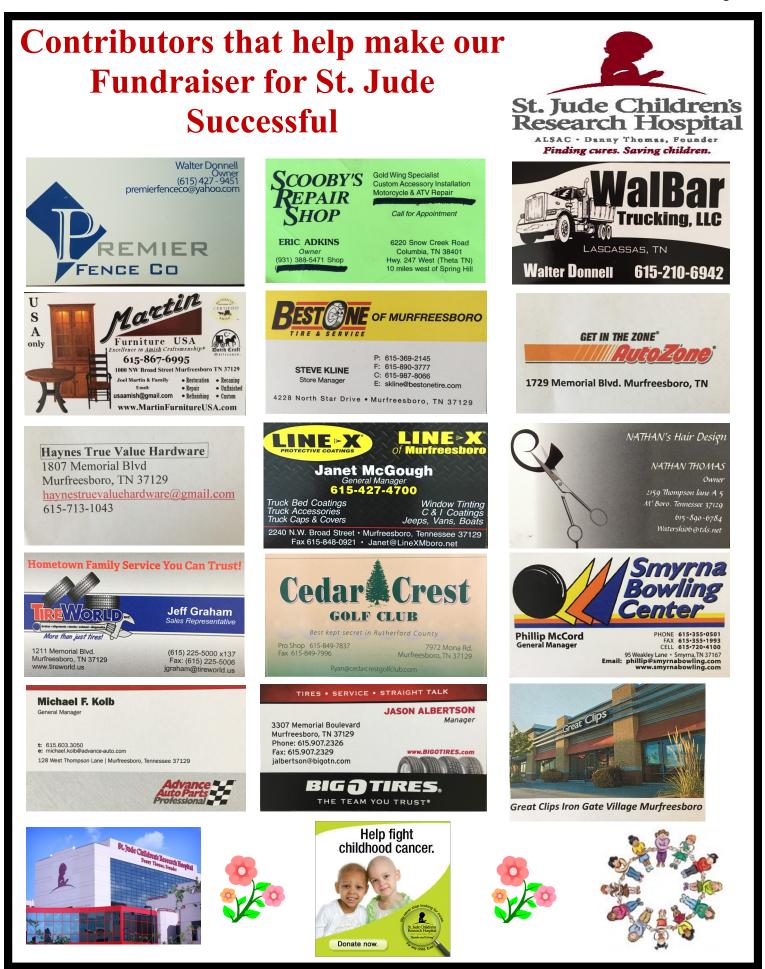
1-1/2-cups almond flour.
4-large free-range eggs.
2-cups confectioners' sugar.
2-cups white cake flour.
1/2-teaspoon baking powder.
½-teaspoon crushed Himalayan pink salt.
½-cup chopped walnuts.
1-cup buttermilk.
½-cup cocoa powder.
1-teaspoon vanilla extract.



# Directions

Preheat the oven to 350F. Grease a baking tray with grass-fed butter and set aside. Take a large mixing bowl and mix the ingredients in the following order. Confectioners' sugar, butter, cocoa powder, vanilla extract, eggs, flours, baking powder, salt, and walnut halves.

Mix until all the ingredients are combined. Spoon the mixture onto the baking tray and shape into brownies that are the size of a pack of cards. Place them into the oven and bake for 25-minutes until the brownies rise and the aroma fills the kitchen. Remove from the oven and cool on wire racks for 30-minutes. Store in an air-tight container in the fridge.



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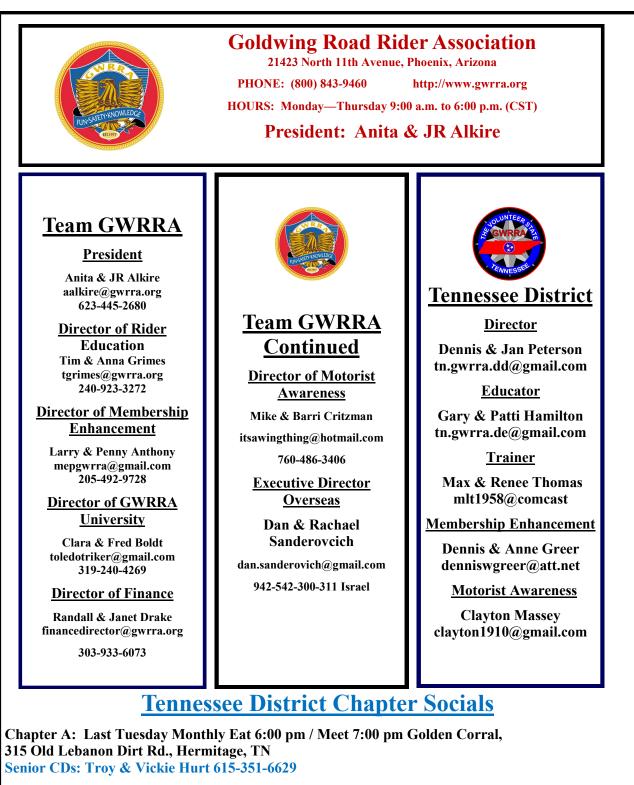


<u>Monthly Calendar</u> <u>Chapter "E"</u>

**Stones River Wings** 



Page 8



Chapter A2: 3rd Monday Monthly Eat 6:00 pm / Meet 7:00 pm Shoney's 1021 W Lamar Alexander Pkwy Maryville, TN CDs: Bob Mack Jr. and Margie Pagano 865-376-5090

Chapter B: 1st Tuesday Monthly Eat 6:00 pm / Meet 7:00 pm Shoney's Restaurant, 2405 Andersonville Hwy, Clinton, TN Senior CD: Tom Peck 423-907-9712

(Continued Next Page)

<u>Chapter C:</u> 3rd Tuesday Monthly Eat 6:00 pm / Meet 7:00 pm Mama's House Buffet, 2608 N. John B Dennis Hwy, Kingsport, TN

Senior CDs: Richard & Connie Pendleton 423-245-8484

<u>Chapter C2</u>: 3rd Thursday Monthly Eat 6:30 pm / Meet 7:30 pm Shoney's, 4148 Us Highway 127 S Crossville, TN CD: Randy Ryan 985-201-3791

<u>Chapter E</u>: 2nd Saturday Monthly Eat 9:00 am / Meet 10:00 am Smyrna Bowling Center, 95 Weakley Lane Smyrna, TN

**CD: Murray Dunkin 615-907-3296** 

<u>Chapter F</u>: 3rd Thursday Monthly Eat 6:00 pm / Meet 7:00 pm Golden Corral, 2905 W. Andrew Johnson Hwy, Morristown, TN CDs: Bruce & Gayle Babcocke 865-344-7194

<u>Chapter G</u>: 3rd Thursday Monthly Eat 6:00 pm / Meet 7:00 pm Gondola Pizza and Steak House, 412 E Carroll St, Tullahoma, TN CDs: Dennis & Anne Greer 931-728-1463

<u>Chapter H</u>: 4th Saturday Monthly Eat 9:00 am / Meet 10:00 am Shoney's, 1306 Murfreesboro Rd. Franklin, TN CD: Will & Thu Horsley 615-483-2335

<u>Chapter L</u>: 1st Saturday Monthly Eat 11:00 am / Meet 12:00 pm Shoney's, 814 S. Cumberland, Lebanon, TN Senior CDs: Andrew & Debbie Smith 615-784-9772

<u>Chapter M</u>: 2nd Tuesday Monthly Eat 6:00 pm / Meet 7:00 pm 550 Fort Loudon Medical Center Dr., Lenior City, TN CDs: Brian & Loretta Richards 865-249-6173

<u>Chapter N</u>: 1st Saturday Monthly Eat 5:00 pm / Meet 6:00 pm Brook Shaw's Old Country Store, 56 Casey Jones Lane, Jackson, TN CDs: Jeff & Shari Douglas 731-267-3388

<u>Chapter O</u>: 1st Saturday Monthly Eat 9:00 am / Meet 10:00 am Golden Corral, 350 Stuart Rd. NE (I-75 Exit 27), Cleveland, TN CD: Amanda Cronan

<u>Chapter Q</u>: Last Monday Monthly Eat 6:00 pm / Meet 7:00 pm Golden Corral, 1028 Wilma Rudolph Blvd, Clarksville, TN CD: Cindy Bidwell 731-642-7657

<u>Chapter S</u>: 3rd Saturday Monthly Eat 1:00 pm / Meet 2:00 pm Milo's Coffee House, 100 Main St., Portland, TN CDs: Grant & Carol Bottomley 615-337-8386

<u>Chapter T</u>: 4th Saturday Monthly Eat 6:00pm / Meet 7:00pm Shoney's, 6612 Clinton Highway, Knoxville TN CDs: Wilbur & Lee Ann Hayes 865-497-2945

<u>Chapter V</u>: 2nd Saturday Monthly Eat 9:00 am / Meet 10:00 am Honda Southern Power Sports, 1394 Workman Road, Chattanooga, TN CD: John (Wes) Billings 865-593-8705

<u>Chapter W2</u>: 3rd Saturday Monthly Eat 6:00 pm / Meet 7:00 pm Perkins Restaurant, 1340 South Germantown Pkwy, Memphis, TN CDs: Ivan & Leesa Coburn 870-514-8622

<u>Chapter Y</u>: 3rd Saturday Monthly Eat 9:00 am / Meet 10:00 am Farmer's Family Restaurant, 1958 Old Fort Parkway, Murfreesboro TN CDs: Wesley & Cindy Neal 615-668-4448

<u>Chapter Z</u>: 2nd Saturday Monthly Eat 5:30 pm / Meet 6:30 pm Shoney's, 2225 Carmack Blvd., Columbia, TN CDs: Charlie and Pam Huffman 931-215-1650



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