



SASKATCHEWAN ARCHERY ASSOCIATION Inc.

Return to Sport for Archery Clubs

Saskatchewan's Re-Open Plan that has been unveiled over the last few weeks and with further indications in their phased in approach in the coming weeks, we hope to begin to see a gradual opening of the sport of Archery in the province. Sport plays a critical role in the mental and physical health recovery of Canadians and will contribute to the community's economic revival. Saskatchewan Archery, along with its partner Archery Canada, wants to help clubs deliver the best possible degree of "physical distance" through adapted rules for our sport to continue fulfilling our joint responsibility to keep the number of new Covid-19 virus infections at a level that is manageable for our health system.

The Public Health orders include measures and restrictions to mitigate the transmission of the virus and will be adhered to as outlined by Saskatchewan Health Authority and identified by Sask Archery by way of inclusion in Appendixes of this planning document.

When regulations allow, it will be important for clubs to be prepared to reopen and have measures in place that will ensure safety first and a plan to re-engage with new and existing members. It cannot be emphasized enough that clubs should go through a risk assessment process in planning for the safety of their athletes, coaches and the larger population in general.

Likewise, as the situation evolves across Canada, it will be important for individual archers to take appropriate steps to ensure a safe and progressive return to activity. For those who live in an area in which government regulations have begun to be lifted, we encourage you to seek ways to reengage with your sport. However, as more people start to become active, and until the threat of a second wave has passed, it will be important to take steps both individually and as a club to ensure a safe environment.

How to Use the Resource Guide

This resource guide is intended to help clubs/archery ranges think through how they might deliver archery programming and range access as restrictions across the province begin to be lifted. **This is supplemental to the recommendations and guidance provided for your specific jurisdiction, including municipal and provincial guidelines and requirements.** It has been broken down into the following considerations:

- I. **Archery Range Operations**
- II. **Archer Etiquette and Best Practices**
- III. **Volunteer and Staff Considerations**
- IV. **Communications**

I. Archery Range Operations

Range Access	<p>All activity on the range must comply with the physical distancing measures, and other recommendations and requirements issued by federal, provincial/territorial and municipal authorities.</p> <p>Where possible, a pre-registration process should be utilized to reserve access to the range/club grounds to ensure the number of people on the range at any time is not greater than the current public guidelines.</p> <p>Range access shall be limited to a minimum number of individuals needed to complete essential tasks such as sanitization, sign in, safety officer, coaches, officials, participants and guardians.</p> <p>Covid-19 screening must be done by all individuals entering the range including any volunteers, coaches, guardians, participants and officials.</p> <p>Range access must be controlled at an access point and limited to only those who have pre-registered and are deemed low risk by not outwardly showing any signs or symptoms of Covid-19 and have not been out of the province or country in the last 14 days.</p> <p>Discourage congregation in parking lots before and after range access.</p>
Range Capacity	<p>Range capacity shall not be based on range capacity but shall be as required and outlined by the provincial authority and shall follow the physical distancing guidelines required by the province.</p>
Signage	<p>Place appropriate signage outside the range/clubhouse and at all entry gates outlining the physical distancing guidelines in place. [see example from Archery Canada]</p> <p>Post signage for proper hand hygiene in a visible place at the entry to the range.</p> <p>Place appropriate range etiquette signage related to physical distancing along the range shooting line. [see example from Archery Canada]</p>
Clubhouse/Shelters	<p>Any social areas such as club houses, shelters, etc. should be closed to public access unless provincial legislation has indicated otherwise. The area shall be altered to ensure appropriate physical distancing following municipal/provincial guidelines.</p> <p>All chairs and tables in communal areas must be inaccessible or removed to avoid gatherings.</p>
Cleaning/Hygiene	<p>Consider increasing or implementing new routine cleaning practices. Take steps to clean and disinfect surfaces that are frequently touched by athletes or their equipment at least once a day, twice a day during busier days.</p> <p>Common touch points should be cleaned each time the target is used.</p> <p>Ensure washrooms remain stocked with soap and consider offering hand sanitizer at entrances.</p>
Range Supervision	<p>If the range schedules a designated Range Safety Officer to be on the range, that individual should have the authority to control the number of archers, physical distancing, and etiquette and ensure safe behavior. During periods of low use, when no range safety officer is present, an archer registry indicating date and time of attendance along with additional signage, outlining Covid-19 safety procedures should be in place.</p>

Range Set-up

Limit the number of people who will set up and take down targets when required.

Clubs should consider the removal of communal bow stands/racks or ensure that these are wiped down between uses.

Use markings on the ground to indicate proper distancing where possible

Range Shooting Procedures (Target Archery)

In Target Archery, each archer normally has a minimum personal space (Shooting Lane) of 80 cm (90 cm outdoors), or 1 m for wheelchairs. In order to keep a minimum of 2 m personal distancing, Shooting Lanes should be spaced 1 m wide and 2 m apart. This places them at 3 m center to center.

[See range layout diagram]

Limit to no more than 2 archers per target, with clearly marked waiting areas.

If adequate space cannot be accommodated for a waiting area, only 1 archer per target. This will require clear directions and clearly marked staging positions for Archer Preparation and Archer Waiting locations and the placement of equipment racks if in use.

Range Shooting Procedures (3D and Field Archery)

For 3D and Field Courses:

Limit no more than 2 archers per target that are not from the same household unit and up to four archers who are within the same household unit. Waiting lines as outlined in AC 23.7.2 will be enforced with a minimum distance back from the next target of 6m. Waiting lines shall be defined by marking paint or a stake in the ground. Groups shall not proceed to the target until the previous group has cleared the target outlined in AC 27.9.4.

Any child under the age of 16 will be required to be accompanied by a guardian, 18 years or older, on 3D and field courses. This guardian will be counted as a member of the shooting group even though they are not participating.

Classes/Lessons

Clubs should be cautious in returning to the organization of classes and may consider delaying the start of these until restrictions have been further lifted in your area. Class sizes must respect physical distancing and group size guidelines for target, field and 3D as outlined in this document.

Unless club bows and arrows can be sanitized without damaging their integrity, club *equipment should not be shared* at this time. Personal equipment such as releases, finger tabs and arm guards must belong to the participant.

Class Instructors

Instructors should disinfect target butt surface and handle target faces before and after the class or event. Class or event organization should ensure that instructors are keeping their distance and using video and demonstration instead of direct intervention with the archer in any way.

II. Archer Etiquette and Best Practices

Respect and Physical distancing

As much as possible, maintain a 2m distance from other archers, unless they are from your household.

Archers, exercising patience, are to recognize that others on the range may have different levels of comfort and therefore should be treated with respect and given appropriate physical distance.

Archers should visit the range on their own, or if being brought by a family member/friend, should be dropped off at the entrance. In circumstances where caregivers or assistance is necessary for the archer, such individuals may remain but should be restricted to an area that respects physical distancing.

Do not loiter in the parking lot or clubhouse/shelter before or after shooting.

Hygiene

All range users must disinfect hands upon arrival at the range.

Bring hand sanitizer and disinfectant wipes with you to the range.

Avoid touching common surfaces as best as possible, and if you do touch something, make sure to wash your hands and disinfect the surface you have touched

Archery Equipment

Use only your own personal equipment if possible.

Do not touch or borrow other people's equipment

Scoring

Archers are to score their target only and avoid double scoring or other such interactions at the target. Archers will pull their own arrows after scoring, and where possible avoid touching the target butt/animal or shared faces. The archers should disinfect their hands after each interaction on a shared butt. Use scoring apps instead of physical scorecards if possible.

Stay home and let others play safely

Archers who are not feeling well, exhibit flu-like symptoms or know they have been in contact with someone who has been sick should exercise appropriate isolation.

Coaching

Coaches, still keeping their distance, should ensure there is sufficient room behind the line for the coach to travel between archers while bow racks, tables, etc. will need to be kept behind the transition line to allow enough room for coaching.

After shooting

Wipe down any surface you have touched or placed your equipment on

Leave immediately so that others can come onto the range

III. Member, Volunteer and Staff Considerations

Education	Educate members, volunteers, Directors and range staff on self-screening, hygiene, sanitation physical distancing and its impact of preventing the spread of communicable diseases Educate members, volunteers and Directors to recognize the symptoms of COVID-19 in each other and your members. Ensure members, employees and volunteers are aware of the club measures in place, set up requirements and signage to ensure these are being followed
Stay home and let others play safely	Employees and members who feel unwell should stay home and exercise appropriate isolation. Employers should support employees, volunteers and members to stay home if they are sick.
Virtual meetings	Conduct meetings by phone or online whenever possible.

IV. Communications

Government Communications	Stay apprised of the communications/regulations from the Government of Saskatchewan and be ready to make the required change accordingly.
Communicate with members, volunteers, staff and club directors	Maintain ongoing communication with members, employees and volunteers to let them know the steps your club is taking to support the efforts to slow transmission of this virus and what is expected of them to ensure a safe and enjoyable sport experience for the members
Communicate with club members and public	Maintain ongoing communication with members to let them know the steps your club is taking to support the efforts to slow transmission of this virus. Use email, your club website and social media, and post signage at your place of ranges.
Update your website and phone messages	Make sure your phone messages and your website provide appropriate information, or where to find appropriate information about the club's operations while enhanced measures are in place.

APPENDIX

- Appendix I – Sask Archery’s - Archery Specific Guidelines for affiliated club members
- Appendix II - Government Re-Open Saskatchewan Plan
- Appendix III - Screening Questionnaire
- Appendix IV – Range Layout

RESOURCES:

- Protective Measures printable poster - <https://archerycanada.ca/wp-content/uploads/2020/05/COVID-19-Table.pdf>
- Cleaning printable poster - <https://archerycanada.ca/wp-content/uploads/2020/05/COVID-19-Cleaning.pdf>
- Hand Hygiene printable poster - <https://archerycanada.ca/wp-content/uploads/2020/05/COVID-19-Hand-Washing.pdf>
- Physical distancing on the line printable poster - <https://archerycanada.ca/wp-content/uploads/2020/05/COVID-19-Distancing.pdf>
- COVID-19 Environmental Cleaning and Disinfection - Information for Public Facilities - <https://www.saskatchewan.ca/-/media/files/coronavirus/info-for-health-care-providers/infection-prevention-and-control/covid19-cleaning-and-disinfection-fact-sheet-for-public-facilities.pdf>
- COVID-19 Workplace Information - <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/re-open-saskatchewan-plan/covid-19-workplace-information>
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APPENDIX I

(June 23, 2020)

Sask Archery's - Archery Specific Guidelines for affiliated club members

The SAA's role in getting archery back online is to ensure we are preparing and working within the legislated guidelines set out by the province, in their phased in approach, with the Re-Open Saskatchewan plan. The provincial legislation has been the guide that SAA Board of Directors has applied to the following guidelines for affiliated clubs and these guidelines will be the catalyst for getting our sport operational once again.

The governments plan incorporates all sport and therefore leaves room for interpretation. The SAA by way of this detailed plan and with guidance from the Government task force will define the areas of the provinces plan that are **relevant to our sport. We will continue to work with our partner Sask Sport and Archery Canada to ensure we are protecting our membership by mitigating the risk of the spread of Covid-19.

We encourage all Sask Archery members to be informed of the steps needed to safeguard yourself and others prior to signing up to participate in any opened play. Affiliated clubs who facilitate play or practice that does not comply with the government legislation and these SAA guidelines runs the risk of citations and liability outside of the coverage of your membership.

Guidelines for General Operation

- Clubs will designate a member of their executive to be responsible for ensuring compliance with the provincial legislation and these guidelines.
- Clubs will designate a Range Safety Officer, Local or Provincial Level judge from their organization to oversee range activities and ensure compliance to the range regulations.
- No fundraising activity will be allowed unless contactless options for fundraising activities are available.
- Clubs will be well informed regarding all fundraising initiatives ensuring they are compliant with the Saskatchewan Lotteries and Gaming Legislation.
 - Do all raffles need to be licensed? Yes. The Criminal Code of Canada states that all gaming is illegal unless it is licensed or operated by a government; and that licensing authorities in each province may only license charitable or religious organizations to raise funds through lottery schemes.
 - Find out more at the following links: <https://www.sлга.com/permits-and-licences/charitable-gaming>
 - <https://www.sлга.com/permits-and-licences/charitable-gaming/eligibility-andgeneral-information>
 - Fundraising by registered charities, more information below. <https://www.canada.ca/en/revenue-agency/services/charitiesgiving/charities/policies-guidance/fundraising-registered-charitiesguidance.html>
- Clubs will ensure volunteers and participants are given information on physical distancing and other requirements prior to attending any events at their range.
- Signage at the range must be posted to caution player about the risks of COVID-19 and signage at each target must be posted to remind participants to sanitize after touching the common touch points indicated from pulling arrows.
- Registration processes should be completed online whenever possible; however, if in-person registration is required, physical distancing and sanitizing pens between uses or supplying individual pencils is required.
- Spectators are discouraged and if attending must be included in the counts for maximum gathering limits.
- Parents and guardians, where necessary for player support, must maintain distancing of at least two metres and remain out of participant field of play.

Competition and Game Play

- Physical Distancing is possible in the sport of Archery so programming, training, practice and competition may proceed as normal as long as the number of persons does not exceed the maximum gathering limits of 30 persons on the range (June 23, 2020).
- Travel within the province is allowed but archers from government identified high risk areas are asked to refrain from participating at this time.
- Tournaments and interprovincial competitions are **not permitted**.
- Shooting groups will consist of two individuals who are not from the same household or 4 where all participants are from the same household.
- Regular participants should remain in the same groups until restrictions are further relaxed.
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Participant Health and Illness

- Organizers must keep a record of all attendees and this information can not be used for any purpose other than COVID-19 contact tracing. Providing this information is voluntary for participants and clubs are encouraged to make it a condition of participation.
- Organizers will make available, to the SAA, a list of registered shooters if requested.
- Organizers will indicate in their advertising of events that participants from high risk areas of the province should not attend.
- Members who are sick or symptomatic must not participate in any activities.
- A screening questionnaire (Appendix III) must be completed prior to participation. Where possible do not use common pens.
- Clubs will be required to keep the questionnaire for at least one month and share this information with authorities in a case where contact tracing is required.
- If a participant becomes sick they should inform the organizers, immediately stop participating and return home.
- If a person becomes sick or injured, and first aid or further care is required:
 - o Try to limit the number of individuals in contact with the sick person.
 - o Place a mask over the individual's mouth and nose if they are not able to do so. Maintain a safe distance until the mask is in place.
- First aid providers caring for people should follow standard precautions. Those who provide direct care requiring close or direct contact should wear a mask.
- Following care, first aid providers should discard the mask and gloves following standard procedures and perform hand hygiene.

Physical Distancing

- Physical distancing must be observed at all times, with a minimum of two metres of space between individuals.
- Intentional contact should be minimized where possible.
- Areas of congregation such as shooting stations and targets must be set up and used in a way that adheres to physical distancing requirements so staging the shooting stations/ target areas using visual cues is recommended.
- Pylons or other markers should be used to define the group shooting space and logistics of flow through the target space for arrow retrieval.
- Schedules should be staggered to promote physical distancing and allow for adequate cleaning and disinfection between uses.
- No shooting group will advance to the next target until it is cleared of the previous group.

Cleaning, Disinfection and Hand Hygiene

- Encourage participants to bring their own equipment to the facility.
- Participant-owned equipment, including sport gloves, should be visibly clean.
- Shared archery equipment is allowable in a family unit but should be cleaned and disinfected frequently.
- Common touch points are present at all target and should be observed when pulling arrows.
- Signage reminding participants to sanitize after pulling arrows is recommended at each target.
- Hand hygiene should be performed prior to play as well as through the duration of the activity and at the end.
- Hand sanitizer should be available at each target for participants to use after coming in contact with the common touch points on the target.
- All frequently touched surfaces should be cleaned and disinfected prior to a new grouping being provided access to field space including targets, benches, picnic areas, gates, etc.

Conduct

- Spitting (includes seeds, tobacco and fluids) and other similar activities increase the risk of transmission of COVID-19 and **are not permitted.**
- Individuals must not share personal items (i.e. equipment or beverage containers).
- Congratulatory gestures such as high fives and handshakes are not permitted.
- Participants and players, staff, coaches and volunteers should try to minimize cheering and whistling as much as possible to control the spread of COVID-19.
- Intentional contact during sport or activity must be limited.

INDIVIDUAL ACTIVITIES

- The information below provides guidelines for outdoor recreation operations, such as **archery/gun** ranges.
- All clubs must take precautionary measures, including expanding the cleaning and disinfecting of common and high-touch surfaces in accordance with the public health order
- Physical distancing must be observed at all times, with a minimum of two metres of space between individuals.
- Gathering sizes must reflect the restrictions in the public health order.
- No competitions or fundraising events permitted.
- Members who are sick or symptomatic must not enter/participate.
- **Indoor activities are restricted** until the second part of Phase Four of ReOpen Saskatchewan.
- Instruction is permitted with no contact and appropriate physical distancing.
- Washrooms may be open, but increased cleaning and disinfection must take place.
- To ensure increased cleaning is happening, clubs should outline a detailed cleaning schedule and track the schedule by way of signature from cleaning personal/volunteers.
- **No Food Services are allowed unless licenced and subject to the Restaurant and Licensed Establishments Guidelines.**
- Canteen style food services that are manned by volunteers are not allowed.
- Equipment rentals are permitted, but must be thoroughly cleaned and disinfected after each rental.

APPENDIX II

Re-Open Saskatchewan Plan

<https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/re-open-saskatchewan-plan/re-open-saskatchewan>

The Government of Saskatchewan's Re-Open Plan sets forth the legislation and guidelines that governs how we will open the Sport of Archery. To assist in better informing our member clubs on the Provincial plan, the SAA has contacted the Government Response team seeking clarification on some items.

** The SAA has indicated in the following provincial plan the areas relevant to our sport and those are incorporated into the SAA's guiding document - "Sask Archery's - Archery Specific Guidelines for affiliated club members" (APPENDIX I)

Public Health Orders

In response to the public health risks of COVID-19, the Chief Medical Health Officer issues public health orders under the authority of The Public Health Act, 1994. The public health orders include measures and restrictions to mitigate the transmission of the virus. As the pandemic evolves, the public health orders will change accordingly. **Regional differences** in transmission and health care needs may also require some changes to the overall provincial approach.

Below are some general restrictions in place to help prevent the transmission of COVID-19. For a complete list of restrictions and information on the current public health orders, as well as restrictions for specific workplaces, please visit [saskatchewan.ca/COVID19](https://www.saskatchewan.ca/COVID19).

General Restrictions

- Gatherings are currently limited to a maximum of 15 people indoors and 30 people outdoors (excluding family members living in the same household).
 - o Effective June 22, 2020, indoor gatherings of up to 30 are permitted where space allows for two metres of physical distancing between participants. Outdoor gatherings of up to 30 people are still permitted with appropriate physical distancing.
- Non-essential international travel is strongly discouraged.
- Individuals identified as having COVID-19 or are identified by a Medical Health Officer as a close contact to person(s) having COVID-19 must immediately go into mandatory self-isolation until it is determined they no longer pose a public health threat.
- Individuals who are household members or close contacts of a person or persons with COVID-19 must immediately go into mandatory self-isolation for 14 days from the last date of exposure and call HealthLine 811 if they become symptomatic.
- Individuals who travelled internationally must go into mandatory self-isolation for 14 days from the date of arrival back into Canada, except for the following people if they are supervised by Infection Prevention and Control Officers or Occupational Health and Safety in the workplace:
 - o specific health care workers
 - o workers who provide emergency health care services
 - o workers who are essential to maintaining essential services
 - o workers who maintain the supply chain; or
 - o rail, airline and transport crews.
- Visitors to special care homes, hospitals, personal care homes and group homes are restricted to family or designates visiting for compassionate reasons. All visitors must undergo additional health screening prior to entry.
- All businesses permitted to operate shall do so in accordance with the public health order and in a manner that prevents transmission of COVID-19.

PHASE 1

Outdoor Individual Recreation (May 15, 2020)

- All outdoor recreation operations must take precautionary measures, including increased cleaning and disinfecting of common and high-touch surfaces, in addition to practicing physical distancing.

For general workplace guidelines, please refer to the COVID-19 Workplace Information (page 14). All operators in Saskatchewan **must be** in compliance with these guidelines. The information below provides information for outdoor recreation operations, such as archery/gun ranges.

- **Group** recreation operations are **not allowed** at this time.
- All operators **must** take precautionary measures, including expanding the cleaning and disinfecting of common and **high-touch surfaces** in accordance with the public health order
- Physical distancing must be observed at all times, with a minimum of two metres of space between individuals.
- **No more than 10 people** are allowed to gather at one time.
- **No competitions or fundraising events permitted.**
- Members who are sick or symptomatic must not enter/participate.
- **Indoor activities are restricted** until Phase Four of Re-Open Saskatchewan.
- Individual instruction may be permitted with no contact and appropriate physical distancing. **No group** instruction.
- Clubhouse **facilities** must **remain closed**.
- Washrooms may be open, but **increased cleaning** and disinfection must take place.
- All food and beverage service is suspended, except curbside pick-up and delivery.
- Locker rooms must be closed.
- Equipment rentals are permitted but must be thoroughly cleaned and disinfected after each rental.
- All businesses and customers are expected to practice physical distancing

PHASE 3 – June 8, 2020

General Restrictions

- **Large public and private gatherings** – indoors and outdoors – **are prohibited**. Gatherings are currently limited to a maximum of 10 people (excluding family members living in the same household).
- **Effective June 8, 2020**, in most areas of the province, gatherings will be expanded to a maximum of 15 people indoors and **30 people outdoors**.
- **Effective June 8, 2020**, gatherings will be limited to a maximum of 10 people indoors and **20 people outdoors** in the **northwest region of the province** that was previously impacted by travel restrictions.

Outdoor Sports & Recreation Guidelines - June 11, 2020

For general workplace guidelines, please refer to COVID-19 Workplace Information. Operators of sports and recreation facilities in Saskatchewan must be in compliance with these guidelines. The information below provides guidelines for outdoor sports and activities.

GROUP ACTIVITIES

Sports and recreational activities for children and adults may resume in the first part of Phase 4 of Re-Open Saskatchewan. A date for this part of the phase will be announced during the week of June 15, 2020. This would include activities taking place on soccer fields, volleyball and basketball courts, baseball diamonds, lawn bowling greens and football fields. Full contacts sports, such as tackle football, rugby, wrestling, boxing, martial arts, and ball and field hockey with checking, are not permitted at this time.

Operators must implement measures to prevent the transmission of COVID-19.

Each sports organization and/or facility **must** establish a plan for how to minimize physical contact and the risk of COVID-19 transmission between participants.

This guidance is not intended to apply to professional sports teams with COVID-19 response plans.

Guidelines for General Operation

- **Group size/team gatherings must adhere to the maximum gathering limits** per the public health order.
- **At this time, teams are encouraged** to train, practice and **play/scrimmage within the team**. **Further information about competitions will be released in a future update** to Re-Open Saskatchewan.
- **Tournaments and** inter-provincial travel for games and competitions **are prohibited**.
- Where possible, **physical distancing should be observed**, with a minimum of two metres of space between individuals.
- **Areas where people naturally gather** (e.g. team benches, bleachers) **must be set up** and used in a way that follows **physical distancing requirements** (i.e. only allow every other row in bleachers, use visual cues).
- Pylons or other markers should be used to **define the group space**.
- **Schedules should be staggered** to promote physical distancing and allow for adequate cleaning and disinfection between use.
- Staff and participants should be given information on physical distancing and other requirements prior to attending. Staff should **discourage people gathering**.
- **Signage must be posted** to caution players about the risks of COVID-19.
- **Chewing tobacco, sunflower seeds, spitting**, sharing beverage containers and other similar behaviours increase the risk of COVID-19 transmission and are **not permitted**.
- **Congratulatory gestures**, such as high fives and handshakes, are **not permitted**.
- Try to **minimize cheering** and whistling as much as possible to limit the spread of COVID-19.
- **Request minimal spectator attendance** at events, and physical distancing must be maintained.
- **Trash containers must be emptied regularly** – a minimum of once per day.
- **No fundraising (e.g. 50/50 or fundraising events) are permitted unless contactless methods can be used**.
- Members who are sick or symptomatic must not enter/participate. Participants, spectators and volunteers should use the Government of Saskatchewan's online self-assessment tool to help determine if the illness may be COVID-19. The tool provides people with next steps depending on their responses.
- Shared equipment must be cleaned and disinfected frequently.
- **Hand hygiene should be performed prior to play** and contacting shared equipment through the duration of the activity, when possible (i.e. intermissions, breaks), **as well as at the end** of the activity.
- Where possible, participants should supply their own equipment.
- **All frequently touched surfaces should be cleaned and disinfected prior to a new group being provided access to field space**, including benches, dugouts, bleachers, railings, picnic areas, gates, etc..
- Washrooms may be open, but increased cleaning and disinfection must take place. **Handwashing facilities** (soap and water or an alcohol-based hand sanitizer approved by Health Canada) **must be provided**.

- Food and beverage services are permitted subject to the Restaurant and Licensed Establishments Guidelines.
- **Locker rooms must be closed.** Players can change footwear in the parking lot.
- **Close drinking fountains.** Water bottle filling stations are acceptable if appropriately and frequently sanitized. Participants must bring their own water bottles and not share with other participants.
- **Registration should be completed online** whenever possible. However, **if in person registration** is required, **physical distancing and sanitizing pens** between uses is **required**.
- **Contactless payment is preferred;** however, cash may be accepted where necessary.
- If a person becomes sick, they should immediately stop participating and return home.

INDIVIDUAL ACTIVITIES

The information below provides guidelines for outdoor recreation operations, such as archery/gun ranges.

- All operators **must take precautionary measures**, including expanding the **cleaning and disinfecting of common and high-touch surfaces** in accordance with the public health order
- **Physical distancing must be observed** at all times, with a minimum of two metres of space between individuals.
- **No more than 10 people** are allowed to gather at one time.
- **No competitions** or fundraising **events permitted**.
- Members who are sick or symptomatic **must not enter/participate**.
- Indoor activities are restricted until the second part of Phase Four of ReOpen Saskatchewan.
- **Instruction is permitted with no contact** and appropriate physical distancing.
- **Washrooms may be open**, but increased cleaning and disinfection must take place.
- All food and beverage service is suspended, except curbside pick-up and delivery.
- **Locker rooms must be closed.**
- Equipment rentals are permitted, but must be thoroughly cleaned and disinfected after each rental.

Phase Four Part I – June 22, 2020

- Child and youth day camps
- Outdoor pools and spray parks
- Seasonal/recreational outdoor sports and activities

Increasing the Size of Indoor Public and Private Gatherings to 30 People

Outdoor Sports & Recreation Guidelines - June 22, 2020

Group Activities

Effective June 22, 2020, sports and recreational activities for children and adults may resume in the first part of Phase 4 of Re-Open Saskatchewan. This would include activities taking place on soccer fields, volleyball and basketball courts, baseball diamonds, lawn bowling greens and football fields. Full contacts sports, such as tackle football, rugby, wrestling, boxing, martial arts, and ball and field hockey with checking, will not be permitted at this time.

Operators must implement measures to prevent the transmission of COVID-19. Each sports organization and/or facility must establish a plan for how to minimize physical contact and the risk of COVID-19 transmission between participants. This guidance is not intended to apply to professional sports teams with COVID-19 response plans.

Guidelines for General Operation

- **Group size/team** gatherings must adhere to the **maximum gathering limits** per the public health order.
- At this time, **teams are encouraged to train**, practice and play/scrimmage **within the team**. **Further information about competitions will be released in a future update to Re-Open Saskatchewan.**
- **Tournaments** and inter-provincial travel for games **and competitions are prohibited.**
- Where possible, physical distancing should be observed, with a minimum of two metres of space between individuals.
 - Areas where people naturally gather (e.g. team benches, bleachers) must be set up and used in a way that follows physical distancing requirements (i.e. only allow every other row in bleachers, use visual cues).
 - Pylons or other markers should be used to define the group space.
 - Schedules should be staggered to promote physical distancing and **allow for adequate cleaning and disinfection between uses.**
- Staff and participants should be given information on physical distancing and other requirements prior to attending. Staff should **discourage people gathering.**
- **Signage must be posted** to caution players about the risks of COVID-19.
- Chewing tobacco, sunflower seeds, spitting, sharing beverage containers and other similar behaviours increase the risk of COVID-19 transmission and are not permitted.
 - **Congratulatory gestures**, such as high fives and handshakes, are **not permitted.**
 - Try to minimize cheering and whistling as much as possible to limit the spread of COVID-19.
- Request minimal spectator attendance at events, and physical distancing must be maintained.
 - Trash containers must be emptied regularly – a minimum of once per day.
- **No fundraising** (e.g. 50/50 or fundraising events) are permitted **unless contactless methods can be used.**
- Members who are sick or symptomatic must not enter/participate. Participants, spectators and volunteers should use the Government of Saskatchewan's **online self-assessment** tool to help determine if the illness may be COVID-19. The tool provides people with next steps depending on their responses.
- Shared equipment must be cleaned and disinfected frequently.
- **Hand hygiene** should be **performed prior to play and contacting shared equipment through the duration of the activity**, when possible (i.e. intermissions, breaks), as well **as at the end of the activity.**
- Where possible, participants should supply their own equipment.
- **All frequently touched surfaces should be cleaned and disinfected prior to a new group being provided access** to field space, including benches, dugouts, bleachers, railings, picnic areas, gates, etc.
 - Washrooms may be open, but increased cleaning and disinfection must take place. **Handwashing facilities (soap and water or an alcohol-based hand sanitizer approved by Health Canada) must be provided.**
- Food and beverage services are permitted subject to the Restaurant and Licensed Establishments Guidelines.
- Locker rooms must be closed. Players can change footwear in the parking lot.
- Close drinking fountains. Water bottle filling stations are acceptable if appropriately and frequently sanitized. Participants must bring their own water bottles and not share with other participants.
- Registration should be completed online whenever possible. However, if in person registration is required, physical distancing and **sanitizing pens between uses is required.**
- Contactless payment is preferred; however, cash may be accepted where necessary.
- If a person becomes sick, they should immediately stop participating and return home.

INDIVIDUAL ACTIVITIES

The information below provides guidelines for outdoor recreation operations, **such as archery/gun ranges.**

- All operators must take precautionary measures, including **expanding the cleaning and disinfecting of common and high-touch surfaces in accordance with the public health order**
- **Physical distancing** must be observed at all times, with a minimum of two metres of space between individuals.
- **Gathering sizes must reflect the restrictions** in the public health order.
- **No competitions or fundraising events permitted.**
- Members who are sick or symptomatic **must not** enter/participate.
- **Indoor activities are restricted** until the second part of Phase Four of ReOpen Saskatchewan.
- Instruction is permitted with no contact and appropriate physical distancing.
- Washrooms may be open, but increased cleaning and disinfection must take place.
- **All food and beverage service is suspended**, except curbside pick-up and delivery.
- Locker rooms must be closed.
- Equipment rentals are permitted but must be thoroughly cleaned and disinfected after each rental.

Outdoor Sports & Recreation Guidelines – updated June 23, 2020

GROUP ACTIVITIES

Outdoor sports and recreational activities for children and adults may resume, including activities taking place on soccer fields, volleyball and basketball courts, baseball diamonds, lawn bowling greens and football fields.

Operators must implement measures to prevent the transmission of COVID-19. COVID-19 droplet transmission is much more likely when individuals are in close contact. The likelihood of transmission between individuals participating in sport, physical activity and recreation in an indoor setting is significantly higher. Transmission is less likely in an outdoor setting, where air flow is greater and there is more space for individuals to keep physically distanced. COVID-19 can also be transmitted if someone touches a contaminated surface and then touches their face without washing their hands. Many activities involve shared equipment among participants, coaches/staff, instructors, officials or volunteers (e.g. shared baseballs, basketballs, volleyballs).

The virus does not enter the body through skin; it enters through the eyes, nose or mouth when an individual touches their face. This is why regular hand hygiene and cleaning of high-touch surfaces are so important.

Each sports organization and/or facility must establish a plan for how to minimize physical contact and the risk of COVID-19 transmission between participants. The guidance should align with provincial and national sporting bodies for each activity and be at least as restrictive as provincial guidelines. This guidance is not intended to apply to professional sports teams with COVID-19 response plans.

Guidelines for General Operation are to be followed in conjunction with the ****Archery Specific Guidelines for Affiliated Clubs **** (Appendix I)

- ****Designate one** or more people **to be responsible** for ensuring compliance with these guidelines.
- ****Contactless fundraising** activities are permitted.
- **** Staff and participants should be given information** on physical distancing and other requirements prior to attending. Staff should discourage gathering.
- **** Signage must be posted** to caution players about the risks of COVID-19.
- ****Encourage participants to arrive** no more than five to 10 minutes before the scheduled activity to reduce people gathering in groups.
- ****Registration processes should be completed online** whenever possible; however, if in-person registration is required, physical distancing and sanitizing pens between uses is required.
- Contactless payment is preferred; however, cash may be accepted where necessary.
- ****Parents and other spectators must not total more than the maximum gathering limits** per the public health order per team at each game and must ensure physical distancing between non-household members.
- Request **minimal spectators** attend events. Discourage gatherings.
- Spectators **must** maintain distancing of at least two metres from other members of the public.
- ****Spectators (excluding parents and guardians where necessary for player support) should be kept out of participant spaces (e.g. fields of play, courts).**

Competition and Game Play

- ****If physical distancing is possible, certain organized sports, physical activities and recreation activities may proceed as normal (programming, training, practice and competition).**
- **** Tournaments and interprovincial competition are not permitted.**
- For sports or activities where participants are unable to adhere to physical distancing, groupings (mini-leagues) should be formed. Mini-leagues can be comprised of multiple teams, but no more than 50 individuals.
- Mini-leagues allow sports teams to return to a safe level of play, and will help mitigate the risk of widespread transmission by limiting the number of athletes that come in close contact with each other.
- The 50-person maximum per mini-league includes coaches/staff, instructors, participants from multiple teams, officials and volunteers who cannot maintain two metres of distancing from others at all times. Spectators, including parents, who are not part of a previously listed category, and others who can ensure physical distancing are not included in the 50-person total.
- No single group on the field shall exceed the gathering limits in the public health order. Teams need to be separated while on the sidelines and players cannot exceed gathering limits during games, practices or training.
- Mini-leagues must be comprised of individuals within the same neighbourhood, community or local geographical region (e.g. within a rural municipality, town, quadrant of a city or nearest community).
- Mini-leagues should remain together until restrictions are further relaxed.
- Game play can resume between teams in a mini-league and must be limited to teams within the same mini-league.
- **Teams in different mini-leagues should not play each other.**
- At least two metres distancing should be maintained between all individuals, except members of the same household, when off the field of play (e.g. on benches, during intermission).
- Contact must be minimized whenever possible.
- **Tournaments and interprovincial travel are not permitted.**
- **** If physical distancing cannot be maintained or is unpredictable, a mask should be worn by those not participating in the activity (i.e. coaches, volunteers, etc.).**

Participant Health and Illness

- ** Members who are sick or symptomatic must not enter/participate. Participants, spectators and volunteers should use the Government of Saskatchewan's self-assessment tool for COVID-19 and follow the subsequent directions.
- Players whose activities involve being within two metres of other players should self-monitor.
- ** **Organizers must keep a record of attendees.** All players, spectators, staff and volunteers **must** sign in on arrival with name and phone number and/or email to facilitate contact tracing, if necessary, and keep attendance records for a minimum of one month. **Where possible, do not use a common pen.** Providing this information is voluntary for attendees and can only be used for the purposes of COVID-19 contact tracing.
- ** If a person becomes sick, they should immediately stop participating and return home.
- If a person becomes sick or injured, and first aid or further care is required:
 - Try to limit the number of individuals in contact with the sick person.
 - Place a mask over the individual's mouth and nose if they are not able to do so. Maintain a safe distance until the mask is in place.
- First aid providers caring for people should follow standard precautions. Those who provide direct care requiring close or direct contact should wear a mask.
- Following care, first aid providers should discard the mask and gloves following standard procedures and perform hand hygiene.

** Physical Distancing

- Physical distancing **must be** observed at all times, with a minimum of two metres of space between individuals.
- Players on the same team grouping may be within two metres during play/drills. Intentional contact should be minimized where possible.
- ** Areas of congregation (e.g. team benches, bleachers) must be set up and used in a way that adheres to physical distancing requirements (i.e. only allow every other row in bleachers, use visual cues, etc.). 80
- Pylons or other markers should define the group space.
- Schedules should be staggered to promote physical distancing and allow for adequate cleaning and disinfection between uses.

** Cleaning, Disinfection and Hand Hygiene

- Encourage participants to bring their own equipment to the facility.
- Participant-owned equipment, including sport gloves, should be visibly clean.
- Shared equipment (e.g. tennis balls, basketballs, bats, etc.) must be cleaned and disinfected frequently.
- Where rental equipment is provided, it should be assigned to one person only and be laundered or cleaned and disinfected upon return.
- Hand hygiene should be performed prior to play and contacting shared equipment, as well as through the duration of the activity (i.e. intermissions, breaks, etc.) and at the end.
- All frequently touched surfaces should be cleaned and disinfected prior to a new group being provided access to field space, including benches, dugouts, bleachers, railings, picnic areas, gates, etc.

Conduct

- Spitting (includes seeds, tobacco and fluids) and other similar activities increase the risk of transmission of COVID-19 and are not permitted.
- Individuals must not share personal items (i.e. equipment or beverage containers).
- Congratulatory gestures such as high fives and handshakes are not permitted.
- Spectators, participants and players, staff, coaches and volunteers should try to minimize cheering and whistling as much as possible to control the spread of COVID-19.
- Consider how to adapt activities to take place outdoors and modify play to decrease physical contact, whenever possible.
- Intentional contact during sport or activity must be limited. Modifications to activities that limit physical contact are recommended.

INDIVIDUAL ACTIVITIES

The information below provides guidelines for outdoor recreation operations, such as archery/gun ranges.

- All operators must take precautionary measures, including expanding the cleaning and disinfecting of common and high-touch surfaces in accordance with the public health order
- Physical distancing must be observed at all times, with a minimum of two metres of space between individuals.
- Gathering sizes must reflect the restrictions in the public health order.
- No competitions or fundraising events permitted.
- Members who are sick or symptomatic must not enter/participate.
- Indoor activities are restricted until the second part of Phase Four of ReOpen Saskatchewan.
- Instruction is permitted with no contact and appropriate physical distancing.
- Washrooms may be open, but increased cleaning and disinfection must take place.
- Food and beverage services are permitted subject to the Restaurant and Licensed Establishments Guidelines.
- Locker rooms are permitted with increased cleaning and disinfection. However, players can still be encouraged to change their footwear in the parking lot.
- Equipment rentals are permitted, but must be thoroughly cleaned and disinfected after each rental.

APPENDIX III

SCREENING QUESTIONNAIRE

In effort to determine your access to sport and to assist with contact tracing should the need arise from today's event we ask that you fill out this questionnaire prior to your participation.

1.	Do you have any of the following symptoms?	CIRCLE ONE	
	Fever	Yes	No
	Cough	Yes	No
	Shortness of breath or difficulty breathing	Yes	No
	Sore Throat	Yes	No
	Runny nose or congestion	Yes	No
	Feeling unwell	Yes	No
	Nausea, vomiting, or diarrhea	Yes	No
	Muscle aches	Yes	No
	Headache	Yes	No
	New loss of sense of taste or smell	Yes	No
	Conjunctivitis	Yes	No
2	Have you, or anyone in your household, travelled outside of Saskatchewan in the past 14 days or to a community with a COVID-19 outbreak?	Yes	No
3	Have you, or anyone in your household attending today, had close contact (within 2 metres) with someone that is being investigated for or confirmed to have COVID-19?	Yes	No
4	Have you, or anyone in your household, been in contact in the last 14 days with someone that is being investigated for or confirmed to have COVID-19?	Yes	No
5	Have you, or anyone in your household, been instructed to self-isolate?	Yes	No

If you have answered "YES" to any of the above questions, your participation is respectfully declined today.

If you have recently developed any of these symptoms, please call 811 or visit the Government of Saskatchewan website to use the self-assessment tool to see if you require testing.

If you have answered "NO" to all the above questions, please sign in.

We remind you to practice good hand hygiene (use of hand sanitizer) after each time you pull your arrows

Name: _____

Date: _____

Hometown: _____

Phone #: _____

Email: _____

APPENDIX IV

Archer Spacing

The following was developed by Dr. Curt Smecher

Each Archer normally has a minimum personal space (Shooting Lane) of 80 cm, or 1 m for wheelchairs. In addition, in order to keep a minimum of 2 m physical distancing, Shooting Lanes should be spaced 1 m wide and 2 m apart. This places them at 3 m centre to centre.

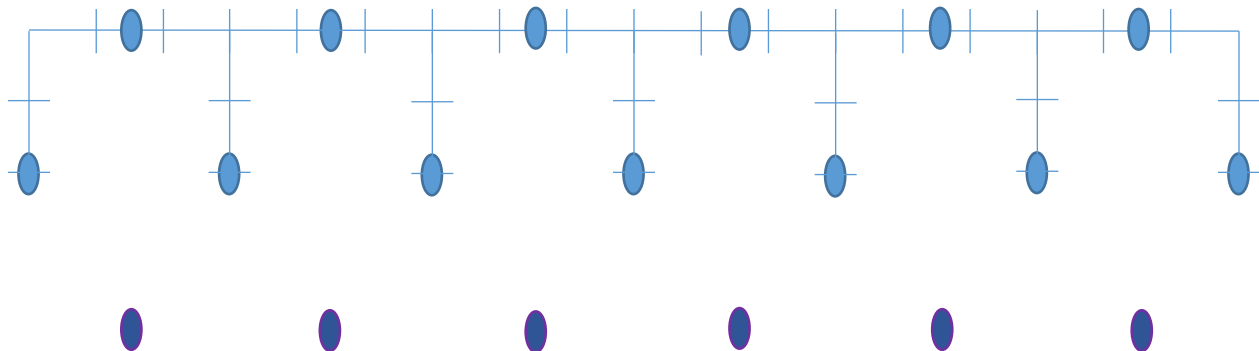
For a single line of Archers, the shooting line looks like:



For multiple lines, staging will need to be coordinated.

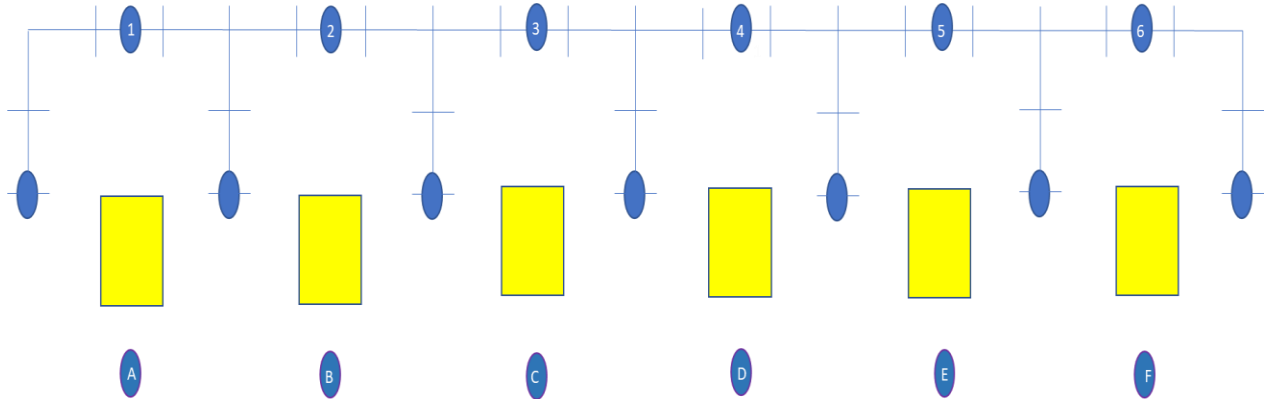
AB Lines

For 2 Archers sharing a lane, in order to keep distances to no less than 2 meters, the line will need to be run as 2 lines, and the range behind the shooting line will need to be arranged as:

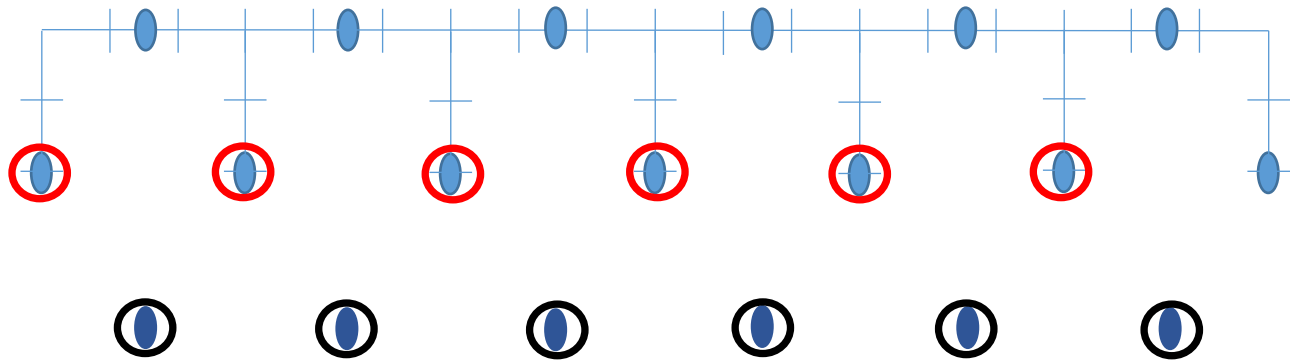


Where we have the same arrangement for a shooting line, but 2 m behind that, and between the shooting positions we have a line of "Transition Positions", and 2 metres behind that, in line with the shooting positions we have a line of "Waiting Positions".

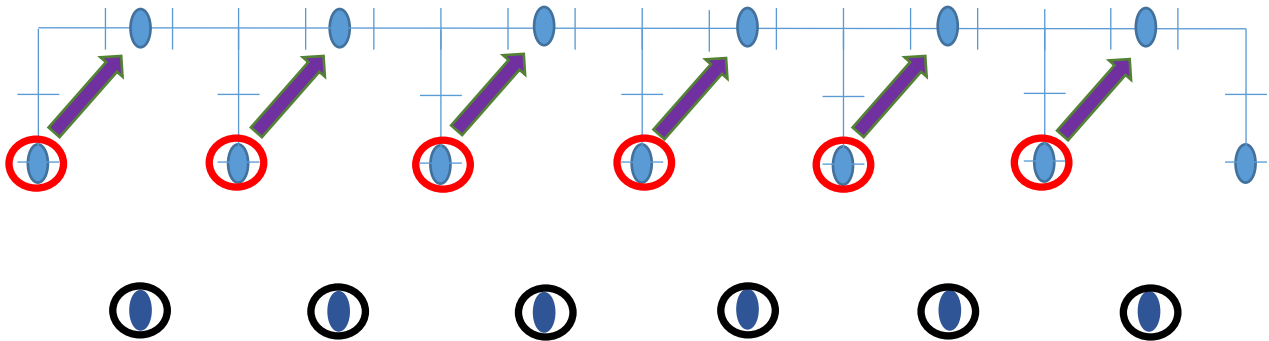
Only 1 Archer is allowed at any position at any time. Storage, bow racks, bow stands, etc. can be accommodated in the center area:



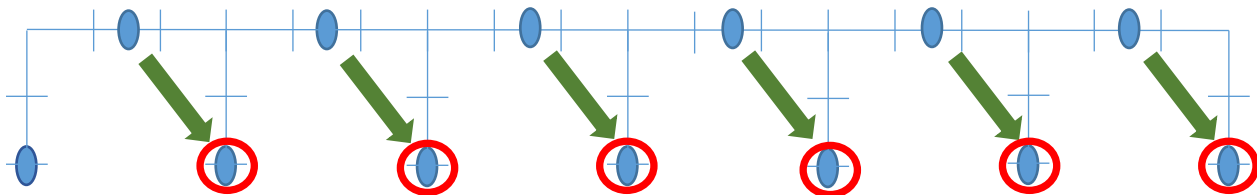
In order to move during shooting, we have archers starting on the transition position (red) and the waiting position (black):



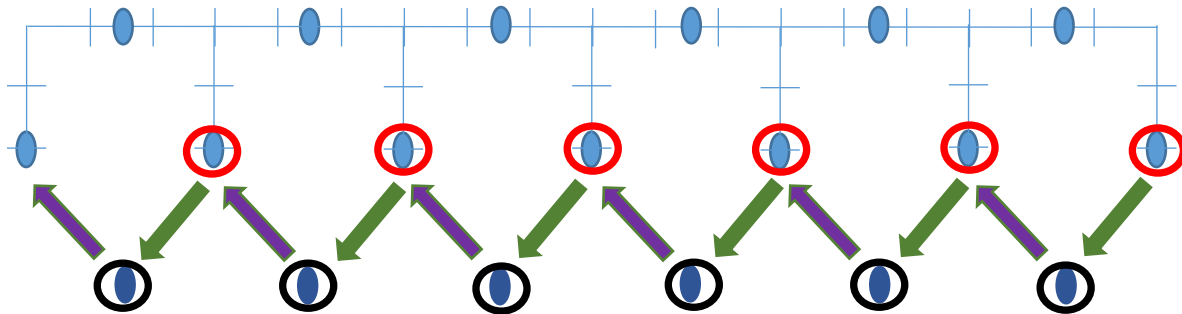
On the "Call to the Line", the Archer in the Transition Position moves to the Shooting Line:



The Archers then shoot their arrows, and move clockwise off the line to the other Transition Position:



Once all Archers are off the line, a Transition is signalled, and the 2 Archers move one position clockwise:



The Archers end up at the starting position, but with the second Archer ready to go on the line:

