

VIRGINIA DUALS

KIDS INDIVIDUAL NATIONAL CHAMPIONSHIP

(USA WRESTLING SANCTIONED)



JANUARY 12, 2020 (SUNDAY)
HAMPTON COLISEUM
1000 Coliseum Drive
HAMPTON, VIRGINIA 23666



STYLE: FOLKSTYLE

FORMAT: DOUBLE ELIMINATION. NO SEEDING, WRESTLEBACKS FOR TRUE SECOND.
WRESTLING WILL BE CONDUCTED ON 5 MATS.

DIVISIONS: K-2: 40, 44, 48, 52, 56, 60, 64, 68, 72, AND OVER 72
3-5: 48, 52, 56, 60, 64, 68, 72, 76, 80, 84, 88, 92, 96, 105, AND OVER 105
6-8: 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 145, 165,
185, AND OVER 185

SCHEDULE: START TIME IS 9:00 AM ALL DIVISIONS AND WEIGHT CLASSES

REGISTRATION & PAYMENT: WWW.TRACKWRESTLING.COM
DEADLINE FOR REGISTRATION IS FRIDAY, 10 JAN 2020 BY 5:00 PM.
MUST BE PAID IN FULL (NO EXCEPTIONS)

WEIGH-INS: SATURDAY, 11 JAN 2020 AT THE HAMPTON COLISEUM
11:00 AM to 1:00PM WEIGH-INS & SKIN CHECKS FOR ALL AGE GROUPS
*** NO WEIGH INS WILL OCCUR ON SUNDAY
*** WRESTLERS MUST WEAR A SINGLET TO WEIGH IN.

WEIGHT CHANGES MUST BE CHANGED BEFORE 5 PM THURSDAY EVENING
(AFTER THAT, THERE WILL BE AN EXTRA CHARGE OF \$10.00)

*****SATELITE SITES ARE: LOCATIONS WILL BE ANNOUNCED IN DEC 2019

ENTRY FEE: \$35.00 FOR PARTICIPANTS,
\$10.00 SPECTATOR ADMISSION FEE (does not include Hampton Coliseum service charge)

THIS IS A USA WRESTLING EVENT. MUST HAVE A USAW CARD TO PARTICIPATE

AWARDS: OUTSTANDING CUSTOM MEDALS FOR 1ST – 6TH PLACE,

CONCESSIONS: WILL BE AVAILABLE (NO COOLERS WILL BE ALLOWED)

HOTELS: SEE ATTACHED HOTEL LIST FOR SPECIAL EVENT RATES

COACH FEE: \$15.00; COACHES MUST HAVE A COACHES BAND TO GET ON THE FLOOR TO
COACH YOUR WRESTLER (CAN BE PURCHASED AT THE COLISEUM DURING
WEIGHINS OR SUNDAY MORNING)

TOURNAMENT DIRECTOR: RODNEY GRAINGER, 757-286-7982 or vadualskids@aol.com
(Any parent willing to work tables will get in free and we will feed you.) But you will need to
contact me one week before the tournament so we can schedule you your table.