

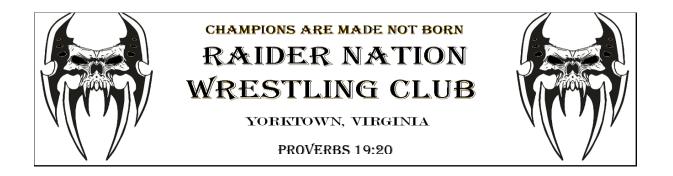
RAIDER NATION RUMBLE DUAL TOURNAMENT

LIMITED TO THE FIRST 10 PAID ENTRIES, TEAMS WILL WRESTLE AT LEAST 5 MATCHES

- WHEN: December 14TH, 2019 (Saturday)
- WHO: K 8TH GRADERS
- WHERE: Tabb High School 4431 Big Bethel Rd, Yorktown, VA 23693
- TIME:WEIGH-INS ARE FRIDAY NIGHT DECEMBER 13, FROM 6:00-9:00 PM AT THE RAIDER NATON
WRESTLING ROOM 204 APPLE LANE YORKTOWN VA 23693.
SUNDAY MORNING FROM 7:30 8:15 AM WILL BE AT YORK HIGH SCHOOL.
 - NO SATELLITE WEIGHT IN.

WRESTLING WILL BEGIN AT 9:00 AM *COACHES MEETING WILL BE AT 8:30 AM*

- FORMAT: FOLKSTYLE- HIGH SCHOOL RULES APPLY (TAPED LACES WAIVED/HEADGEAR IS REQUIRED) - 2 GROUPS OF 5. CLUB TEAMS ONLY. NO ELIETE TEAM
- RULES: RULES WILL BE ACCORDING TO THE USA WRESTLING RULES. COMPETITORS MUST BE BORN IN 2005 OR AFTER AND PROVIDE A VALID USA MEMBERSHIP CARD EACH TEAM WILL BE RESPONSIBLE TO BRING ONE SCORER / TIMER. HEADGEAR MANDATORY.
- WEIGHTS: 45, 50, 55, 60, 65, 70, 75, 80, 87, 93, 100, 107, 114, 120, 125, 132, HWT (140 152) (1 LB Allowance) ALL EXCEPT HEAVYWEIGHT.
- **REGISTRATION:** TEAM REGISTRATION & ROSTER MUST BE RECIEVED **BY THURSDAY DEC 12, 2019 BY 6:00 PM.** WAIVERS MUST BE COMPLETED AND TURNED IN AT COACHES MEETING.
- ENTRY FEE: 400.00 CHECKS MUST BE PAYABLE TO RAIDER NATION WRESTLING CLUB
- USA CARD: ALL WRESTLERS MUST HAVE A USA WRESTLING CARD AND PRESENT IT AT CHECK-INS. COACHES IN CORNER MUST HAVE A CURRENT USA COACHES CARD. ONLY 3 COACHES IN CORNER
- AWARDS: TEAM TROPHIES WILL BE AWARDED FOR 1ST THRU 3RD PLACE. INDIVIDUAL MEDALS WILL BE GIVEN TO PARTICIPANTS ON 1ST, 2ND AND 3RD PLACE TEAMS.
- CONCESSIONS: FOOD AND BEVERAGES WILL BE AVAILABLE.
- ADMISSION: \$5.00-AGES 12 & UP, ROSTERED TEAM COACHES ADMITTED FREE
- **TOURNAMENT DIRECTOR:**Minda Harrell (757-880-1340) or Natasha Turner (757-775-2818)Email raider_nation_wrestling_club@yahoo.com



NAME:	PHONE#:	
ADDRESS:		
DATE OF BIRTH:	AGE:	
TEAM:		
EMAIL:		
USA Wrestling#:		

PLEASE ENTER ME IN THE ABOVE WRESTLING TOURNAMENT. I HEREBY RELEASE RAIDER NATION WRESTLING CLUB, YORK HIGH SCHOOL, THE OFFICIALS OF THE TOURNAMENT AND ANYONE CONNECTED WITH THE TOURNAMENT FROM ANY CLAIM, LIABILITY OR RIGHTS TO DAMAGES FOR ANY INJURIES OR LOSSES SUFFERED BY MYSELF IN TRAINING FOR, TRAVELING TO AND FROM, OR PARTICIPATING IN THIS TOURNAMENT.

WRESTLER'S SIGNATURE:	

PARENT'S SIGNATURE: _____