

# VIRGINIA DUALS

## KIDS INDIVIDUAL NATIONAL CHAMPIONSHIP

(USAW WRESTLING SANCTIONED)  
**VACW Championship Series Event**



**JANUARY 12, 2020 (SUNDAY)**  
**HAMPTON COLISEUM**  
1000 Coliseum Drive  
HAMPTON, VIRGINIA 23666

**STYLE:** FOLKSTYLE

**FORMAT:** DOUBLE ELIMINATION. NO SEEDING, WRESTLEBACKS FOR TRUE SECOND.  
WRESTLING WILL BE CONDUCTED ON 5 MATS.

**DIVISIONS:** K-2: 40, 44, 48, 52, 56, 60, 64, 68, 72, AND OVER 72  
3-5: 48, 52, 56, 60, 64, 68, 72, 76, 80, 84, 88, 92, 96, 105, AND OVER 105  
6-8: 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 145, 165,  
185, AND OVER 185

**SCHEDULE:** START TIME IS 9:00 AM ALL DIVISIONS AND WEIGHT CLASSES

**REGISTRATION & PAYMENT:** [WWW.TRACKWRESTLING.COM](http://WWW.TRACKWRESTLING.COM)  
**DEADLINE FOR REGISTRATION IS FRIDAY, 10 JAN 2020 BY 5:00 PM.**  
**MUST BE PAID IN FULL (NO EXCEPTIONS)**

**WEIGH-INS:** SATURDAY, 11 JAN 2020 AT THE HAMPTON COLISEUM  
11:00 AM to 1:00PM WEIGH-INS & SKIN CHECKS FOR ALL AGE GROUPS  
\*\*\* NO WEIGH INS WILL OCCUR ON SUNDAY  
\*\*\* WRESTLERS MUST WEAR A SINGLET TO WEIGH IN.

**WEIGHT CHANGES MUST BE CHANGED BEFORE 5 PM THURSDAY EVENING**  
**(AFTER THAT, THERE WILL BE AN EXTRA CHARGE OF \$10.00)**

\*\*\*\*\*SATELITE SITES ARE: LOCATIONS WILL BE ANNOUNCED IN DEC 2019

**ENTRY FEE:** \$35.00 FOR PARTICIPANTS,  
\$12.00 SPECTATOR ADMISSION FEE (does not include Hampton Coliseum service charge)

**THIS IS A USAW WRESTLING EVENT. MUST HAVE A USAW CARD TO PARTICIPATE**

**AWARDS:** OUTSTANDING CUSTOM MEDALS FOR 1<sup>ST</sup> – 6<sup>TH</sup> PLACE,

**CONCESSIONS:** WILL BE AVAILABLE (NO COOLERS WILL BE ALLOWED)

**HOTELS:** SEE ATTACHED HOTEL LIST FOR SPECIAL EVENT RATES

**COACH FEE:** \$10.00; COACHES MUST HAVE A USA COACHES CARD TO COACH; MUST HAVE A COACHES BAND TO GET ON THE FLOOR TO COACH YOUR WRESTLER (CAN BE PURCHASED AT THE COLISEUM DURING WEIGHINS OR SUNDAY MORNING)

**TOURNAMENT DIRECTOR:** RODNEY GRAINGER, 757-286-7982 or [vaduaskids@aol.com](mailto:vaduaskids@aol.com)  
(Any parent willing to work tables will get in free and we will feed you.) But you will need to contact me one week before the tournament so we can schedule you your table.