

Contact Dermatitis

Poison Ivy / Oak, Giant Hog Weed, Sumac, and many other plants can cause some people to create allergic skin rashes that can overwhelm the entire body and even in very rare cases; cause blindness. Medical will list it all as "contact" caused dermatitis. Some people never get these rashes, while others will have large bags of skin filled with itchy fluids that will torment them for weeks, even months. When in doubt, go to your local urgent care / doctor and they give you a shot and 12 days of pills. The drugs do not cure the body; if anything the drugs seem to slow down the immunity reaction from the adrenal glands, liver etc. Once the body stops over reacting, the acidic fluids stop and then the skin heal its self.

At home Prevention and Treatment

Always wash with soap and cool water after contact with wild plants. For some that will not stop the allergic reaction and the more fearful they are, often the larger the reaction. Some will outgrow this problem later in life as they loose fear of the plants.

Hay Fever / Rash Prevention

Immu Calm: syrup 1 tablespoon daily starting 2 months prior to the season that the person has issues with plant rashes and hay fever type problems. Capsules 2 daily.

Iodine Herbal Minerals: 1 tablespoon daily as prevention of all mineral deficiency health issues.

Plant Rashes (ADULTS)

Ivy / Itch Tincture: Prevention: 1 teaspoon daily 30 days in advance of contact with plants. Treatment: 1 teaspoon 3-4x daily.

Ivy / Itch Spray: use as often as needed on affected areas.

Wet oozing skin: Take **BF&C Powder Combination** and blend in 1/3 water and stir into paintable thickness. Use small brush and **paint all affected rashes and cover completely**. Do not cover with any form of bandages "IF" the skin is oozing fluids of any type. These fluids must not be trapped and permitted to escape the skin. The BF&C Powder will absorb and seek to heal the skin. Apply new BF&C over the old BF&C each morning making a thick dark covering.

BF&C Capsules: Take as many capsules as required to stay pain free for broken bones, rashes, burns and all damage. Normally 20-50 capsules daily for broken bones. The BF&C powder can also be consumed in a drink. **BF&C internally and externally** will heal all that can be healed. Treat leg ulcers the same method.

Our BF&C is a blend of Dr. Christopher's 2 greatest herbal formulas, with real Comfrey Rt. White Oak and all the calcium rich herbs.



Using BF&C Powder / Water Paste, paint 100% of all affected areas as often as desired. Paint over yesterday's paste. The thicker the better, helps stop itching, dries up the fluids, heals the skin, should leave a scar free result when BF&C Capsules / Powder / tea are plentifully taken internally.

(when in doubt, go to your local urgent care facility) The medical drugs can be used with the natural herbs. Always seek medical aid when eyes are affected.