In the past 2 years in America, something is seriously going wrong and the results are being called "Contact" Dermatitis. Medical gives you steroids and if that does not help, they give you more steroids. They have zero clues and zero treatment other than the standard steroid for all.

The only thing that has really changed that people can see, is the use of cell phones and Wi-Fi. Commercial foods; kids / people eat more and more chicken. Yet, the American Amish that generally have no cell phone inside their house and no Wi-Fi are plagued with "Contact" Dermatitis, in fact, anyone walking in the weeds on a summer day, can become a victim.

## How? Why? What is it?

Is what you will be asking yourself? It is something you can find on the Internet today that has plagued many people and I am sure it has lead to plenty dying, because they will go medical and will be loaded with steroids as the only treatment.

Try all the Internet and old standard products for the itch and they will fail. You will try them all as you search for anything to help. "Everyone" around you that has had it before, will say nothing works but the steroids and there will be plenty that will say they have gotten it in the past and learned you go to the E/R immediately and get your steroid shots and pills as fast as you can and just learn that is what you have to do.

Steroids are not a treatment for poison Ivy and that is what you will think you have on the first day. The itch and skin eruptions and loss of fluids by day 2-3 will be so bad, you will believe this is not poison Ivy, it has to be something far worse. In fact, some people develop a rash by touching just about any plant, even grass. While others can pick poison ivy or even eat it like my Grandmother did to show my dad what to do when he was a kid. Keep in mind, "I" would never ever eat Poison Ivy, unless maybe I was a little kid and under the influence of my grandmother's wishes. Why? Because today I would be scared to do such a thing and that fear would surely result in something very bad happening. Fear is what drives the body to respond more than all else.

I got poison ivy most every summer as a child and young adult, because I was in the woods often, but I never got it bad. Never ever did my parents need to take me to a doctor. My dad and his mom never got it and could pull up the plants with zero fears, while my mom did get poison ivy. Once I got into herbs, my poison ivy faded away; today the plant does not bother me. My kids do get it, but never bad, until 2019.

4<sup>th</sup> of July 2019, the youngest and the most healthiest kid of us all, went dirt bike riding on little 50 cc Honda bikes "after" working out with weights. They were sweaty and with no shirts on, went riding on the neighbor's weedy paths. Our boy is trained to take a shower after being in the weeds and he did, as did his friend, but apparently it was too late, the damage was done, because being hot and sweaty, what ever plant they had contact with, got them really bad.

48 hours later when our son came home, he took a shower and his arm skin literally filled with water and like bags of water, fell off his arms—he was in trouble. He had the worse case of poison ivy I have ever seen. Keep in mind, poison oak and poison sumac is not suppose to be in my area, but I am fairly sure I had poison sumac once when I was young, but it is rare where we live. In my entire lifetime, I never heard of other "poisonous" plants in my state. I grew up in the country, all my friends hunted or played outside and never once in my life did I ever hear of anything beyond just "poison ivy".

Soon after seeing that this was not a simple case of poison ivy, I started looking on the Internet and seen that many people today have been plagued with horrible "Contact" Dermatitis. Unknown Cause.

Many of these people say it can last 6 months and cause terrible scaring. Medical believes steroids are the only answer, because your body is just over responding to contact with an unknown substance. After all, touching poison ivy or any plant is not filling your skin up with itchy fluids and acid burns. That result is your immunity over reacting and seeking to repel or remove something. It is just like rubbing cayenne on your tender skin and your body tries to repel it by sending blood to the skin and creating acids to repel what has touched or had contact with the skin.

In the case of full body "Contact" Dermatitis most of your skin will be replaced as fluids are created under the skin and lift your skin up and off your body. These fluids can be extremely itchy because they are "burning" your skin. You will be in "torment" and beyond steroids, medical has little help. The steroids as far as I am aware of, just shut down your liver and stops your body's defenses.

Stopping your liver, is what most of medical always appeared to me as doing, just drugs that shut down the liver, so the body stops the fight. When the fight stops, the swelling stops and people then believe they were cured.

Taking herbs is the "opposite" of taking steroids. Herbs are just foods and if the liver is declaring battle anywhere in or on the body, herbs via what we call the 1957 Co-Q10 Theory are just going to help the liver do better. Does the liver / blood stream knows best? I would hope so, but medical drugs seem to believe the opposite and shutting down the liver their fastest solution to what ails you.

With this full body "Contact" Dermatitis you cannot only loose most of your skin, it will even develop under your fingernails. As all your skin is being burned by your own fluids, you will experience true "burns" and due to the large areas, you may come to a point you can not move your arms enough to even feed your self.

W & B Burn Ointment will not work, you cannot put salves / ointments on wet seeping poison ivy / "Contact" Dermatitis. You cannot apply ointments until the seeping of fluids is 100% over and that could be as long as 30-45 days if you do everything you possible can. When your skin is oozing itchy fluids, **YOU must dry it up.** 

Toxic plants like poison ivy for example, are not toxic to all people and these plants often have oils and their oils are what causes the "Contact" Dermatitis. Just like putting any essential oil direct on your skin, it can burn your skin, because your skin reacts and crates acid to repel the oil. So this is why you always want to take a soapy shower after being in contact with unknown weeds.

If your not prepared to deal with 30-45 days of extreme "Contact" Dermatitis, then you are best off to do like the public and get your steroid shot and bag of steroid pills the same day you see the itch and fluids appear on your skin. "IT" did not use to be this way, something has "changed" and the American Amish for the past 2 years have been plagued with this.

Dr. John R. Christopher created what we call **Immu Calm**, 2 simple herbs that he suggested you take 2 months prior to known seasonal allergies. He believed this calmed down your allergic reactions and helped you get through a season that you have allergic reactions to such things as tree pollen or what they call hay fever. I am not sure this would help avoid poison ivy.

It is rare, but has happened around the world, people's immunity over reacts so badly, they their entire body burns up, bones and all. Yet, they can die in a chair and the chair not burned at all. This happens because the body crates an acid that actually can burn bones, while a hot fire cannot burn bones completely. In very rare instances the poison started burning up in public and people were able to place them in cold water and stop the burning before they died. Most cases the person is just found burned completely with nothing much left other than their cloths and shoes. The human body is an amazing creation that the liver / blood / brain keeps control of.