

New Years - Virtual Sesshin Schedule

Wed 12/30

7:00p Zazen (40 min)
7:40p Kinhin
7:50p Zazen (30 min)
8:20p Four Vows (Doan)

Thurs 12/31

6:00a Zazen (40 min)
6:40a Kinhin
6:50a Zazen (30 min)
7:20a Kinhin
7:30a Zazen (30 min)
8:00a *Verse of the Kesa* & Meal
Chant

Break

9:15a Service
9:40a Zazen (15 min)
9:55a End Zazen
10:00a Dharma Talk
11:10-ish Zazen
11:45-ish Kinhin
11:55-ish Zazen
12:30p Samu Chant

Break

3:00p Zazen (35 min)
3:35p Kinhin

3:45p Zazen (35 min)

4:20p Kinhin

4:30p Zazen (30 min)

5:00p Meal Chant

Break

6:30p Zazen (35 min)

7:00p Break

7:10p Fusatsu Ceremony

7:45p Virtual Fire Puja

8:20p End/Break

Break

9:30p Zazen & Kinhin

12:15a Metta Prayer & Four
Bodhisattva Vows

Fri 1/1

7:00a Zazen (40 min)

7:40a Kinhin

7:50a Zazen (30 min)

8:20a Kinhin

8:30a Zazen (30 min)

9:00a *Verse of the Kesa* & Meal
Chant

Break

10:00a Closing Circle