



48697 Hayes Rd., Shelby Twp. MI 48315 Suite 126 586-246-5115

### **MICROBLADING BEFORE CARE INSTRUCTIONS**

For comfort during your microblading procedure and optimal results please DO NOT:

- Tweeze, wax, pick, tint eyebrows or perform electrolysis or laser hair removal for 7 days prior to procedure.
- Go tanning or have a sunburn for 7 days prior to procedure
- Have a facial for two weeks prior to procedure
- Have Botox 3 weeks prior to procedure
- Drink alcohol 48 hours prior to procedure
- Drink coffee the morning of your procedure
- Take aspirin or ibuprofen (Advil, Motrin) 48 hours prior to procedure
- Take Vitamin E or Fish Oil at least one week prior to the procedure (they are natural blood thinners)

PLEASE DO:

- Eat a good meal prior to your procedure
- Come to the appointment with your eyebrows styled the way you like them to look (if you style your eyebrows daily with makeup)

Complaints regarding non-compliance with applicable state and local regulations as they pertain to body art facilities can be made to the Macomb County Health Department at (586) 469-5236