



48697 Hayes Rd., Shelby Twp. MI 48315 Suite 126 586-246-5115

MICROBLADING AFTERCARE INSTRUCTIONS

Client Name: _____ Date: _____

Ink/Dye/Pigment(s) Applied: _____

To reduce the risk of infection, aid in proper healing and protect your investment, it is important to follow these directions until the site is completely healed.

PLEASE DO:

- Always wash your hands with antibacterial soap prior to caring for your microblading site.
- Beginning the night of the procedure before bed, the site should be gently cleaned 2-3 times a day with warm water and a mild cleanser that does not have any perfumes or dyes (safe for babies). Clean and dry the area in the direction of the hair growth with disposable cotton pads. Do not use cloth towels or washcloths.
- Apply a thin layer of the post-care serum (grapeseed oil) provided after cleansing for the next 7 days.

PLEASE DO NOT:

- Pick, scratch or wipe the site. You may experience skin peeling or itching as the site heals but to not peel or scratch the skin.
- Apply baby oil, vaseline, benpathen, or white petroleum.
- Allow others to touch the site.
- Immerse in water such as soaking in bathtub, hot tub, swimming or sauna for the next 7 days.
- Apply any makeup (such as eyebrow powder, foundation, bb cream, mineral powder, etc.) in the eyebrow area for the next 2 weeks.
- Expose to direct sunlight or uv rays for 4 weeks. Following this period, always apply spf when going outdoors.
- Have any facials, botox, microdermabrasion or chemical peels for 4 weeks.

Approximate healing time takes 2-4 weeks.

The perfecting session will take place between 4 and 8 weeks after the initial procedure.

Please note that good aftercare is the key in order to have a satisfactory result. 50% of the final result is related to a good aftercare routine. The eyebrows immediately after the procedure will be up to 30% darker and up to 15% thicker than normal. Please be patient and follow the aftercare instructions and advised by your technician. It is strongly advised to get the second session as suggested by a therapist as the procedure will not have the best result without this touch up.



The following verbal and/or written instructions were communicated to the client:

1. Information on the care of the procedure site.
2. Restrictions on physical activities such as bathing, recreational water activities, gardening, or contact with animals, and the duration of the restrictions.
3. Signs and symptoms of infection including but not limited to redness, swelling, tenderness of the procedure site, red streaks going from the procedure site towards the heart, elevated body temperature, swollen glands or purulent drainage from the procedure site.
4. Instructions to call a physician if any of the addressed signs and symptoms appear or for any other reason related to the body art procedure(s).
5. If physician care is required by the client related to the body art procedure(s), the client is to notify the body art facility and practitioner of the problem and the resolution by a physician or clinic. This information shall be placed in the client's file.

COMMENTS:

To the best of my knowledge this information is correct:

Practitioner Signature: _____ Date: _____

I have received aftercare instructions:

Client Signature: _____ Date: _____

Complaints regarding non-compliance with applicable state and local regulations as they pertain to body art facilities can be made to the Macomb County Health Department at (586) 469-5236