



**YOGAFX REVIEW ASSESSMENT**  
(45 minutes to complete)

STUDENT NAME :

NO	THE RESPIRATORY SYSTEM part 2 SERIES ASSESSMENT QUESTIONS			
1	Which two structures does the trachea lead to in the lungs?			
	a. The Bronchioles	b. The Bronchi	c. The pleural membranes	d. The Alveoli
2	The major function of Bronchioles is?			
	a. Deliver air from the trachea to the lungs	b. Deliver air to tiny sacs	c. Exchange of oxygen and carbon dioxide	d. Bring oxygenated blood from the lungs to the heart
3	The endpoint of the respiratory system is?			
	a. Bronchus	b. Blood vessel	c. Capillaries	d. Alveoli
4	The blood vessels in the respiratory system are located in the?			
	a. Bronchus	b. Bronchioles	c. Capillaries	d. Alveoli
5	Which of the following statements is about lungs?			
	a. The left side is a bit smaller than the lung on the right	b. The right side is a bit smaller than the lung on the left	c. They have the same size	d. None
6	The major muscle of respiration is?			
	a. The eupnea	b. The diaphragm	c. The costal breathing	d. The hyperpnea
7	Which of the following is <b>NOT</b> a lung disease?			
	a. Sarcoidosis	b. Pneumonia	c. Emphysema	d. Laryngitis
8	The Rib Cage which is made up of ___ sets of ribs			
	a. 10	b. 11	c. 12	d. 13
9	Those who breathe through the diaphragm will average __ to __ breaths per minute.			
	a. 6 to 8	b. 6 to 9	c. 10 to 15	d. 10 to 12
10	Which of the following is <b>NOT</b> the reason why we develop poor breathing patterns?			
	a. Small trauma	b. Poor posture	c. Genes	d. Age