



**YOGAFX REVIEW ASSESSMENT**  
(45 minutes to complete)

STUDENT NAME :

NO	THE SEKELETAL SYSTEM PART 1 SERIES ASSESSMENT QUESTIONS						
1	How many bones are there in a baby at birth?						
a.	About 300	b.	About 360	c.	About 400	d.	Less than 450
2	How many ribs are in the human body?						
a.	11 to 12	b.	12 to 13	c.	13 to 14	d.	12 to 14
3	In which areas of the body can we find the stapes bone?						
a.	Chin	b.	Eye	c.	Ear	d.	Nose
4	Which of the following is <b>NOT</b> a major function of skeletal system?						
a.	Locomotion	b.	Production heat	c.	Protect softer part of the body	d.	Storage of minerals
5	Which of the following is a flat bone?						
a.	Ischium	b.	Patella	c.	Iliac	d.	Carpals
6	The skull and vertebrae column are part of the _____ skeleton?						
a.	Appendicular	b.	Axial	c.	Appendicular and Axial	d.	None of the above
7	The adult Skull Bones consists of _____ bones						
a.	80	b.	20	c.	21	d.	22
8	The cervical vertebrae are numbered as?						
a.	C1 to C5	b.	C1 to C7	c.	C2 to C6	d.	C3 to C7
9	The second vertebrae called the axis has a large bony profusion that is known as?						
a.	The epistropheus process	b.	The odontoid process	c.	The pivot process	d.	None of the above
10	Which of the following is the primary function of lumbar spine disc, except?						
a.	Distribute the load	b.	Act as a shock absorbers	c.	Provide flexibility	d.	Transmit weight from the body to pelvis