G.D GOENKA PUBLIC SCHOOL, SIRSA

TERM-II SYLLABUS (XI HUMANITIES)

(ENGLISH)

1) Reading Comprehension- Unseen Passages

2) Writing Skill and Grammar

- a) Speech Writing
- **b)** Drafting Posters
- c) Notice Writing
- d) Official Letters/Business/Principal/School or college authorities
- e) Re ordering of sentences
- f) Transformation of sentences
- g) Tenses
- h) Determiners

3) Literature Textbook and Supplementary Reading Text

1 Hornbill - Prose

Chapter 1 The Portrait of a Lady

Chapter 2 We're Not Afraid to Die...if We Can All Be To

Chapter 3 Discovering Tut: the Saga Continues

Chapter 4 Landscape of the Soul

Chapter 5 The Ailing Planet: the Green Movement's Role

Chapter 6 The Browning Version

Chapter 8 Silk Road

1. Hornbill - Poem

Chapter 1 A Photograph (Poem)

Chapter 2 Lubrnum Top

Chapter 3 The Voice of the Rain

Chapter 4 Childhood

2. Snapshots: Supplementary Reader

Chapter 1 The Summer of the Beautiful White Horse

Chapter 2 The Address

Chapter 3 Ranga's Marriage

Chapter 4 Albert Einstein at School

Chapter 5 Mother's Day

Chapter 7 Birth

(HINDI) 'हिंदी कोर'

आरोह भाग 1 (पाठ्यपुस्तक)

काट्य खंड - कविता 1 हम तौ एक - एक करि जाना (कबीर)

कविता 2 मेरे तो गिरिधर गोपाल (मीरा)

कविता ४ वे आँखे (सुमित्रानंदन पंत)

कविता 5 घर की याद (भवानीप्रसाद मिश्र)

कविता ७ गज़ल (दुष्यंत कुमार)

कविता 10 आओ, मिलकर बचाएँ (निर्मला प्त्ल)

गद्य खंड - पाठ 1 नमक का दारोगा (प्रेमचंद)

पाठ 2 मियाँ नसीरुद्दीन (कृष्णा सोबती)

पाठ 5 गलत लोहा (शेखर जोशी)

पाठ 6 स्पीति में बारिश (कृष्णनाथ)

पाठ 8 जामुन का पेड़ (कृश्नचंदर)

पाठ ९ भारत माता (जवाहरलाल नेहरु)

वितान भाग 1 (पूरक पुस्तक)

पाठ 1 भारतीय गायिकाओं में बेजोड़ : लता मंगेशकर

पाठ 2 राजस्थान की रजत बूँदें

पाठ ३ आलो - आँधारि

कार्यालयी हिंदी और रचनात्मक लेखन

अभिव्यक्ति और माध्यम पुस्तक के आधार पर (N.C.E.R.T)

1 जनसंचार माध्यम और पत्रकारिता संबंधी प्रश्न

- 2 शब्दकोश संबंधी प्रश्न
- 3 दी गई स्थिति,चित्र या घटना पर आधारित रचनात्मक लेख
- 4 औपचारिक पत्र लेखन /स्ववृत्त लेखन /रोजगार सम्बंधी आवेदन पत्र
- 5 प्रतिवेदन (रिपोर्ट) 6 प्रेस विज्ञप्ति
- 7 कार्यसूची 8 कार्यवृत्त

अपठित बोध - अपठित गद्यांश , अपठित पद्यांश

(MATH)

(Prescribed Book - NCERT)

Chapter - 1 Sets

Chapter - 2 Relations and functions

Chapter - 3 Trigonometry

Chapter - 5 Complex number

Chapter – 6 Linear inequalities

Chapter – 7 Permutation and combination

Chapter - 9 Sequences and series

Chapter - 10 Straight lines

Chapter - 11 Conic section

Chapter – 12 Introduction to three dimensional geometry

Chapter – 13 Limits and derivatives

Chapter – 15 Statistics

Chapter – 16 Probability

(ECONOMICS)

Prescribed book:

Micro Economics -Textbook for class XI, Published by NCERT Statistics-Textbook for class XI, Published by NCERT

Micro Ch-1:Introduction

Ch-2: Theory of consumer behaviour.

Ch-3: Production and costs

Ch-4: Theory of the firm under perfect Competition

Ch-5: Market equilibrium

Statistics Ch 1:Introduction

Ch-2: Collection of data.

Ch-3: Organization of data.

Ch-4: Presentation of data.

Ch-5:Measures of central tendency.

Ch-6: Measures of dispersion.

Ch-7:Correlation

Ch-8: Index numbers

Ch-9:Use of statistical tools.

(HISTORY)

Textbook: Themes in World History:

- 1) Brick, Beads and Bones
- 2) Kings, Farmers and Towns
- 3) Kinship, Caste and Class

(POL. SCIENCE)

Book Prescribed: Indian Constitution at Work

Ch-1 Constitution: Why and How?

Ch-2 Rights in The Indian Constitution

Ch-3 Election and Representation

Ch-4 The Executive

Ch-5 The Legislature

Ch-6 The Judiciary

Ch-8 Local Governments

Ch-9 Constitution as a living Document

Book Prescribed: Political Theory

Ch-1 Political Theory: An Introduction

Ch-2 Liberty

Ch-3 Equality

Ch-4 Justice

Ch-5 Rights

Ch-10 Development

(PUNJABI)

ਭਾਗ-ੳ

ਪੜ੍ਹਨ -ਕੇਸ਼ਲ(Reading Skill)

1. ਅਣਡਿੱਠਾ ਪੈਰਾ

ਭਾਗ-ਅ

ਲਿਖਣ-ਕੇਸ਼ਲ(Writing Skill)

- 1. ਅਖਬਾਰਾਂ ਲਈ ਰਿਪੋਰਟ ਰਚਨਾ
- 2. ਸਮਾਜਿਕ, ਸੱਭਿਆਚਾਰਕ ਅਤੇ ਮਨੋਰੰਜਨ ਵਿਸ਼ੇ ਸੰਬੰਧੀ ਲੇਖ

ਭਾਗ-ੲ

ਵਿਆਕਰਨ

- 1.ਅਲੰਕਾਰ: ਅਨੁਪ੍ਰਾਸ,ਰੂਪਕ ਅਤੇ ਉਪਮਾ
- 2. ਰਸ: ਸ਼ਿੰਗਾਰ ਰਸ, ਹਾਸ ਰਸ ਅਤੇ ਕਰੂਣਾ ਰਸ
- 3. ਅਖਾਣ(ੳ ਤੋਂ ਹ ਤੱਕ)
- 4. ਸ਼ਬਦ ਸ਼ੁੱਧੀ

ਭਾਗ-ਸ

ਵਾਰਤਕ ਰਿਸ਼ਮਾਂ- 1. ਕਿਰਤ ਤੇ ਮਿੱਠਾ ਬੋਲਣਾ

- 2. ਹੱਸਣਾ ਤੇ ਕੂਕਣਾ
- 3. ਨੈਸ਼ਨਲ ਸਟੇਡੀਅਮ ਦੀਆਂ ਯਾਦਾਂ
- 4. ਮੁਆਫ਼ ਕਰਨਾ

ਕਾਵਿ-ਰੰਗ-

1. ਗੁਰੂ ਰਾਮਦਾਸ ਜੀ 2. ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ

3. ਬੁੱਲ੍ਹੇ ਸ਼ਾਹ

4. ਵਾਰਿਸ਼ ਸ਼ਾਹ

5. ਚਰਨ ਸਿੰਘ ਸ਼ਹੀਦ 5. ਬਚਨ ਬੇਦਿਲ

ਰਿਸ਼ਤੇ (ਨਾਟਕ)- ਵਰਿਆਮ ਮਸਤ।

(MUSIC)

Prescribed books: संगीत निधि

- Life sketch of tansen and V.N Bhaatkhande.
- Raag introduction prichay (vihag,bharavi,vrindavani sarang)
- Taal introduction (ektaal, teen tall, khehrwa taal, chau taal)
- Structure of tanpura and sitar
- Raag bandish
- Sangeet granth

(PHYSICAL EDUCATION)

Unit I

Planning in Sports

Meaning & Objectives Of Planning

Various Committees & its Responsibilities (pre; during & post)

Tournament - Knock-Out, League Or Round Robin & Combination

Procedure To Draw Fixtures - Knock-Out (Bye & Seeding) & League (Staircase & Cyclic)

Unit II

Sports & Nutrition

Balanced Diet & Nutrition: Macro & Micro Nutrients

Nutritive & Non-Nutritive Components Of Diet

Eating For Weight Control – A Healthy Weight, The Pitfalls of Dieting, Food Intolerance & Food Myths

Unit III

Yoga & Lifestyle

Asanas as preventive measures

Obesity: Procedure, Benefits & contraindications for Vajrasana, Hastasana, Trikonasana, Ardh Matsyendrasana

Diabetes: Procedure, Benefits & contraindications for Bhujangasana, Paschimottasana, Pavan Muktasana, Ardh Matsyendrasana

Asthema: Procedure, Benefits & contraindications for Sukhasana, Chakrasana, Gomukhasana, Parvatasana, Bhujangasana, Paschimottasana, Matsyasana

Hypertension: Tadasana, Vajrasana, Pavan Muktasana, Ardha Chakrasana, Bhujangasana, Sharasana

Unit IV

Physical Education & Sports for CWSN (Children With Special Needs - Divyang)

Concept of Disability & Disorder

Types of Disability, its causes & nature (cognitive disability, intellectual disability, physical disability)

Types of Disorder, its cause & nature (ADHD, SPD, ASD, ODD, OCD)

Disability Etiquettes

Strategies to make Physical Activities assessable for children with special need.
Unit V
Children & Women in Sports
Motor development & factors affecting it
Exercise Guidelines at different stages of growth & Development
Common Postural Deformities - Knock Knee; Flat Foot; Round Shoulders; Lordosis, Kyphosis, Bow Legs and Scoliosis and their corrective measures
Sports participation of women in India