

CONTENTS

	Page
(x) For Emancipation from Sorrow, Thought and Will must rise to Higher Planes ...	226
(xi) Thought and Action Must go together ...	227
(xii) The Development of the Conception of Society ...	228
(xiii) To an Enlightened Man Society means the entire Humanity ...	229
(xiv) The Realization of the Unity of the Self and the Universe is the Highest Ideal ...	231
15. Knowledge—Relative and Absolute Planes of Knowledge and Orders of Realities ...	234
(i) One Absolute Spirit—the Ideal of Knowledge ...	245
(ii) Character of Knowledge ...	245
(iii) Physical Plane of Knowledge and Its Conception of Reality ...	247
(iv) The Plane of Prāṇā and its Conception of Reality ...	248
(v) The Plane of Mānās and Its Conception of Reality ...	251
(vi) The Plane of Vijñāna and its Conception of Reality ...	255
(vii) The Plane of Perfect Ānanda ...	258
17. Ānanda Brahma-Vāda ...	261
(i) The Quest of the Absolute ...	263
(ii) The Method of the Quest ...	263
(iii) Varuṇa's Instruction to Bhṛgu ...	265
(iv) Physical Plane of Knowledge and Materialistic Conception of Brahman ...	267
(v) Vital Plane of Knowledge and Conception of Brahman as Prāṇā ...	268
	269

CONTENTS

ix

Page

(vi) Mental Plane of Knowledge and Conception of Brahman as Mind ...	271
(vii) Rational Plane and Brahman's Self-Revelation as Universal Reason ...	274
(viii) Plane of Ānanda and Brahman's Perfect Self-Revelation as Ānanda ...	276
18. Ānanda—Relative and Absolute Ānanda-Brahman of Taittiriya Upanisad ...	279
(i) What is the Meaning of Ānanda ...	280
(ii) Ānanda and Our Pleasure ...	281
(iii) Calculus of Brahmananda ...	282
(iv) Ānanda as the Consciousness of Self-Fulfilment or Self-Realization ...	284
✓ (v) The Essential Demand of the Self ...	286
✓ (vi) Partial Self-Realization in Relative Ānanda ...	287
✓ (vii) Absolute Ānanda as Perfect Self-Realization ...	288