





Unit 1 HOME CARE

FURNITURE ARRANGEMENT HOUSEHOLD EQUIPMENT HOUSEHOLD FUELS LIGHTING IN THE HOME FLOWER ARRANGEMENT CURTAINS AND DRAPERIES ADVANTAGES OF BUDGETING SAVINGS AND INVESTMENT HOUSEHOLD PESTS FOLK ART AND FESTIVE DECORATION 52 68 68 68 68 68 68 68 68 68 68 68 68 68
3. 3.

FOOD AND NUTRITION

1. GOOD NUTRITION 1. DIET PLANNING 1. DI
132 1 14 PITPCHASING AND GROUNG OF FOODS
TO COUNTING
5 CALORIE COUNTING 136 15. FOOD ADULTERATION 200
6. FOODS WE EAT 145 16. MEAL PLANNING 20
TIERRS AND STILLS 160 17. FCONOMY IN COOKING 21
164 10 OVICEDO
167 19 WEIGHTS AND ACTACHERS
at occary Of FOODS
10. GLOSSARY 11. THE COOK'S DICTIONARY 12. RECIPE SECTION 23.

Unit 3

FAMILY AND CHILD CARE

	MARRIAGE AND FAMILY	285	4. FAMILY PLANNING	298
	THE REPRODUCTIVE SYSTEM	292	5. PREGNANCY AND CHILDBIRTH	300
3	SEXUAL DEVELOPMENT AND		6. PRENATAL DEVELOPMENT AND CARE	305
٥.	SEX EDUCATION	295	7. INTRANATAL CARE	309

Unit 5

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315

325

327

332

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381

384

389

394

401

404

409

412

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Unit 4

8. POSTNATAL CARE

13. BEHAVIOUR PROBLEMS

1. JUDGING FABRIC QUALITY

2. FIBERS AND FABRICS

4. FABRIC FINISHES

7. STAIN REMOVAL

8. LAUNDRY WORK

11. BLEACHING AGENTS

13. STIFFENING AGENTS

14. TIPS ON LAUNDERING

18. NEEDLE WORK GLOSSARY

REQUIREMENTS

12. LAUNDRY BLUES

15. DRY CLEANING

3. BASIC FABRIC WEAVES

5. SHOPPING FOR FABRICS

9. SOAPS AND OTHER HOUSEHOLD

16. TAKING CARE OF YOUR CLOTHES

17. INFANT'S AND CHILDREN'S CLOTHING

19. BODY MEASUREMENT AND FABRIC

6. DYEING IN THE HOME

CLEANSING AGENTS

10. LAUNDERING IN THE HOME

ASPECTS OF DEVELOPMENT

ON THE CHILD'S PERSONALITY

INFLUENCE OF CHILD REARING PRACTICES

9. CHILD CARE

10. IMMUNIZATION

SELF CARE AND SELF RELIANCE

1.	SELF IMAGE	541	8.	USEFUL TIPS ON SELF CARE	571
2.	A BEAUTIFUL BODY AND MIND	543	9.	SOCIALIZING AND ENTERTAINING	582
3.	FITNESS AND HEALTH	548	10.	JEWELRY AND GEMS	592
4.	SKIN CARE	553	11.	GARDENING	597
5.	FOOT CAKE	560	12.	SELF RELIANCE	614
6.	HAND CARE	563	13.	DEALING WITH ELECTRICAL PROBLEMS AND GENERAL REPAIRS	628
-	HAIR CARE	567	14.	TIME MANAGEMENT	634

673

682

686

690

692

699

701

707

710

712

724

726

729

731