

VI. Humanism & Liberal Outlook	
19. My Philosophy of Life
20. Past, Present & Future
21. The Importance Of Right Means
22. Hope For The Future
VII. History, Myth And Scriptures	
23. On Understanding History
24. A Social View of History
25. The Old Civilization & Our Inheritance
26. The Cavalcade of History
27. The Vedas
28. The Epics, History, Tradition & Myth
VIII. Science	
29. Science Redeems Mankind
30. Humanism And Scientific Spirit
31. The Spirit of Science
32. The Death Dealer
IX. Travelogues & Landscape	
33. An Adventure In The Himalayas
34. Kashmir
35. In The Kumaun Hills
X. A Task Accomplished	
36. Tryst With Destiny
37. The Appointed Day
38. Epilogue
39. When I Die
<i>Annotations & References</i>