contents

Flight from Lhasa	1
TWO Roof of the World	32
THREE The Dragon Leaps Forward	64
FOUR Land of Lamas	94
FIVE India, China, and Tibet	117
SIX The World Outside	144
SEVEN Han Imperialism	172
EIGHT Agonizing Reappraisal	197
With the Dalai Lama (A Postscript)	220