

K.P.S.MENON

**Yesterday  
and  
Today**

(75)

## Contents

<i>Preface</i>	page
<i>Acknowledgements</i>	v
	vii

### PART I – YESTERDAY

1. MY DREAMLAND	3
2. A MICROCOSM OF INDIAN CULTURE	7
3. TWO INDIAS AND TWO TREVELYANS	13
4. THE ETERNAL TRIANGLE : INDIA, RUSSIA AND CHINA	17
5. DR. RADHAKRISHNAN AS DIPLOMAT	22
6. MEMORIES OF JAWAHARLAL NEHRU	27
7. NICHOLAS ROERICH : A MANY-SPLENDoured MAN	32
8. A PRE-GANDIAN PATRIOT	36
9. GANDHI'S HOSTESS	41
10. 'THE VOLCANO IS EXTINGUISHED'	46
11. MY COLLEAGUES WHO ARE NO MORE	50
12. SOMERSET MAUGHAM : THE MAN AND THE WRITER	55
13. 'TO RIDE OR NOT TO RIDE'	59
14. THOUGHTS ON A GOLDEN WEDDING	62
15. FROM A RUSSIAN HOSPITAL	66
16. THE ENGLISHMAN AND THE RUSSIAN	77
17. GODS, ELEPHANTS AND MEN	87
18. HOW I KEEP FIT AT SEVENTY-FIVE	91
19. THE HOMECOMING	96
20. YESTERDAY AND TODAY	101
21. HOW TO BE HAPPY THOUGH HUMAN	105

### PART II – TODAY

22. THE EVOLUTION OF MRS. GANDHI	111
23. NON-ALIGNMENT, THEN AND NOW	116
24. NEW EUROPE AND OLD ASIA	121
25. THE TREATY AND THE DETENTE	125
26. SOVIET FOREIGN POLICY	128
27. BREZNEV'S VISIT IN PERSPECTIVE	132
28. ASIAN CONSCIOUSNESS AND COLLECTIVE SECURITY	136

29. SINO-INDIAN RELATIONS	139
30. OIL AND THE OCEAN	143
31. LOCAL AND FUNDAMENTAL INTERESTS	148
32. NUCLEAR BLAST AND NEUROTIC REACTIONS	151
33. VALENTINA TERESHKOVA	155
34. THE ROLE OF SOVIET WOMEN	158
35. MY 'AFFAIR' WITH RUSSIA	162
36. 'A CURSE ON AMERICAN ARMS'	167
37. AFTER VIETNAM: THE MAYAGUEZ MOOD	173
38. INDEPENDENCE AND INTERDEPENDENCE	179
39. NEGOTIATION OR CONFRONTATION?	184
40. THE OLD ORDER CHANGETH	193
41. WHAT'S WRONG WITH US?	200
42. THE SOVIET PARTY CONGRESS AND THE THIRD WORLD	206
43. THIS FREEDOM	210

*INDEX*