

BLUE WHALE CHALLENGE

Alarmed over blue whale challenge, The state commission for protection of child right issued an advisory to all the Haryana schools, CBSE and ICSE affiliated.

What is **Blue Whale Challenge** game?

The Blue Whale game or Blue Whale Challenge is believed to be a suicide game wherein a group of administrators or a certain curator gives a participant a task to complete daily for a period of 50 days- The final of which is the participant committing suicide. Participants are expected to share photos of the challenge/tasks completed by them. These daily tasks start off easy – such as listening to certain music, waking up at odd hours, watching a horror movie, among others and then slowly escalate to carving out shapes on one's skin, self-mutilation AND eventually suicide.

There is still uncertainty over how a participant plays the game. While some say the user has to install some app on their smart phones, Others say it's via social media platforms such as Instagram and Facebook where the administrators get in touch with participants after those interested throw out posting on social media asking for a "Curator". A number of different hashtags - #bluewhalechallenge, #curatorfindme, #i_am_whale_act as signals for the anonymous curators.

It must be noted, however, that there still is no confirmation of the existence of the game, and suicides linked to it are from personal accounts of families/friends of those deceased who claim they have seen their loved ones performing tasks. While reports of suicides linked to the game have surfaced across the globe, to be in Russia, which has reportedly seen about 130 related deaths and at least two arrested.

Schools as well as police officials in Europe and America have begun issuing advisories to parents urging them to be vigilant and to keep an eye out on what their children are sharing on social media accounts.

Some Important Points Where Parents Have To Keep An Eye-

1. Keep a check on your child when he/she is on mobile, laptop etc.
2. Have a routine check on what your child does on internet.
3. Do not give mobiles, laptop unnecessarily.
4. Sit and talk to your child if you find his/her behavior is not normal.
5. Try to keep busy in physical game rather than mobiles.

6. Tell your child about risk or bad effects of the game.

School Managements appeals the parents and students to be aware of this death game. Our students are our first priority. So, please keep yourself away from such risks.

-Principal

Mrs. Rosaria Antao